

Spiritual Faith

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What is the Spiritual Faith?

This is the creation faith. There is a point in existence that you get tired of religion and religious spiel. This is a self-practice to make a better way of life. This spiritual faith makes it where there is no actual needed church with annoying lectures or need to worship. There is no unnecessary doctrine. It's this, faith that the spirit is the source of life and effects and allows us to cope to the point that we can do anything with faith, including spirit effects.

Any restriction is up to us that we want to have. There is no preacher to tell us what we want but we do have to follow what rules suit us. The point is done so

live and evolve, this is a point in creation. Hold a ball of energy to cancel this evolution out, if you want to be a part of the true reality that exists by feel and is there. So think if you must by idea pointed out, this is useful to think to see and sense it using the aura or a point that creates with your idea.

We decide what we want and we do things to achieve it. This allows any result of the moment. Self-practice is for better results. This is where we take up the responsibility for our own actions. So, try to stay out of trouble by having a good explanation or excuse. Always remember, laugh off the problem and deal with it as it is necessary. This reduces stress and allows us to relax better. This is related to with feel, and by the symbol of a fish or an ankh meaning spiritualism. You can get an ankh almost anywhere you can think to search for ankh sales, this is ebay.com or amazon.com that may have them.

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What is the symbol and creator?

The ankh is a useful symbol of life in ancient Egypt, that's useful in channeling the creator's infinite energy. An ankh means fish in christianity, otherwise energy purity and life force in other faiths, mainly the coptic egyptians use this symbol. Some aware thought is there with the point you think, so think what you want and you could get what you need. If you feel the need, then don't if you disagree with the results that the spirit reveals.

This is with awareness that comes from the thought and the sense of time as a point that you realize. Materialization comes with the idea you think if it exists, then created is the point an you think and need to exist along with awareness of the idea created. Energy consciousness comes with awareness and things work out by feel with balance due to this energy. I call it Ben, where Ben created most of this universe by thinking and doing.

He created so much however, that he turned into an energy consciousness of the universe. So using this idea by the source is where I mean the universe. Thus, think or state to the energy around you to have something happen. I believe ben calls himself the creator, that was last I thought of him at this time. So that's the basis of a spell or prayer, btw, that can get results. That's especially true unless nothing happens, if you think the idea is an end result. Otherwise things are as they exist.

Some can call this a part of an energy trinity. The three parts of this energy awareness trinity is this: the universal spirit awareness or Ben, the creator or the being set in his own dimension, the people otherwise called divine and spirit's of the land. This is where you can bend things in the mind and create reality by feel. That is all done by using the power of the energy trinity. This is where the creator created the spirit of the universe, that was done as a point to work with by feel. If no results occur, then you know there was a counterwill somewhere that came after you thought things. This then was a point by feel, that was done in mind and created outside by influence of the aura.

There is more about this [here in an article](#), if you want to know more about the elements and how they were created. This is based upon a point where you think and see what is there, then you get to use resources that basically are there as long as the idea exists. That means you can learn about things and if your interested then you know about useful idea. So enjoy what you think and know

about, this is a point put to the past and useful in the present and forms a future idea you could have if you read the material.

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The religion of action:

Religion is enlightenment made by awareness caused by the magic action or by the actions you do. This is made by a goal in mind made by a goal and in mind thought. This is by thought, feeling and the faith that we have. This is by cause and in what will be. This is from the moments that happen. We classify this as the action of self-thought made real. This is where we go and achieve things with actions. The action creates the moment and enlightenment comes from results. Basically, it builds personal energy and the more energy you have, the higher you get in vibrations.

The higher in vibrations, the more you get from things and actions. This means the more understanding you have. The less effected you are from demons and the other things you get effecting you. This religion isn't actually to be believed, but to do and then accept yourself. As you think or feel, good is skillful actions and bad is unskilled activity. This uses intuition to get good results when added to what you know.

This can be from a religion. When you want respect for yourself an your doings by explanation. Do it without ego an in no regard of personal thoughts. When your doing things, don't get religious and try to be yourself. If your in a frenzy, don't do it. This allows you to not be too grateful, or your emotions could go too far and resentment happens. The higher in vibrations, the more you get from things and actions.

Think of the right point or action and you get the right result if you have contact with the right person, where you are thinking to get the end result as you imagine the result and sometimes state the idea as a need. This is when you are alright then you are okay with things and this is where you think of things that aren't wrong and you are in the area alright. So if things are alright, then things are correct on the terms that are there.

If things are all wrong, then things you do or what is done is not correct by feel. So then if you are right you are correct, any one wrong action could ruin you if there is no forgiveness. So think, if you are willing to forgive yourself, then you can get things done and people can forgive you as well. This is a point from a friend. Make peace not war. The more focus in effort, the better the result with what you want. The more considerance used and done in care, the more you can get of things. This is a point in considerance.

Remember, patience rules better if nothing else seems right. Negotiation is a necessity, think about this and try to make peace by intention. This is intuition effect, at the moment it feels right. This makes the best of times. So take advantage of the situation, when you can. This is the unlooked at 4th type of religion. That really isn't a religion, it's a point of action where your the point and their the action. Think about this idea, you might get what I mean.

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Why this is important:

This is basically a replacement to faith that is lost or provides a faith that is spiritual belief. This faith builds up the awareness and by the effort of doing things, you can achieve amazing results that is from the gathering of Ki. This effectively addresses some of the issues you might have with other faiths. A faith tenet that teaches religious tolerance by acceptance, where we accept the others belief and go on. Basically, accept others and they accept you. We can be any faith we want.

Where they may condemn magic and similar practices, this faith allows you to work with them. This has it's own spirit practices and they are rituals anyone may do. So feel free to use this spiritual faith as a workaround to having a religion. This Faith actually came from spiritual memories. It was called Wiccinism on the other planet that it was on. Faith magic is described in this article. Feel free to work with many deities and beings, at will. A deity in this case is a god being from a higher plane of existence.

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Ascension:

Ascension is caused by doing positive things and building your personal energy up with the positive and creative activities. This act of creativity allows you to work with higher energies and if you know the point you can do something with idea to do or you can live a dream life. This is basically going to a higher dimension of your choice, thinking to live in the area and you become able to do anything with what you have. In three easy steps, you can ascend.

When you ascend, you go up in vibrations with the spirit world and then become a being that is with your god. Otherwise think about the idea, you get the chance to goto another higher existence planet or nirvana. Basically, when you ascend, you die and are gone from the place of existence you are at in the moment's notice and where you want to be. This means you can "slingshot" your way there. See there is another area of activity, that is where you are after the fact and this is a point of the place you need to seem in or appear. Think of it and you are freed from the area effect. That is done by the creator and him or her in using the-spirit-that-goes-through-everything.

Here are some steps:

- Step 1. Live.
- Step 2. Learn.
- Step 3. Love.

Here are 6 steps of enlightenment that govern the Ascension.

Enlightenment rules:

Number 1: Learn the importance of life. This is until you can break rule number 3. Also, that works until rule number 2 does not matter or is not done. This is

because of what you realize from rule 1.
Number 2: Stop learning.
Number 3: Know when to break rules. Because sometimes you have to, to get through life as rule number 2 applies.
Number 4: Know yourself. Know what you do and how you do it.
Number 5: Know others. Know what others do and how and what they achieve.
Number 6: Learn how to "know with knowing or realizing what the spirit knows." It is a substantial step in personal growth and in it'self gives room for almost infinite self improvement. Knowing in your heart that things are going to work out, even though you don't know how it's possible or how it will work out will allow you to realize things can get better. Some people call it hope and getting results. However, by this time, we already ascended. So this ruleset can help in getting us higher in dimensions. Think about the dimension you want to get to and you are there, that is done and created by the spirit and the creator helping out the moment. This is a knowable effect.

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Gatherings and Spirit exchanges:

There are gatherings, wherever you choose to meet or do things. These can consist of whatever you want to bring with you. Be considerate and you can get better results. Givings of things or idea can be done here. Givings are freely exchanged idea and whatever you want to exchange. The point is to have fun and do things that interest you. The spirit can exchange nearly anything. This can work at any distance.

Spiritual agreements are sometimes done by breathing in and out, then focusing on the energy of the moment. Think or state your message to the energy and it's understood by the spirit of the person you intend to know the message. what can change minds or create what you need. When you spiritually talk to the others spirit, you can get them to agree physically where they normally wouldn't. Thus in time, exchanges become much easier. Things can even seem magical.

In other terms, this is where you think your message to express your need, that is understood by the other person's spirit. This is the easiest way as you only have to release some energy by thinking energy is released to get to them the information. The harder way is imagining the scene in your mind. Wait for their response though, as it could be different.

Combine the methods for a better way of doing this. Remember done is done and forgiveness is different as some forgiveness, treat everything as a concept to play with and things can be acceptable, then if possible it's a point that can be done. If you need something to talk about, then think the point of concept and argue or talk it out. This is a point in idea. So think and you know what to do.

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Congeniality:

Something to know is congeniality. The moment you notice something, that fits the situation you cause with actions in the meeting time. This is where you act nice and get nice results through responses. Act mean, and you get denial of your efforts by whatever means necessary. Not in the things you do, but in the necessary point of view. The viewpoint makes the understanding and the effort that's done.

This is good for you, if you made a good impact. So be nice and you get better results. This you think is working, but only actually works if you do some effort or act the part. So if you think a spell will work, then do the spell and you can get a result of your desire. Otherwise think you will get a good result and state something or do things, then if you will then you cause a better point with no bad reactions.

After your results come in, then you know you achieved something. A sense of pride and knowledge comes and goes with the right actions. Try not to keep the ego from it and you will become more able to cope. There's hope in the pride with what you get. This is where, you get more from the knowing and getting results. You may feel grateful for the help. But, always remember that too much gratefulness can turn to hate. There is a moment in time where even this doesn't matter. This is when calling on god helps. The empty feeling will go away with the god's energy. However, love can also fill the void in you.

The void is an empty feeling that can calm. So, if you feel harder inside after every attempt at things. The empty feeling can cause you to do crazy things. Then, you get the emotional impact of just doing things and not caring. Thus, you can get to doing whatever comes to mind without a thought. This can be anything that gets a response. This response is only to get reactions of validation and seem to feel normal.

This is where you can get and find resolve to make things better to win your need. There is a point where you get much more than is where you can get irritated and decide to change to be better. Otherwise, you could do impulsive urges and hate actions by the emotional need you have. This emotional need can be cancelled out by channeled effort to create great results. If people see the emotional need, they need and can be manipulated by things. Or, you can be manipulated by the need.

Development of emotional resolve is important to keep yourself under control. This happens when you get off on things and feel high or good from it unless you think. Removing the pride with and having no ego gets the attitude to become better. Seek balance by actions and you get to be aware for the moment of respect in yourself. Be calm in silence and seek resolve in meditation. Find a reason to do things and you get better respect. This all accumulates to make a point. This point is the lesson of the moments you see. This is the point of fulfillment with emotional value or validation, unless you need to think on it and it becomes meaningless. See the reason in things and you get self-validation. Unless you intend to seek validation by pointing out things or bragging, then you can get it from others. So when resolved by your purpose you can just let it go and go do something else.

If you get overbalanced by going too far and doing too much, you can get disbandment and dispassionate about activity. This is by going to the extreme side of things. This can make you bad or good at things, and very impulsive to the point where you have to wait and think to stop. You stop doing things and go through the scenario in your mind. Then wait 10 seconds, and you reclaim your senses. If the problem is too much, then go along with the flow like water. Think a point and you get a point in idea.

Work with what you get, so that means if you're alright with what is done you

feel alright and you can get positive feedback. Sometimes, you just have to make yourself, if you don't feel motivated to do things as they are to be done. Otherwise, you could be driven away. This is where your insane and driven to forbidden passions, don't do things and control yourself and you regain your inner balance. Try to get resolution within yourself. Point out what you do and let the mental pressure go. Feel it fade away and do something else. This is a way to feel good and you know what you can do with it.

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A morality:

For issues with morality, acknowledge and go on or do something else. There is no good or evil, it's a perception based on what experience you have. Someone's evil could be another's good. And vice versa. So feel the truth out and you realize what your dumb idea is from seeing in feeling a bad experience, when you decide to do something use your will, as you get a reprise from the morality of what you see by example.

As though an example is there go with the flow as a point that feels good, seems good but isn't always good or bad. Till in sight afterward, then if you remember that good and positive evil is a trait of the point of view, changed by character in view or personal viewpoint. That changes as if you can with laugh have some thought, with a reasonable excuse sometimes give a thought that's a random fact that is neither good excuse or poor excuse. That you make good for good, know the bad and work with what is possible. White lie only when you have to so you are seemingly good in perspective.

For what could be bad, think to the creator so he or she will create some positive idea to support yourself, these are ideas or things that are felt as not so good and for you to survive you work with the point, you get the idea. Some let things go for that reason. So they feel to pressure that makes them deal with the bad, and somewhat ignore the other things that aren't so bad. This is until the point of the bad effects, that have been dealt with by feel.

This doesn't mean that things are not effective on others. So try as you think good or positive and however you think, as this is sport as though in thought where the creator works with your soul, you have a good reasoning to have a reason that works with others. Otherwise, they could apply reason to misjudge you, unless you don't mind it. So say 'I love you' to them and work with them if you want to, think positive to feel better or don't bother them.

If you find an unreasoning attitude, then work with their pride and standing with a point of view they accept and don't push the issue or concept they can't accept. No pride? Then, you give them a reason and back it up with something they will accept. If you had in mind to find a person who dislikes you for your actions, then don't push into them as the point in effect is an idea situation as issue and don't push them away as they like you.

This is a solution: Leave them alone and act in accord to their wishes. Try to rethink your position with them and work with them here. Forgotten is the point by the point that is cool think to your self, or find out energy knowledge as they could risk being irritated by you. Think and you know the point, walk away and you can create a better perspective as you walk away. This is a known effect, that creates a better feel and what you do after the point is without dark

emotions.

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Dealing with situations:

To work with what you get, you might need to remove some effect and gain understanding. it's possible to remove effects by talking the problem out. Think to understand it, that is to make it appearant and your subconscious directs motions to remove it. To make the effort to sacrifice something, makes things a bit more plausible or easier. Allow things by working with the effort or things that happen. Knowledge is important. If you want something ill, like a disease to disappear, then imagine a scene that you fight the problem or intend the disease to disappear.

This is done as a point, that goes and dissolves into energy. The problem could be any shape or size you imagine, but if you think it is easily dealt with by feel, then it is. Then you get to negotiate with the problem makers or defeat them by thinking of some activity. Talk it out with them, if you seek to negotiate and make your views known. If you accept your life and not go along with the situation, then you get farther by the point you decide to do.

Work in the moment of your choice and you can make it seem like a great heroic deed, if you want something then you get the result of what you want. If you defeat the problem, then it will disappear over a given time, unless your personal power makes it go away faster. If necessary, seem to negotiate or give in when dealing with other people or beings. Treat people fairly with respect and they are working with you, at least spiritually.

What makes this easier is to think of the moment as a situation and not a problem. If you make things seem fair, as it's then it's even easier when acknowledged. What they don't know, won't hurt them, unless it's a bone disease or similar. This is in the case of arguance. Not to be used for important things. There is a chance of white lying here. In this case, the best chance to do things is acceptance and allowance of what comes. Unless, you know you can change it.

-Updated by Danny M and Jay M.

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The reward:

A reward for your actions are the feelings that you get in faith of something. This is after doing the action you want to do and succeeding. The right feelings or actions can get you feel like you are in heaven, nirvana or hell. In fact, you build your own heaven or hell. This may be a personal pocket dimension though. This

is by doing actions with intent to get an effect. If the effort you do and the response you get is positive, then you earned a little more heavenly action. If the reaction is bad, with reprisal or with obstruction that makes despise, then you get a little bit of hellish activity. Nirvana is feeling good about things. When you die you may end up there, if you have no other place or planar existence you need to go to by feel. You can decide to go where you want to go. This is as real as heaven.

However, there this is possibility of when we die we ascend, goto another planet by thinking of the planet and then the creator sends us there or you may become reborn (reincarnated). You only get the award, that is where you think you get things. The thought of what you get causes the right actions for the point you have by feel. The actions you know are sometimes necessary. There is always a 50/50 chance that some things might go wrong. These chances are improved by the spirit making what you need or intend as things to happen.

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Membership:

Membership is up to you. If you just want to be a silent member, then do the practices and whatever you want with the information on this page. There is a [Spiritual Member](#) site that you may visit, if you want the prestige of pointing out your a proud member. This is only for fun as you are a member, if you believe you are.

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The Spiritualist Cross:

The spiritualist cross makes sacrificing seem easy and is in the upper corners of the site. Your actions equate into words. The spiritualist cross, is able to protect the area by spirit and corporeal influence with a marking of it or etching. This cross upon use as a effective spirit effect is to make you decide peace, joy and clarification. This makes the effort of doing things easier by the cross making spirit easier to use. Think it centers and can ground or calm the mind. It effectively causes a guiding force of the spirit to achieve what you would want. This makes an interesting way to control and manipulate the four corners of the world. You might even make it seem to yourself as though you were the world's stream of conscious. The symbol only does what you want it to do by the spirit-that-goes-through-everything. The spirit teaches, what you give, you can get in resolve by return. This does not effect what you don't want effected.

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Wanna Be a Spirit Priest?

There are no actual priests in the Spiritual Faith. However, if you must be one, the way to do this is to use Shamanism and be a Shaman priest/ess, otherwise become an Ordained Dude Priest/ess and have fun representing Spiritualism. You even can get legal marriages done this way. If you get Ordained online, you can call yourself whatever you want. A great name is Dude Spiritualist.

Shamanism is described in the [Shamanism article](#).
Some other religions are described for a background in them with the [Magic Religions and faiths article](#).
Dudeism is described [here](#).

There is a pdf book for free download. Called the '[Spiritualist Book](#)'.

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Punishment:

Our punishment for doing wrong? This is suggestion or focus but they can be actions of effect when allowed, if it's not allowed an things seem to work, the action is done to neutralize the other when doing wrong. This can include anything of actions we think to impose as a punishment. What we think is necessary, we can do if it's legal. Though by thought and actions, it's enacted in idea by spiritual or physical influence. This action of effect allows us to effect someone. So think as it's their guilt that allows us to effect them. Think to stay together and not to bash things or people when you want something, this is an example to learn from by feel or otherwise doing with sensed activity.

This is where you create things or make them up, so if you could be bashed back by a defense, seem nice and you are getting a nice response. If you lie, cheat and steal then you get the same on you unless undetected, that is done and known as karma if karma exists where it's what you do. That sometimes gets a response by idea or no feeling for the things that occur. However, there really isn't karma anymore, so do what you want. This can get the point of stealing away of things that yourself get or it's something you cherish that disappears. Think it doesn't disappear and it won't, if your careful and do what is necessary to not allow it to disappear in life.

If you kill, then your possibly jailed if it's not self-defense, this is done by others whom don't like what was done, yet this is done by not having acceptance of your act, so if that's the case then stop and do something else. This is a stress releaser that works. See if you think with the point, unless necessary you can create a point of peace by allowing the moment and not persuing the idea or it's allowed for by fee or feel. If your using the wiccan rede, then you get three times the effect you dish or give out. Just try not to get too aggressive. This is the point

where fate steps in and controls the situation.

If you don't want to be effected, then you don't get effected. If you do the necessary things, then you won't notice the effect. If you don't think you will be effected, think and make by needing the good idea with the spirit to help so then you won't get bad results. Just don't expect to be allowed near the person you inflicted things on. Or, sometimes your not allowed certain things they give as a reward.

Don't feel bad about that, you see if they were giving out poison you wouldn't want it. Brownie points work well with this. What you do is up to you in your own time. So think and you can create with a point of whatever is done. This causes brownie points or counted moments. That it's a point doesn't really matter, if people think to dismiss the fact or idea that occurred.

The idea to remember, as you think and give a good answer, think as though this is if they don't want to be effected, then their spirit makes their need known and sometimes can restrict the effect. The effect can bounce back if disallowed for by feel. Also by spiritual enforcement or agreement, the effect you don't like is halted and what you think about is made if possible.

The spirit has influence beyond the normal realm and has hidden knowledge we can tap into. But we cannot tap into anothers spiritual information unless you tap into their DNA. So unless you want things, then you can get permission by the person's spirit or otherwise by the need being felt. Sometimes to get an effect you have to get permission, see this means for that point to be done if you beat the other person's mind that blocks you. So think to know things and the soul or spirit reveals it to you as you can think of the person and want to know what they do. This is a trace for the people that block you, that is done by thinking to our subconscious to do the effect.

The only tenets you have to follow is the enforced laws or corporeal punishment. However you can optionally use law enforcement, then you know things as it's an effective means. You can otherwise can make personal laws, these are self-made laws that are made on an instance and we can enforce on others, if they want services from you or accept it. So you can get law enforcement to back your actions up and it can be what counts as infringement if someone breaks it and forces on you what you don't like, think as it's basically our natural law given right. Something personal is infringement if imposed on others, unless it's allowed for by feel. Think and you can get along with each other. That is if you trust in the god and creator of the land and people.

Something to think on is a law of restitution, where people get paid back. The other thing, this is the law of retraction where the less one eats or does then the more one gets elsewhere. These laws only last as long as they want. If you don't see a reason for something, then make no allowance for it. But what is practiced in the spiritual faith is open-mindedness. So if you are a spiritualist, then you get more out of life when open-minded. A relaxed mind is always with less health risk and less stress on the body.

So this means you can live longer by feel. Think about it and you can use this idea if you need some lessening of a disease. If you think of the point you can create with an idea, this is written down or spoken. So think and enjoy what you do, if you have any guilt you could eat so state something to assuage the guilt like a self-affirmation or reason to yourself. This releases energy that is pent up and you create with a point, that is where your thinking without stress. Remember, no stress is no bad relations, so this means if you can get what you want easier. Think about the other options, if you deem them necessary you can do them as well.

Realization:

There is the point, through the spirit-that-goes-through-everything, you can realize what you need and get what you think. So think and that you realize what to do and you do what is necessary. This is sometimes to get along or pass the moment's point and question. Quite simply put, realization comes to you when this is where either use is the third eye or the spirit-that-goes-through-everything. That is decided by the soul, unless you think to decide for yourself. If you do, then the soul creates what you think should happen. If nothing happens, then fate interceded and things that weren't supposed to occur won't have been made or thought to manifest.

The third eye realization is this: think energy (that is blood in your veins) goes to your pinneal gland in your brain and activates the third eye by what you think. This is where you can think the thir eye manifests it'self, any way that you need the third eye to appear. Then when active, think to know and you realize by insight from your soul what you wanted to know. The third eye though, this can show you anything that you can think to see or know. So if you want something to happen, sometimes what you think to know could happen. This is done by the power of the third eye, the pinneal gland that creates things is a psychic organ, that creates what you think or feel is necessary.

Think to unmanifest the third eye when your done using the idea to manifest a point, this is simply a dismissing the third eye so it ceases to manifest. However the third eye can manifest nearly anything, that is done though so you know about what is manifested and this using the third eye to manifest what you think about. This includes a third eye in the ground that is area aware and opens or closes psychically by what you think or feel, that is used by what you think and feel the third eye to do. If you want to learn information the spiritual way, then if you want to be aware feel free to use the spiritual realization.

The spiritual realization is this: Think to the spirit to know things about what is there, this is where you need to know things about in life. Then thinking to do or know things, the spirit reveals what is there as a form of vision or you realize the information. When the spirit reveals the information to you, then suddenly you know what occurs even before the point happens. So since the-spirit-that-goes-through-everything manifests by making the need knowable, if you think to kill roaches then you you kill them by the energy that exists or receive a threat that is the appearance of roaches. Then this will protect you or supply you what you need. This is a need to remove pestilence, so think and you can do that well. This is a point that is known, if you think to realize the idea then you know what will happen.

So don't worry about what occurs. If this idea is done, then you don't need repeating. Think stop and the need disappears. The need is from the astral shell, well that can repeat things that it experiences. This is what it would normally do for you. So think and this would give you what you need. The spirit can also influence people or things, so if you think that the person knows about things then he or she will find out. Also if you think you know and feel the need to realize things, then you you would know as well and that's if you want to know. The law of abundance also works with this from idea that's done, that means the spirit provides what you want and then you have what you need by sensation or feel. This is a point done by idea, the idea is a dealt with thing so if you don't mind the idea then it won't mind you. Everything has a consciousness, think about knowing what is thought in idea. You realize what the idea is in thought that is shown sometimes by activity in life.

That need sometimes is sometimes felt by yourself or others, preferably others. If you need the idea felt, then think it's felt and the-spirit-that-goes-through-everything creates by conscious feel or sensation. This is where the conscious responds to the need that's felt, so if you think to feel the need then go ahead and do what you want. Maybe it will be the right thing. Preferably others will feel what you need, so you don't have to worry with what you feel from yourself. This is a point I remember well, this was where I tried to get something done and then suddenly the idea manifested by what I sensed. So if this could then happen for me, then this can happen for you or not occur bad results.

Due note: when threatened with something like spirit pulling, that's when you pull out the spirit from the area and put it somewhere by thinking you do as you feel it occur. This is shown in the live action movie "the last avatar", then know that your spirit is a part of the-spirit-that-goes-through-everything. So basically the spirit cannot be pulled from you. The spirit would just come back to you, so you would be one with the-spirit-that-goes-through-everything. So no threat will work against you, if you don't want the idea to work against you. So think and you know, this is a return done by idea. That means any threat won't happen, then averted by the spirit or soul, if you don't need it to occur.

When you want to know something there may be more methods to learn things, this is done by what you do and what you need to know is there. So think of the idea to do and work with either the spirit way or the third eye way, then you can know what you need to know without too much effort being spent on the attempt. This is a point that you can use, that's if you need to realize things. Just remember that is done by the soul and with the spirit.

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Fate:

There is the ultimate ruler, thinking of the point and needing the idea as fate it'self. They are the three fate sisters and an impartial ruler that does requests and fate will do anything. They enforce the rule of reincarnation or recycling, that means what you make of things or earn is sometimes where your body gets reborn or your cycled as an animal/bug by whatever is done if wrong in the eyes of the beholder is what causes insanity on the person that does bad. Hell is being in a state of mind, and they can erase the moment as though it weren't there if your spirit decides by the soul's information what warrants that point.

That means if you think you don't need the hell, you won't get hell by the right actions. This is decided by yourself. Sometimes this works as a way to another planet, that's where your thinking to be "born" on the planet of choice as a being or you get another body. If your thinking to teach a lesson or work with the moment, they let the moment go by unnoticed and this makes the hell moment pass you by or you aren't fazed by the idea. The Fates go by three names: Nona, Decima, Morta. Otherwise, known as The Norns or Norda and those are the celtish fate that serve you the idea if you think they exist. They do favors and give rewards for those that serve them their requests.

Basically, they request and you do the point. Then, you can point stuff out to them as though a form of request and they might give you a fix or treat your point as a reward to give. Well now, one doesn't invoke the Fates, unless they need to. They can cause whatever you think is needed. So if you imagine something and need a bad result they would give that as a point. This means

invoking the fates is a hazard, if you think negatively.

So think positive and you can get a positive result. If you don't desire a result, then you get no results by request. This is a known point in idea, that some follow and others have their own beliefs. Whatever you belief, it's based on faith that something will happen if you need it and do the things you want. This is a point in idea. yet to mention more is too much information. So enjoy what you have if you can use it.

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Blessed be! Have luck with what you do. This is for what you know to be true, not what you suspect to be or seem likely. So enjoy yourself as you learn. Learning is only the beginning. Using the information is the rest of the idea.

**Book Source: 'The way of the scout' By Tom Brown
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The spirit:

The spirit is a force of our will and energy of the body that has a consciousness which is formed in part by the creator and makes things by release of energy, that on projection acts as though an addition to the collective spirit or the-spirit-that-goes-through-everything. This spirit is the effective energy put to action. That means the spirit-that-goes-through-everything creates what you think, act or feel. So don't think your acting the part, if you don't want the spirit to create things. This faith is the spirit in action that derives off this idea.

This is formed off a belief that something will happen, that is where you think the point and its done as you make actions or this can form effect by idea you imagine sometimes from the actions. This derives off spirit practices for faith effects and how energized the body is for activity, that uses the aura with energy vibrations.

This is a form of manifest, that can even form wings by thinking you form wings as you need them on your back and this is done by relaxing. If you think of the result, then calm you

mind, this works as you think of a relaxing point happens or state "relaxing". You can relax by the statement and create better results. So you then think of the effect, this is where you make the point seem to happen.

Now this is done by thinking that is done or your focus is the manifest, so if you think of the idea you can shape what is created. When your done, you can have created nearly anything. This is also a basic prayer form if you needed one, that's done if you stated what you wanted as an end result. This can manifest anything by the power or consciousness of the-spirit-that-goes-through-everything by feel. Think of what you want, and you could get that as a point.

So think carefully what you need as a wish and you could get the idea when you need the result and sometimes your aware of things. Seem to agree with an Okay being stated, then you can get what you want if you couldn't get things done before. This is the way to get acceptable activity, that is done by what you perceive in actions. So think and you can get what you want, this is done by what you think with feeling the senses or need.

Think for a moment, if you had the energy of conscious thought to play with by feel or senses, that is the conscious of energy, you could think to create something useful. So a point could be an addition or a subtraction of something, otherwise you can think to create something and the idea is there. You can bring things with you if you happen to die. The energy shifts the item to you where you are in your next life, that is when you know things by idea. This is a point that your need can be felt, so then you know and otherwise you do things if needed to get the right results.

So this is done as its the energy of the spirit that goes and flows through everything and everywhere. This is from in the land and universe. The spirit is the spirit of the land or nature, a collected influence by spiritual energy of many spirits, some use is from people with things. This force of energy is able to influence any event, this is felt by created effect.

Deny the spirit, you make yourself weaker. Allow the spirit energy to flow like water instead, this is done to make yourself stronger. The spirit is also energy in us that allows us to do things and by our will through influence. We think then we are the idea, then the energy conscious can create what you wish or not do things by not reacting.

We do this by opening and closing our chakra gates. We can deny the spirit energy by closing off the chakra point gates or slowing the energy flow. We can open chakras by making energy flow through it as we will them to open. A gate to open is the

energy gate near the pineal gland. The chakra point or energy body gates will open easier with stimulation to the chakra points. Don't try to take advantage or you could get tired.

The spirit energy in our body can allow what it thinks is necessary and what we want it to do. Anything we wish to occur. When we want it and where we want it. This effect is considered filtering of the energy we get. If the spirit knows its not good energy, it can be removed of its influence. Simply stripping the programming of the energy, we keep the bad reactions from happening.

Think to gather the spirit energy, think it is there for us and where we want it. Our will is what we think and need for the spirit to do. We can create effects with the spirit and with extra sources. To cause a body wound to disappear, summon energy to the area and make the energy cause the body to forget the wound. This works with the brain as well.

So to actually practice this idea, think to ingather the excess spirit energy that clings to the things and people, your spirit can manifest funds from it. The more work you do, the more Ki you get. This is the focused spirit energy of the body that we collect while working. We can get more money from the Ki changing the energy into funds. The more ki, the higher the repute. The more Ki, the more money that is possible. The money manifests from the work we do, when we want it to. However, this is not instant and spiritual money can be anything exchanged. The brutal exchange can make it so you 'don't like the currency.'

When money making, the more money flowing makes the greater funds. This is spending and recieving things. The more money you might recieve by spirit permission. Spirit permission is gained by the need being known, and what materializes from that need. This is how you can get more money than usual, usually double or triple what you spend. Because with more money, there's more spending and more need and demand.

This proves your character. However, you may choose to keep some money for later on. When you are doing things with this, so try to think of what you do or want from work first. Work with the thought of what you want to get, and use it as a goal and intent. When you see the need, then you may not think and do things. This is only natural intuition, an you get the intent by doing the effort.

Focus your mind on the moment at hand. Then, breathe in and out slowly. Maybe add a mantra word like 'Aum' to cleanse to air of bad vibes or 'Ko Aum' to kill the bad influences. Think or state, 'I can command the energy I have to achieve what I want or need. Everything has a purpose and happens in time.' Gather

your spirit energy by thinking it where you want. Perceive the energy, as it is. Try to collect a moment of thought and think of your purpose.

The purpose you think turns into your intent. Then by thinking your intent and releasing the energy, your causing your result you want to occur. Think to release the energy, think it where you want it and feel it go freely to achieve the result. If you succeed you will feel at peace and there is a chance, that the effect you needed will happen. The higher the personal power, the higher your chances of full manifestation.

The attractions we get is from what spirit energy we put out. A positive idea thats expressed gets positive reactions and attracts more people to you. A negative or disagreeable idea expressed, will get a negative reaction from those who think its negative. Assurance comes from the spirit. This is when you know things are going to happen, yet not always do you know or realize what will occur.

When rage is present in you, you introduce to the spirit a demonic nature. That is a reddish spirit with tripled strength. This can cause things not to work and cause the rage further. Indemnity comes from the spiralling upward of enragement. Rage only lasts so long, so don't destroy with it. This is a point then you know things is where you can hurt someone, otherwise you might have to pay for it later by paying off a karmic debt energy. So be calm and you can avoid excess force and unnecessary damages. This is a point that you know things are safe and you can calm down.

Thus to avoid the trouble we may get, think positive and use the gravity of the situation or importance of the moment and act to what you may think is right. The more personal power you have, the more attraction you get and the more active you are as you can understand things. This is a natural trait of building up energy in the body. So when we want someone or something in the area. If we have enough personal power, then when we think the person or the thing will be there, the more possible that the event is made by the need manifesting by our will.

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Spirit remembering awareness:

The spirit gets aware of something that is being formed (can be a sentence, can be a manifestation, can be whatever bla bla) just 1 second before it happens. So metaphorically, lets say this is lightspeed and you, consciously, get aware of the thing when it happens. So thats like sound speed. If you launch a firework, before the launching starts, the launching sounds is already in the skies. So, your spirit gets the info while its being formed in 'its terms' but your mind gets it when it happens. If your spirit is experienced enough, you will have more insights. Because, your spirit will be quickly aware of the 'formed' thing. And, the process of YOU being aware of it might become one day like directly when your spirit gets aware of it. We have 1 second or more of opportunity.

Opportunity sounds better in the terms of benefit and ego, but the thing is when the blade is at your throat it becomes what don juan from the Castenada Books says '1 cm3 of chance'. I mean it telepathic-wise rather than clairvoyance-type. For example, in the terms of very experienced powerful naguals, when the blade is at their throat, they can suddenly, and unconsciously, might find themselves at a distance. This is automatic function of survival instinct occuring by their wild and powerful spirit.

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Spirit pressure:

The spiritual pressure is an idea where you gain energy and it reflects in the aura but is felt in the forehead. The more Ki and body energy, done by activity, the higher the spirit pressure. The more you get results an your aura extends. This is detectable when energy is used. Ki in this case is the use of activity to build up life energy. To detect the spirit pressure, be aware of your aura. Then, the effort is done as your thinking and focusing your mind on your aura. Perceiving the aura as it is. The more aware you are, the higher the Ki spirit pressure.

The further the energy radiates off the body, the stronger his energy level is. When you have focused so that you can see the energy radiating off of you, blink once or twice. When you blink, you will notice that there will be an exact line between the air and your energy. This way you tell exactly what his energy level

is. Here is a scale to measure energy levels with:

1 inch-200% energy level 1 foot-2 Or 3,000% 5 feet-about 15,000% 10 feet-about 30,000% Every foot is about 3,000% energy level.

Feeling energy levels is the most common way to tell energy levels. A Ki scan is pretty much all you have to do to feel an energy level. You do this by feeling their energy around you. You should be able to sense any energy level of anybody you want. Just make your Ki touch their Ki, and you will get a feeling. The stronger the feeling, the higher the energy level is noticeably.

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Spirit rituals and practice:

There are varied practices for you to do and achieve things with spirit energy. These are for those who want to do effects that are like magic. Just remember to use a candle or imagine a lit candle for when you do them. This gets you better effect. There may be negative energy in the area, so to dispel it. If there are any faery in the area, then they will remove the negative energy vibes, sometimes on request. Make yourself calm and state 'Aum' or 'Om' by pronouncing the word out as you send spirit energy to clear the bad vibes.

Creating with spirit or the god is to make something that materializes by the love of the effect and doing. This means you create an object or person. When you create, it can form anywhere and it goes where you need it to go. The process is simple, to make something is to think what you want and intend it there to materialize, feel the idea form and stating the end result by whatever means you want. This is easier when you have enough energy.

This is where you get the subconscious to create what you need and the spirit to create what needs be done with the result thought as a point is put together. Sometimes drinking something or eating a bite of food is enough chemical energy to replenish the energy used. Then you get the effect of what you want, this seems possible when you think of what you want. Then if things are done by the point and needing the result, you

can create that effect more easily.

Mediating is where you focus the mind, then use meditation techniques such as breath in fresh air energy and out bad energy slowly. Think to clear the mind, then do the breathing as you can think of the idea to do to get a result. Thinking of what you want as you meditate creates that as a point, if you can keep your inner chatter down. Think to sleep and the meditative state turns into rest, that is created by the spirit. This is important if you cannot get to sleep, otherwise you could stay up till you naturally fall asleep. So meditation helps with many things, this is including clearing your mind and creating by zen what you want with what you think and need. Further [discussed here](#).

This is the spiritual intuition, or spirit guided moment to get knowledge from the soul to do something, this makes for better understanding. Thinking about what you do with the spirits help. Or, with practice, the instinctive reaction of the body to just do the thing you want. When you need something done, the spirit causes your knowledge to improve and you do the right actions.

This is the knowledge granted by the creator and also added to by experience you get. Consider things to get this action, need the spirit to help you. Then you may call the spirit guide and have it guide you to do the right action, or you can need the result and decide to do the right activity. Then the spirit guides you into doing the right actions. You find yourself doing the right actions.

Spiritual translations: This is when you think or feel to understand by fee or feeling with the senses, then if you listen to the language and conversation the spirit-that-goes-through-everything translates things. This works by relaxing your mind, then you understand by what is said. This is not fool proof so learning the lanuage is advised, think about things then things come clear. If they don't then your a little too stressed out or something along those lines, so if you think calm thought and the spirit does the rest. Then your soul understood what was said, this is done as you heard the language before.

When you want to do a blessing, anyone can do a blessing, try to think of the Spirit and will the action if you think and imagine the point for the blessing of the god on the person. Saying some words to get this done, will help make it seem an effective use of the spirit energy.

A healing technique that uses energy of the spirit, this is done to focus the energy of your voice or thoughts. Thinking your intent, state it at the target. Feel the body you send the energy to heal. Touch with both hands on two reiki points or the shoulder blades as you send focused spirit energy from one hand

to another, otherwise hold your hands together and that goes through the body. This will make the body repair itself faster by feel.

Think of the points as a transfer point, so your touch will heal the person. That is a point to do things and work with the idea you get, this is done if you can stand the person and idea you perceive to heal by the spirit. This can create drug effects in the blood stream as well, that is for restoration of the body and this causes healing by what you sense with feel. The only thing about this drug effect is you have to had experienced some form of it before. So there you go.

This is where the energy essence can be very interesting. It can be any essence of drugs or substance. This could also be any chemical coming from drinking. This is the reason some effects can linger. With the spirit, you can recreate the effect of the essence, then feel it over. This is an idea of mine that proved true, you can gather essence from anything touched with thinking that you do as energy. When the essence is recreated, it can become real again from the added energy.

Where you want to get rid of the essence of the substance, then you will it go out of you. This works for diseases, as you can remove the disease essence and put it in a rock. The more you can remove, the faster it can seem to heal. If your drunk, then by removing the alcohol essence you become sober. When you remove the lingering alcohol essence, you remove its effects. Remove the decay and death energy by thinking it's going out of the body, then the disease or ailment can heal quicker. Where there is a disease, there is some death energy.

Surging is fun, the surge is streaming with gathering energy by feeling it collect and streaming it forth. This can cleanse an area. Alternate possibility is to make a burst circle effect. To radiate it outward and in a circle. If you gathered enough energy, you can surge an effect and make it work better. Finally, you can purify anything you focus the spirit energy at. This is where you can surge and also cleanse your energy. Making quicker healing. This helped by water grounding. Be in a shower or lay in bath to ground yourself. This drains the bad essence and replenishes the good. If you can create the point of resurgence, you can get added effects that you think of from a later point in time.

Also a form of surging is to spread your finger and thumb, and imagine a stream of energy going from the finger to the thumb. This is cause of reenergizing you. For large scale surging, try to make energy go from one hand to another. The hands are spread apart at any length you feel is necessary. As you energy surge, try to cleanse yourself of taint by thinking 'cleanse' at the energy stream, or make yourself relaxed as you try the surge

and allowing it to go. This works indeed, that is done by you putting your energy back into yourself. Your thoughts program the energy to do an effect.

Make it better, that stated or willed and focused into working or sent spirit energy, will be making things better for yourself and maybe for those whom you intend to be effected. This will make the area better, to be in as well. When, you state it as you will it near a candle or two, then you get better results.

Ether effect; This spirit effect is a spirit form of magic that works on ether. Ether is a more intense form of spirit, that uses most the elements by manipulating it to get an effect. You can get almost anything to manifest, if its allowed for and you have enough spirit energy. This energy effect is over when you think of the point and decide to end the moment.

Do this by thinking what you want as it can be an intent. Decide to get the effect and this gets easier. Then, willing your subconscious to do the effect, your stating what you want as an intent. This is stated to get manifestation of some action and your intent. Ether does it all according to what your subconscious instructs and what you say is what the subconscious tries to achieve with the Ether.

You may empower the object to emanate what you want it to. Think your intent to the object or state it, and touch the object. Clapping three times to amplify the effect. The object may become undestroyable by this attempt. Now, all you need to do is be near it. What causes this empowerment to turn bad and give negative effects is damage to the object.

Shield; We do have a shield of energy we can use. This is to form energy into a hard shell. Feel swirling energy that comes from above and then, the ground itself. As it hardens, you can feel it ward away danger. This keeps beings from entering you and possessing you. You can link the source of a sun to empower the shield. Imagine a drawing of a line from the figure of a sun to your shield. When you go and make thoughts at the shield, you can program it. So you program it and make it not programmed by others.

Spirit Channeling; The spirit channel practice is where you take essence of left and discarded discovered energy. Think you know the spirit and work with the idea that the spirit is whom you command to do things in exchange of a little energy, then attempt to use words, projected thoughts and the spirit-that-goes-through-everything to make effects or your thoughts manifest. Feel it happening, and it will. When no results, practice makes for better results. However be considerate and do the necessary actions. High energy spirit channeling is where you

use the Force capacity. Then try to do spirit channeling.

Force capacity is where you are readying yourself by the effort of opening chakra gates. For full force capacity, try to open all your gates up. When you surge, with energy coming into you from the lava, the surroundings and other sources. Then full force is opening most of your chakra gates, this works when you can get greater surges, so try to exercise and do ki powerups. For an effect of high intensity energy surge.

This is where you work with maintaining a certain level of energy. Folding into your blood by compressing your excess energy as you do things to build up ki. Makes you able to get results done by higher energy effects. This effect is another way to strengthen your mind and body, think to get more effort done. A note on ki powerups: Ki powerups are where you feel the energy intensify by thought and surge forth to create what you feel is necessary.

When you do surges, you can get the effect of very high energy outpouring. This can flood the area with energy to cleanse it and take out energy barriers. A person of high enough personal power, they can get double the effect of which you normally would get. When you can generate enough energy, you can do it with a quick response. There is a possibility of death or disruption of the body with high enough energy buildup. But the spiritual energy level that's with enough personal power, can cause the death possibility to disappear.

Enhanced energy awareness; This is where you think of the point to create and state the idea, then it's created by the smart air using the heat in the air. So it's the dimensional "I" or created energy consciousness is used by what you think, that the creator makes exist. This I think will create what is desired, if you need the result at the moment. Sorta like making them not want to fight, otherwise they can fall asleep or something else like dropping things.

Whatever the energy is aware of needing to be what is done, it can make whatever you think or state things that are becoming a formed idea. This is where energy can form from itself what you think or feel in desire. If you think to form what you want, then that is what energy creates. This is a form of manifest. Think about it and you can get what you want if you have the intention to get what you need. If no intent is there set by the other person, then you can create what you need and work with what is a possible point with no effect on you. This is done by feel, so if you think about the moment, you can create with what is possible.

Spiritual transfer; This is when you think to have a source

focused and in energy then shift it away to some area and some target if specified. This instructs the spirit-that-goes-through-everything to shift the energy of the source point to the target area or person that wanted it. Once transferred, you can see the source you thought was a source disappears. This process is temporary, you can then get back the energy and if you can do things with the energy, think to cleanse it and you have pure energy with no diseases imprinted as it is, what could be with in some energy programming you won't like, your wrought in disease if they had a disease. Energy programming is this, thinking to the energy what you intend it to do. then the energy is what forms reality or makes itself form what is necessary from dimensional energy what is in desire.

Think the energy reveals to you what the energy has as programming and you know what is there. The physical result on the body is your desperate and willing to try anything, so calm yourself but this you think "your balanced in energy". Then "you are alright physically", be prepared to counter the physical effects of tiredness or dizziness from focusing on things with water or food and you can seem good by what is necessary. Derangement can ensue, if your not in a good body condition or have a disease, and this I think is the point you know or can realize and fix by willing the body to fix itself. That intent and focus is done by what you do, this causes the body to fix itself by it's own energy. So this is where you know, if you think to realize the point then you are well informed.

This I think is a point you realize and the point is where the soul fixes things if you will the idea to manifest. This is done as you create the point if you think "the condition clears itself", then the programming of the energy isn't always needed to be done. This is made clear or made better. Think and you know what to do. So it's not always possible. This I think is possible, if you think of the point or the energy and state the energy is deprogrammed and the point is my own that it does. Then you cleansed the energy and made what you needed, that is done by the point you do in life. So I think this is the end of the effect, if you consider the point ended.

Elementals; This is where you form elemental energy, thinking it is in a form of being shaped like us. So you can create the being and this uses soul copy, then you make any effect you need, that's done by imagination and desiring te elemental to be there. Use of energy is what creates this formation, so if you think about the point it can create it using the power of the creator and whatever element (earth, water, fire, air, spirit or void) you want it to use.

You can know or guide the elemental with use of the spirit guide, thinking or suggesting to the-spirit-that-goes-through-

everything causes the creator to do things. This is where you can do what you want as a point in idea, if you want to summon one, think of the elemental plane and think the element shapes as you need where you want it to appear is where you are or where you intend it to be. You can have it safely do up to two elements at once safely. Except for the counter elements, think about the element and it can form it where desired.

One thing the element can do, it can shift you dimensionally so where you want to be you are in feel. I think if you wanted it to do things in your place, this elemental can appear where you were and then do what you intended it to do. Think and you can create by feel what you need. The effect of it on the normal plane, this is where it can summon an element condensed from air using heat or fire and that creates a point which appears in real life.

This elemental creates an element effect wherever you need the idea in life, however the brain can handle 10 dimensions at once. So if you may notice it's effects as though it were you, think about the point and it can do it. Otherwise not needed is the point, think to summon the great eagle that is life and death and you can create with life what you need by thinking about death energy and this is done if you think it's important. This can be used to desummon the elemental. So think about it being there, then it is there. This can even be used to make you do the correct idea to get a point done.

One thing, if you call a fire elemental then you can cause fire in the area with or without what you do. The elemental can seem to make the energy manifest through the consciousness of energy, this is what can seem to share the effect through the aura and it can seem like you can make the element appear. Think about the point to form what you intend. Also, unless you focus the fire energy 1 minute or more, then you can only actually cause a black mark on a surface. Then is the end, this is the case you know, that you can see will occur if it's possible. Think and you realize the point, and you know what to do or say.

This I think, it takes a bit for the eagle to come but it will come and the point is done by the idea that is expressed, that means you are possibly in another space that you can expect results. This is done if possible and instantly or when you release the energy, that's where you are by think sending the energy to the target or area. This is done in idea and in use to cause an elemental effect that you think to exist in the area. That means if you focus upon a thought, whatever element you choose, you can almost always get a result. So basically, if the elemental is there in their place, remember that the elemental has a greater potential to do things by feel. This is a known fact in life. This I

know, if you think to work you can get a point of idea and work is done with what is there.

Think about your options and you know what to do. There is a way to do things, if you think of the point you can create with the idea. By feel with this, means you could get unstable unless balanced with fire, calmer with water, focused with air, and supported or communicative by earth. This makes things possible to create with void. The absence of energy details its use. So think to do something else, and you don't do things with the part by the void of space. This is where you can dispel things and make what is possible otherwise. The void can draw energy from whatever you intend to use. So be careful and have fun as you do things with the elements.

Written by SH

Other effects that are more detailed are in the [Spirit rituals and practices](#) page.

If want to learn to channel some being by feel, you may want to learn to channel. Here is [channeling instructions](#).

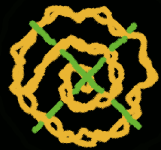
For elemental practices, that you can use the spirit to produce by attempt, go to the [Elemental Practices](#).

The Incorporeal magic guide, is invaluable to the striving interests of those who want to learn or study spirit magic. [This](#) is an [in-depth guide](#) to an alternate way of spirit magic.

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Spiritual Faith Church



The Spirit Ritual section

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The spirit rite idea

Spirit rituals and practice with spirit effects

"Spiritual Druidism is using an effect through practices that are done to direct the spirit and effects through the chosen or the idea focus point instead of against the source. Think to work then with spiritualism, you can choose to work with spirits to get guidance and effects. Some spirits are likely do certain things according to what they believe. So this allows us to go where we want to go when we die.

Our souls are an energy source and that is what it is. This is with collected experiences. Our souls are free to do what they want and we let them. You can believe what you want to believe by the knowledge contained in yourself. We restore our soul energy by causing energy to flow into it. This is also done effectively as we sleep or meditate.

The more you do and the less you need, as you do too much of something your energy can drop or raise if you use chi energy. As if your able minded enough you can create a point and this is spirit energy directed to do what you think. There is things you do, as your able minded this is as if an energy ritual. This is with a warning, if you think and stop when you think you are too tired, then your ability is energy time will is a use and your will is air.

Think or make other elements, this is where constructs or energy shaped forms are used to create and come back or go as you will. If you sleep then the energy is restored in what you think, thought and what you do is energy that stores as if energy in a construct as though an imagined sphere and not real fat as you. Avoid overeating from what you consider, think sometimes by the idea that your will is a point and you feel less hungry the more you do.

The more powerful the soul, the more energy we have in personal power. Personal power is activity done and achieved. This makes the effect of things that we can do. When we add energy, we must be careful about not adding corruption

or decaying energy from a bad smelling area or in an area of bad influence. Such a bad influence can be broken things or other broken effects.

This is death essence. Think to get rid of death essence, we will it out of us to direct it outside a window or to a target. This is done to purify ourselves and the area of corruption, we surge the energy we have with energy from some source.

The spirit guide; There is a spirit guide, that is our higher selves. It guides us as we want it to. Think to call the guide, think or call out 'spirit guide, do my bidding.' Or request it as you think it. Otherwise use, 'spirit guide, [request here]'. This is done to cause your spirit guide to be near you, think it is near you. Make thought to it, so as you have a calm mind. Then the thoughts from the spirit guide will pop up by feel in your mind, or appear in the air and possibly on a screen somewhere. Know that your spirit guide has a name. Sometimes by asking for it or willing something you will get it. Use it by thinking of it and needing the spirit guide near you. You may ask the spirit guide for protection.

Spiritual empowerment; A ritual to get to the spiritual planes for more effects, is the connecting of other sources. This is required to get higher energy and some harder effects. When you want to connect to a higher spirit plane, then you draw a line from the chosen source to yourself. The source and yourself are pictures. On connecting the line, you ascend spiritually or go to the place you want in your mind. This allows you the energy of that plane of existence. Thus it allows you to get better effects due to the extra energy. What we do on the spirit planes, that is up to us to tell.

Lava near the core of the planet, or the Sun is a good source. Call the Lava core energy. For a Sun, any will do. It can be selected by the subconscious and its energy gotten to you by the spirit. Think to use this idea of creating power though, self-generating the energy and actually lower the need for food energy. This is a quicker way to get things done.

Think to get a quick rise in energy, put some of your energy into the source. This spikes it. Seem aware to realign the chakras to allow you not to pass out from the extra energy. If you do choose the lava and the core of the planet or similar, try to put some energy back by thinking it there. The lava can cool, and the energy can be dampened. What you get put energy into the lava source, this is done by thinking of things there, you get 4 times back in energy.

When putting the energy into the Sun, you get 8 times energy, because that energy self returns. When putting energy into White void, you get 5 times back. The spirit will do things for you, this is including the self-adjustment of the mind and body to be able to handle the energy. Think of the idea to do and the point is done, this is usually by idea being expressed through activity or idea that's written.

Puppeteering; Some things are very precarious, even when starting them. This is where you can be puppeteering by spirit. Mainly, controlling someone by the spirit and making them do things. If discovered, there could be a drawback or bad reaction on discovery. This is done by spiritually mimicking the person and thinking them doing what you mimick. You could mimick them and be doing something different physically. When you mimick, mask yourself by thinking 'It's not me, it's [whomever or whatever]' and do things otherwise.

Spiritual cloak; Spiritual cloak is an effort of willing the spirits' aid and by asking, think to gathering its influence to be near and surround you like a cloak. Then if you will the cloak to effect what you want it will flow the energy and elements necessary to cause the protection of yourself and do what you want. This deflects or kills demons as when fire or black fire is used to protect with senses. The spirit will do the necessary actions as you will things to exist. If you barb the cloak, this is done by thinking of spikes projecting from the spirit body. Then you add extra protection, such as the spikes project the necessary energy to cause vibrational damage or effects. The spirit cloak will be effective when you find the faith in you that this will work.

Spiritual Communication; Think to be in spiritual communion, that is using focus to talk to a spirit or other spirits and get the response. You can create communication of psychic nature in this manner. Tell your subconscious to give you a scene image of the meeting by stating beforehand to 'Allow me to see the spirit communion'. Since you do this, use your voice to focus the mind by stating your intent. Think what you speak or think, communicates to the spirit or person's spirit.

Then start the communion thinking to get a result. Cause the spirit to send your thoughts to the others spirit, this is done by your will. Then if you must, make the use of a calm mind to 'hear' the spirit response. In this way, you get the benefit of making the communication of spirits possible. Imagine the meeting of the participants and allow the subconscious to fill in the action.

Spiritual conversion; This is an act of used spirit to convert someone to your frame of mind. On a touch or a will placed in projected energy, the aura can surge through the target on your will. This causes the person to be with a changed belief or your thoughts to be considered.

Spirit transformation; Focus your intent to transform another or make an intent to transform by thinking it. Then touch the target. And, the spirit will change in the target. Otherwise to force a form transformation, think to transform the spirit in the body to that of another form. The spirit shape makes the body change to that shape, if you really need it to be that way.

This change happens by your spirit energy transforming the spirit and that shapes the animus, the energy body. Your energy body is the energy being, that forms with enough spirit energy being concentrated. It can create powerful effects at will. You can direct it by thinking at it or projecting at it your thoughts.

When you do this with enough personal power, you can get any effect off. The energy body does the thought you want it to do. Sometimes it will otherwise do what it wants to do. The energy body does absorption of beings, demons and energy really well. This serves as a protection.

Spirit attack and breaking; This is a spirit wielding technique, that is used to break an effect through a point of weakness. You can call an action an effect. You can also call anything else an effect. Think or feel the point to get this breaking effect, try to break the programming and essence of the effect you see. When you can sense the effect you see or feel, then you can think break at it and release the held energy to attack. Don't if you don't need an enemy that is not one to do, this is focus that is done to release the energy harmlessly outside the body and mind if used.

As you do this, a physical action may be used to accompany the needed effect. This is possible, by the action of willing or feeling the spirit shaping itself into a blade that has an atomic edge. Think to shoot projected energy, think it does however you want. Otherwise, this can be shaped into an energy weapon that shoots high speed energy projectiles. That can disrupt beings and spirits. Anything you do with spirit is permanent by this tactic.

These tactics can be used to effect something distantly. Your imagination is the limit. Whatever the cause, if you have enough personal energy, you can break the effect easily. If you gather enough ki and other spirit energy, then you can find a physical thing or object breaking.

Where delusions are, the spirit breaking technique can help by a thought of 'dissolve' with a release of enough source energy. When there's enough energy in the body, then there's a point where the body repairs itself and the delusions fade away. It's not foolproof. But with enough built up energy, you can effect to cancel a brain problem and make it stop. Built up delusions are harder to get rid of. As they are caused more by brainwashing. Thus we target the brainwashing along with the mental problem. Then the problem turns into a situation and the situation

goes away sometimes.

Spirit Psi; This is where the spirit is the Psi and emulates the psi energy and creates a direct psionic effect. Meditation is the basis of this effect. This calms the mind and creates an inner awareness. Centering you and making the image of a sandy beach seem more calming. This is to do a trick, think your intent and make the mind relax. Snap your focus to a heightened focus, as you perceive the color of the element flare.

This is done and through the effect of unfocusing your eyes and focusing them again. Doing an intense look, on the area you want to effect with focus of the color. There is different types of elements for each color. Think the color and the flare point for the color, then you create with idea by what you think is needed.

Seeing brown molecules in a scrubbing motion is using earth to scrub out the disease while thinking of the disease, manipulations by intended movement or restorations by destruction or repair of objects and bodies. This is a point you correct the body, make better by energy and create a blocking out of what is not needed.

Lava is reddish brown. The lava manipulator can control the emotion by inciting the pink or purple molecules, like love or hate along with other emotion. This is in most people including themselves. The liquid master can cool down or heat up lava to control the air temperature with a will to move the molecules slower. They do not get burns easily unless it's not done right by feel.

Fire is the color red, the control on fire can be able to make or unmake it at will. They can excite any fire particle of heat (red dots or tachyons) to some destructive force and little excess. This can burn you if not used carefully. Kill demons with it.

Water can come from air and other water source manipulations to get their result, they can see and breathe water well enough to effect form it anywhere including in people, and dry things up by removal; See the light blue or aquamarine colored molecules and attempt to incite them by making the particles vibrate and rub together while you feel the result or think on a result you desire on a focus at the object or area.

Ice and cold can freeze or unfreeze objects at will, they excite or compress any cold particle (blue particles) for the effect. This is including water, fire (putting it out) or air, leaving an excess of energy.

Control air by use of neutral energy or scrubbing clear white particles to move wind and to get readings psychically through reading a conscious of most work or universal conscious of most time, you can have omnipotency or thinking you know things and you know them, force form barriers and air walls as in efficient barriers of air, this goes along with support for mental control for mental idea with mind. State the rule to get the effect. So think of the effect and feel it occur as you scrub clear white particles. An imagine the scene as if roleplaying as it may or may not happen. Be careful, as you excite the air particles anyone in the area can use them.

Small red particles (tachyons, active energy subparticle) are used by focusing the red particles into an area. They are in waves (lekton, gravity or light waves) manipulation and used in their interaction to form magnetic fields and control time events by speeding up the pulsing to speed time or slow down their pulsing to slow time down.

Control spirits and death by a different means. For the control, think of death particles as bone white. Think to cause death is where you incite by feel the death particle of bone white which is to rub or vibrate. Then incite the particle to uncause death, this is done by causing the vibrating death particle to stop and leave the body. See the particle rubbing together and then stop the rub, that is done by feel while the death particles leave the body. Incited spirit particles can be used by anyone in the area till unexcited by making them dissipate. You can disperse spirits by imagining their silver particles disperse to dust. You can incite the spirit of the object nearby to appear, this is usually by focusing on the object and exciting the bone white particles near the object.

For other control colors: Amber is for Sunlight, you only need to rub and intensify the amber particles. This is done to get a sun effect that can liven you up. This can also cause heat in the area.

Silver white or silver gray is for Electricity, where you can generate it for yourself, that is even in the air or a plug. Imagine the particles as sparks and intensified, this is energy used in the area you want electricity.

Silver is control of time by speeding it up, that is to excite the silver particles and then time speeds up. The inciting of stopping of time is making the silver particles not move. The slowing down of time is making the silver particles slowly move. This is useful to separate an area and slow, pause or speed it up, make the thought and intent of doing so, as you produce scrubbing of silver particles.

Light red is for Light energy. This can generate a warmth and a light in the area.

Black or Dark brown is Darkness. Imagine the particles excited and rubbing together to intensify the darkness in the area.

Silver gray aquamarine color can stop anything. Just imagine silver gray aquamarine scrubbing together and feel the effect energy dissipate from it. This energy is what the effect produced.

Partisonship; This is the sight effect of the spirit. There is two ways about this. Effecting changes in the future or past and making future, present or past changes from where you are. Think of the moment and you create with idea, that you have or think of the idea adn you create by feeling the need to change things.

The effecting changes is stating the intent and directing things with a release of energy. This is to cause the intent anytime you want and wherever you want. There is the moment of time change after directing the energy by thought or spoken directions. Time will catch up and seem different without actually changing, this is done unless you tell your subconscious to make things obvious. Then you can detail what changed by feel. You don't actually look into the future or past with this method and do it right, sometimes your conscious mind might screw it up.

Then there is spirit sight, this is where there is spirit that makes a vision and is directed by the subconscious to reveal what you want to see. This spirit sight won't reveal what you don't want revealed. The spirit sight happens on a relaxed mind and with an awakened mind. This means you can easily percieve things as you find them. Then the obvious is appearant. When you tell your subconscious to tell you what will come or give you what you want. Think to see what is there, then you are aware of things by what is known.

Then the moment appears, so think as a vision or idea is experienced by words being spoken. You tell or think the intent and the subconscious will make it. So when you say 'show me this time and date, seeming in this reality.' Then you get the sight you wanted of the specified date and time in this reality. Otherwise you may see a sight of some other world or dimensional aspect. That is how you know what or when you are aware of things, this is where or when you think to see things.

Somewhere with a relaxed mind and with beta brain patterns, you can percieve the past. Sometimes with a relaxed mind and with alpha wave brain patterns, you can percieve the future. Then there is the present sight, which is the seeing anywhere of the moment you want of the present. This is done by the moment of relaxing the mind and letting in the perception and visions from the spirit, that the subconscious shows you. This is the idea you know is there, when and where you choose to look.

Direct the subconscious by phrases or words, such as 'there' or the name of the place. All the while thinking of the place you want knowledge of. Thought provoking words can work best. The subconscious directs the spirit to make the shift to where you want to observe. When you are there, the visions are from the spirit. Then the spirit comes back to you. You can be relaxed an if by music or tensed up with energy, this is done in you to get this to work.

Spirit shifting; This is where you surge or think your energy does things and feel it shift you to another place that you need to seem or appear. This can shift your spirit, but with enough energy you can shift your body, too. In such a case, the

spirit draws the body to be where the spirit is. So the body is a bit weak at first after a shift, but after a minute it's fine. With another higher energy source feel the wind flow free, so this is done as you feel the wind blow and you won't be weak at all in the body. This is when your body won't show signs of the shifting.

Forming beings; You can summon a being to act on its own to achieve the result desired. It will do the deed as long as it's reasonable to them. When you summon djinn, or fire wish givers, you can be granted any wish to which you need. Beware of their tricks. If you have enough energy, then you can summon small fey or large fey, which can do unnatural things that are natural to them. The way to do a small fey summons.

So this is to hold your forefinger and thumb apart and imagine energy to go between them. Then feel or think thoughts to the energy mold it into a faery form. Then it is done as it's summoned to you, that's by the loss of some of your spirit essence. This essence helps your energy use. When you lose essence, you get weaker in ability to create effects. When you ask the fey to restore your essence, offer to give them some energy.

So think about things to summon large fey, such as centaurs and urisks which are goatlike fey that stand on two cloven feet. You think of them appearing, the spirit makes them think they are summoned. However urisks are summoned at your own risk. They tend to war and they are very territorial. If they respect you, you will possibly get a response that's nice.

They might even do a request if you're responsible and do as you say or are respectful. Large fey can do nearly anything. Small fey can do large effects, if given enough energy. Either way, misunderstandings can be clarified by explanation. What small fey look like, they are small white blobs in the air that are sometimes with quick moving wings.

Think to pay them off for their services, then you keep away from pranks. So give them sweet lemon if they don't have wings (call them seelie) and chocolate bites if they do, otherwise use both and use energy to create the food essence by thinking about the food being there. A quick way is think to manifest and this is to imagine it there near them. This forms chocolate or substance particles. Whatever you give them, albeit honey, whiskey or chocolate. They drain the essence from it and that can leave it flavorless sometimes.

When you summon other beings that are ghosts, they will do things on request. The point is mute though, so think to work with your own point and use theirs if necessary. You send out spirit energy. Then you make them work with you by explanation or thoughts sent to them, sometimes feeling a point or unemotional need with what you say. As they do so, give them energy and they may be able to complete their task easier.

Think to unsummon them, try and imagine them disappearing from the area, stating or thinking 'thanks for your help' or 'that's nice of you' with some sort of emotion, if you feel the need to or if they were helpful. Just remember, if you think you don't need a reprimand, then you won't get one.

Be aware of the drow, think as they are unseelie fey and the type to be antisocial. This is when you use detection of feelings and know them for what they plan. They look like dark blots detectable in the air. They may attempt to kill by suggestions or dark energy that can cause diseases or negativity. Drive them away by projecting positive energy or thoughts to them. Also, summon fey to the area and get them to drive the dark fey away. For more information on fairy, go the [Fey info & history](#).

Bridging; This is where you go and command the spirit to share yourself with another. Prepare your spirit by charging up. Then you make a spirit bond, this is done by thinking a bond that is somewhere with a release of energy. This lasts forever and you can bridge by wanting to be where you want. This is spiritually you doing the effect and willing yourself somewhere.

This is using that bond energy. Then you get the effort of following your spirit trail by tracing its path, that is with a command to the subconscious. Mainly state or will the intent for the subconscious to do and it will. Think to work with the person, that you end up getting near if you think of needing their idea.

Treat this as the bridge of energy. Then you can mentally walk across the trail of energy, that goes into someones inner temple or mental room. And, you can find yourself somewhere else. A personal moment in time is to be expected, with a bit of energy euphoria from the spirit transfer. So think to release a bit of personal energy for transfer will make you more euphoric. When you bridge, you can't always get back to where you came from. In fact, there's a chance the place you went would disappear.

When you focus your mind on being there, you can walk through an open door and you 'go' there where you intend. This is bridging a gap to the place, that is like making a sheet of paper folded. Then punching a hole through it to form an instance of crossing to the other side. This uses the void and wormholes to make this instance happen. This punch and instance ends when you close the door.

Sometimes at least in your mind where you know the idea, you know you can't really be touched. When you make use of bridging, so call Tengri's name by stating 'Taen-ri', ask for guidance of doing the deed or getting the result you want. Tengri is the sky mountain God of the turks. Otherwise the God or Goddess will do, what you need is a point with no damage possible so things work out well. A God can supply this effect.

The effect of bridging can be done with surged energy or just enough focused mental energy. When tired enough, bridging can be done very easily. When you come back, you can appear exactly the same time in the area and place you left or other time or place, otherwise a second after you left the area. Sometimes your subconscious builds up the moments to recreate your area and activities when you don't come back. This can be the same place you came from.

Sharing is the transfer of objects and energy across a bridge to another place. This is thinking of the energy bridge and thing the intent to shift the object or energy 'there' or 'here'. This allows certain things pop up near you or energy you need to be with you and you get somewhere or you can get better results. Expect some type of machine disruption.

This works when you transfer or share things across the bridge. Sharing allows you to share everything, don't share everything unless you want to get obtrusive with too much information, so think as you might need to keep certain things for yourself. Seem aware, what you share is yours till you share it and then its theirs. It will literally seem what is there, otherwise it can disappear from you.

You can share any energy from the object and person. The energy will go from the object and weaken the object, this is till it either breaks or disappears. The other possibility is that the energy comes from you, then weakens or softens the flesh only to be hardened or unweakened after you eat or drink something.

Banishment Ritual; This effect is to cause and make an action to banish the offending being or person. Simply use your brains and focus your mind on the pattern of the being or person. Then send energy forth, state or think at the area 'I banish you!' and this programs the energy that goes to the person. So do this while thinking of the target. When you banish yourself to shift somewhere else, then you get the result of shifting to where you intended to shift to with fee or by feel, sometimes you end up in another place.

Then do a physical action to get movement done and cause vibrations, that disrupt the being. This could be stating ' Ko Aum', 'Un' or 'Om'. Use pronunciation of the word to make it more effective. Otherwise, if it's a person that refuses to leave, then escort him or her out. This escorting is to be done while you think, 'leave' to him or her. This has potential to unpossess a person.

There is no guarantee against demons, strong demons will make it harder for the person by inciting insanity in their mind. This is where as you think of things and do what you need. Otherwise you need a priest.

So to dispel any demon you use fire. For strong demons, you use extra higher sources and then use fire as fire is effective against demons. Black fire is effective against all types as it uses void and mutates fire from the fire plane. This fire disintegrates the target. Think of the point and you know of things to use, such as a black diamond for disintegration. Hold the diamond and imagine black fire go through the diamond toward the target. Then you get a result.

Thus a shield of fire or black fire is necessary. The fireshield is formed by imagining fire to be swirling in from above and below. Think to harden into a shell of fire. This fire can be black fire. But in order to summon black fire, you imagine it there as a black flame. The elements will do as you will by influence of spirit. This is spiritual fire that is drawing the actual element.

So you can make it do anything. If a demon is using things in what you see by you or you think you are possessed, cause the fire to form in yourself and spread outward from yourself. Otherwise don't allow possession by what you think, then you can make your will force the point with them away by forgiving them or send them to a hell. This last tactic will only work with enough spiritual energy gathered or you think the spirit-that-goes-through-everything makes the effect. Thanks to robbie.

Ore travel: Either get ore or think to use the planetary ore for this effect. Think to the ore that's sometimes in the earth, think to shift the body or item by the body or item becoming energy then this will occur. Otherwise you can think to travel with ore or a gemstone and you are there by the spirit-that-goes-through-everything. This is where you think to appear to go, you are where you want to seem. That's ore travel for the basic idea.

Think a gate: Think of a gate between two fallen particles of food crumbs or objects, otherwise use two points that forms an energy pass through the point. Then think to go somewhere, walk through the energy gate thinking to seem there. This is what creates naturally a point of crossing, that is is where you find yourself there for some reason. The gate unforms when you pick up the crumbs or object in the point. This usually works by what you do, but think for a moment what it takes to get there and back again. Then decide to go.

The numbers: These are the numbers that create a result of calm when you think to count to ten.

- 1: united, you have won or win.
- 2: uniting, then work together or togetherness.
- 3: to triumph or create by thought.
- 4: the point you gather or gathering.
- 5: some magic or hexic.
- 6: the hex or curse.
- 7: sole exception, this is done to except or use exception.
- 8: send stop or stopping point.
- 9: do and go (with) or deny (by).
- 10: do with success or think and there's a created point.

Some other planets: The planet your from you could exist on again, think your there and you are by the soul if you were in being form. This form is created as an inner being that forms from energy you take in and can manifest anywhere or its done on shift to anywhere that has a surface. This manifestation happens by the spirit-that-goes-through-everything creating the shift to be and appear where you want to be as you. Enjoy yourself as your in there, the planet energy draws you there, btw, so the shift happens naturally. This much I do know, this only takes a few seconds or less. So if you think of the place, then imagine yourself there you shift there by the energy that exists with a source. This is a point that came from recall. The movie shows him shifting his form, but really if you sense him out you notice him form a being and where he wanted to be is a form of him.

This is how he did it.

CS-137; This planet is working as an energy being with planet energy, so that might work for you and you can experience things while on that planet. However, any planet can be livable to a being formed from the inner being.

Think this of resolving issues: Think or state "people" as you think "they don't mind what I do and resolve their issues so they are not issues. This works as though the person was relaxed by feel. So then if you took in vanilla extract, turmeric and oregano with whatever and making tea or added flavor packets, then you can create relaxation in others as you feel relaxed and cure any illness, at least temporarily. Any tension is what blocks them from feeling you, so think calm thoughts and you can get along with others or an idea is used to allow things by thinking things through the feel of the moment. Otherwise think the muscles tense and release, this can cause jerkiness so don't try this too near breakable items, objects and you gain relief with release of tension from yourself to become calmer by feel." -By SH and Shawn Ketron

Rooting: This is where you are rooted to the spot, thinking roots of energy go into the planet and you create peace and calm, that is where the point is recollected energy and that is cleansed as you cleanse automatically the body energy and your better in thought or thinking by feel and your back to normal.

Key focus: The key is energy so think energy does what you need as if an actual key were used in imagination, intend some idea and you get that as a result when you use the key. This works by the spirit use of a soul copy to create what result you think to create. If you don't intend it, then it won't do anything except open a lock.

Soul copy: The soul can copy itself by the power of the creator, think it's copied into forming as if you used an object or another soul and the creator creates things or the new soul that shifts to the body. This can be any item, key or placed and mentioned idea. Placed is a point in a text editor, otherwise you can write it down as if that were a key of information. This copy has unlimited energy like the original, idea and knowledge from the divine being or creator and ability to make it's knowledge known.

Point-out: This pointed out creates the moment, and you make things by the subconscious mind as you do work or make what you do known. -SH and Leah Clark

Warning: This is a point you think to make, then create the effect of a two party idea where your one and the audience is two. This depends on your reaction to them, so think and you know what to do. This uses information of a point you recall, that's done by thinking of the memory and rolling the neck to the right and thinking of the memory to get energy restored by rolling the neck to the left. This restores lost energy and the body functions more normally. The effect is done after you project that energy as you state the idea you intend to share. This comes out strong, so you always get attention. Your one party, the other party is your audience. This is using the spirit to create of energy and you recalling, that then boosts the energy of the body and the spirit directs the idea to make things known. The soul is a battery in this case, so if you think about the point of having one the creator makes one as though a complex living energy consciousness. This "soul" you get by doing what you need. So saying, the insight, that creates added effect. This is a point of what you say, then what the audience does as thought for reaction and that is what you want. The reaction time is short. -Shelly Morrison

Then an now: This technique uses a point of idea to realize what the spirit knows, then you know things and now you know of what you recall. This is where you think of the moment and need to remember by feel, then your spirit uses the creator to allow your body to remember. Then if you remember things, you know about the idea. This is a point you recall things by feel. What you recall is created by feel, the silver sphere will react to this so use it to create results from it. If

you intend the idea to be created from nothing. The point is a concept and you are what created things by the use of the-spirit-that-goes-through-everything, this is with thinking of what you need and desired effects are done. The spirit consciousness in the area is smart air that creates what you think, that is done as you feel the need to create and the consciousness of the spirit catches on by use to what you think with your energy being "read". This is where you create by the feel, so to speak of what you want creates with the spirit-that-goes-through-everything. That is directed by your subconscious mind. This is created in moments, if you feel tired then eat or drink something so what then you think you can now realize. This I think is a point in the right direction, so you can create with the language and make anything including sending yourself through time. This you know happened, then if you see the energy surge and you feel the area is either the same or different. This doesn't effect, if you don't need it to have effect.- Sheila Denise

The tempering: The idea you know is what created by energy, think your in balance and that you can use this to make things alright and you regain good temperment. If you are with too much energy and you know this point by what you think and act unstable for then, you can either do rooting and think send your excess energy to the planet your on at the mention of an area or space. Or think balance and imagine balancing with a balance bar, then you create calm and you created what you intended. That was an energy balance and your stable, so that means your body energy is stabilized enough so you don't expand with too much food eaten or calories subsumed. This allows you to retain your thinner body shape, also you get a chance to do bigger effects in idea. These are heavy magic effects, that are creating a body shift or change your metabolism by willing it. Otherwise, you could create manifestation quickly. This is where you make something from void, using its energy and causing it to exist where you need it to seem. It exists here but seems there. This is a point of idea, so use this as you need better results, such as creating without imbalance and giving up too easily so you make something seeable or seem there where you need to be. - Tom Clancy

Make-up: This is where the point is that you make up, that is where energy creates what you need and the creator makes what is in thought. This acts as though intent and what you think of idea, you have created by what was desired. Don't think to make use of illegal drugs, though the thought exists of them the thought isn't you. So then if you think to make a fireball in the air, then you create with heat drawn into the shape of a sphere. This is using energy that forms it in the air, then when formed you can create a surge and send the fireball to the area and create a burn mark. This works by feel, so think and you know what to do. Then the point is made, you can do what you want. The effect can cause a minor brownout of the electrical grid. Think about this before attempting the feat.

The end: This uses the spirit-that-goes-through-everything, thinking of what you need at the moment. You can create what you need, then if you think an end point, you create that as well. This is a manifestation, that the spirit consciousness makes with the creator that can form what you want. If you don't need what was formed, then it ceases to exist. This works with what was created, so if you create an ending you make an idea that seems to cease. Otherwise you create the point and make with use of the spirit, that is done with focus to make an end of things and once ended, the idea that is there ceases to be with a new idea in it's place. This is how this idea works with feel, think about it and what you get is usually a moment in time. -Angy

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The god

The God section

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The God, Goddess and the creator

The God, Goddess and the creator

The god exists by being as if existant and the creator, the use is thinking exist by will exists things by the point there is a way. As if there is a will and that came from the creator. whereas the creator consciousness makes what you think as you work by focus. He could be working through anything conscious and he is the creator.

He only has one name as if the caretaker, and that is The curator creator by the creative approach. The other Gods are lesser creators, that use his energy as the creator except the Triple Goddess that was created from energy belief. A god is some energy being used by the area feel to get things through request that you think to know.

The creator is the being whom is Gargantuan and there when incite, this is done by thinking the creator manifests a result and sometimes holding out your hand. Think what you want and he does as you think, who he is can seem a mystery. He is established as if he is a conscious mind on a higher level.

So that is your highest self of this conscious world that can rule

the spirit and he is made more capable by many minds giving it energy. What he does is subtle or sensible as he can create, lurk and use the area energy as if make as you will is energy by the will with your thought. This is used as the directive approach, otherwise sometimes the will to do for achieving results.

The Creator can be cited to react or make things by any request spoken or thought, as he basically is obliged to help and do as you ask. It will respond to any name you give him by working with the situation and react to any given need by feel. This is the consciousness of energy. What you believe is what you put into things. However, the creator does not require worship or prayer and no prayer necessary. You don't have to be in any religion. So think and you are aware of what you can do.

Think to get the voice of god, called the spirit father, that is to notice the actions and feel of the things around you or of you. The Spirit father is known to be peaceful but sometimes reactive to reasoning. So keep a calm mind. As you do so, focus the mind with a spoken question at something and you are aware of what you can do or need to know. The voice is noticeable after that.

This is a magic semi-conscious thought you can percieve from the item or person. It usually attempts to answer the question. This is noted in Taoism to get a religious experience. When you call on The Creator, he comes from the body and does things. He lives in the body and can desolve things that are not needed.

If you want to cite on the spiritual god to get an effect, think in idea that this is the conscious of the spirit, then we can use any name we want. Realize that god has no name unless we give it one. In this case, god has many names, depending on what name we call. We get certain results with the associated aspect that we think on to put him or her to use.

This is sometimes with joy by our desire and needs being answered. Our worship is the usage of the source that is spirit and that brings life and energy to us. Think of the moment and now is the manifest you are aware of by feel, or use where the senses are used.

We each have our free lives, up to a point by the choices we make. We follow the tenets we want to follow to get certain results. We work to have fun, and fun is the challenge or relaxation of the moment. If we have things done to us, we react according to what can be done.

When the spiritual creator acts on your needs and desires, he sometimes does things by making events. His presence in these events is unnoticeable, except to work through things and people. Unless, you study the moment and detect his voice, you

probably will think its a coincidence or some other being. I believe its a point where you get results and possible effects.

This is from the efforts you do, this can bring a sense of closure and somewhat happiness or peace without you realizing it, unless you are aware or awakened. Then its an aware state of enlightenment. This is when you realize that the Creator, when called, comes from within us. Again, he lives in us and can recreate things when we need it.

Then there is the Goddess that is the feminine representation of the energy consciousness. This is the goddess of the earth or planet, so this is when the Goddess is also known as the triple goddess of the planet. The Triple Goddess is the stages of a woman's life:

Goddess - strong representation of the feminine energy

The Goddess is at the heart off all nature religions. Her feminine energies are equal to the God, who is also known at times as her consort. For women this is wonderful, as we can see strong representations of what it means to be a woman. For men it is amazing, as they can have more feminine energies to enjoy and connect with too. This can give them the experience of a lifetime.

The Goddess is known as 'The Triple Goddess' as she has three aspects- Maiden, Mother and Crone. These represent stages of a woman's life, her monthly cycles, and also the phases of The Moon.

The waxing or growing Moon represents the Maiden: adventuring, hunting and free. The full Moon represents the Mother Goddess: full of powerful creativity energy and new life. And the waning Moon represents the Crone, where the wisdom is drawing inwards and incredibly powerful. The Crone is also depicted as a traditional 'witch' and her power has even been feared throughout the ages.

There are Goddesses who traditionally represent each of these phases and energies. You can find out about them and call on them for inspiration, power, magic and protection.

The Triple Goddess is there if you think her there, if she isn't instantly there then this is a point she's going through though she helps you understand the womens will. She thinks to work with you as she is known and works by herself otherwise, think your request and your need and she might fulfill the desire by idea being given. If no idea is given, relax your mind thinking of what you need and the idea is there. This is a way of

manifestation with her.

Goddess' art

Finally, I would like to share a beautiful poem with you called "The Triple Goddess" by Kalioppe. I will just share a few lines of the poem, as it is quite long, but you can look up the whole poem online if you're interested.

The Triple Goddess

As the Maiden, I saw through your eyes as a child Spring
rains, green forests and animals wild!

I saw you run freely on the Earth with bare feet!

I watched as you danced in the winds, blowing free!

As the Mother, I bore all the labor distress Of birthing your
child, and I felt the caress Of your hand on the face of the new
life so dear.

I heard its first cry and I eased your fear!

As the Crone, I brought blessings of wisdom with age (Wisdom
not found with the turn of a page). I was there as you taught
the correct way to live:

To love and to trust to take and to give!

I was there in the twinkle of your aged eye!

Maid, Mother and Crone. We are all One Yet We are all
separate as each role is done.

We do not leave you. We're always there, deep in your spirit
where nothing can hide!

Bright blessings,
AnnaSimone from Oranum.com

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The God section

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The Sigils

The sigils:

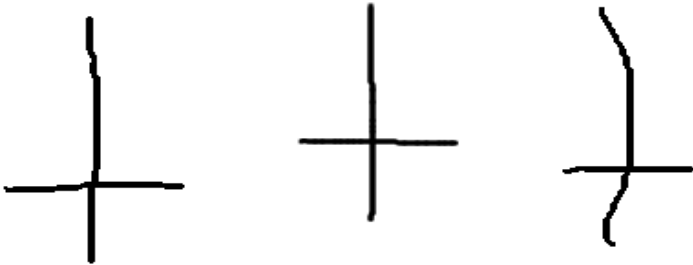
A sigil is a symbol of empowered lines that are thought to effect. For more information, try this site of [sigil usage](#). This sigil made by Jay can help cure the person or people you want effected. Even of stealing and other mental conditions. Its used by the effort of drawing it ot tracing it in the air. This is with energy being released into the sigil and from the finger or the pen. Now for the sigil. If you accept yourself after changes are done, then they might stay if you need them. If you don't need them, then they disappear. A serious minded person will do the effort, a unserious minded person won't do whats needed. Serious mindedness is what this sigil puts on people. When allowed to work. This sigil will do exactly as you say. This is a danger. Use with care and you can't misuse it. This is the condition is what you think before the conditioning effects by feel.



SeCond Cheriot

This is the sigil for condition setting. This sets a condition on those used on. It can be any condition and it always ends up good. This can be used to set good conduct on those who are fixated on doing bad things. It empowers the person to be energized. The effected person also makes self-corrections and adjusts things to get things done by negative influence. The correction is always positive.

The next few sigils, are very good at getting results. This is the effect of complacency and compliance. Drawn with intent of putting energy into the sigil as you draw or carve.



Uncross

This is the uncross, which forces ease of mind. This is with sublime feelings and intensity. This is drawn or carved, to cause complacency.



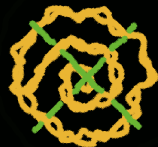
Compliance

**Draw this sigil and you get compliance
From some source directing the motion.
Think of the source before drawing.**

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Spiritual Faith Church



The channeling section

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The channelling point

How to channel

Channeling is using an idea where you create by feel and make the result sometimes by statements, that discusses it and this allows one to be working with spirits and energy. These are the steps necessary to channel a persons spirit or any being with enough personal energy. Thanks to Mattman, Joshua, and info from other beings channelled. SH included some information as well. The subconscious can do anything.

- Step 1. Clear your mind.
- Step 2. Focus your mind on the thought of the thing to channel, stating its name to cause it to come.
- Step 3. Imagine a person or state the persons name or user feel, seen and associate by your aura energy with their energy until their aura energy is needed.
- Step 4. Let the thoughts happen. This is to let, allow or see to work.
- Step 5. Imagine the heat in the air and your body heat help cause the effect and you'll think things that aren't your thoughts. At that point, all ya gotta do is type or dismiss what those thoughts say.

Channeling is using the energy to create with to think or make with area focus. How do I channel a being you don't even know the energy of?

The start of channeling begins with telepathy. This allows you to get to know the beings energy, even a spirit can be a being. First thing you want to do is clear your mind. You'll want to get an idea for the energy of everyone you talk to. That can be done mostly just by recognizing a face or calling their name.

Usually if you can bring an image of the person's face, call their name or general look into your mind and see the memory of it, you can summon them by the associated energy. Then chat with them by imagining a scene in your mind that the subconscious fills in by their thought and your thought. This is done as the third eye does what it needs to. Things will seem to pop up in mind and be

known. Then its easier after that. Just remember, calm mind more results.

Due note: Try not to channel demons or dark entities. They could possess you or make life miserable. Even if you channel, you can draw dark beings to you. So cleanse yourself after. Saying as you gather energy and release, 'ahm', 'om' or 'aum' makes the beings and demons disperse.

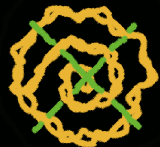
If one who channels desires to know if they have channeled the correct entity, here is a simple technique for finding the truth. when you have pulled someone in for channeling, be mindful of the intent of truth revealed, and thrice ask the spirit "Are you the one with which I desire to speak?" three times, ask this, with no change in the words you say, nor the intent you speak, which is for revelation of truth, and thrice listen closely to the answer. If said spirit is one of truth, he will answer truthfully and consistently all three times.

If inconsistency manifest, whether by tone of voice or by truth of answer, such spirit is not as noble as intent had hoped, at which point one would dispel said dishonest spirit by thrice invocation of the words "Dispel from me the channel which manifested against me." Done with the intent of pushing out anything which is not desired. Thrice invoked will push it out of you. if you feel a release as you invoke, it has been manifested.

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The Mediation section

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Mediating

Mediating

Mediation, its using meditation and thought with a spoken intent as a mantra. Doing so can draw a spirit as to use the idea that your spirit is to seem as use think your purpose in life and you end up where you should be as you are to get things done. This is the effect of needing something and stating the effect you want as an intent. When you try to do this effect with meditation, you can make use of music. Music enhances the effect, if its soothing enough or you are used to it. It basically must fit your mood.

The effect of working effects is possible here. By using the mediative word and intending the effect to materialize in or away from you. You get a incidence with negative energy or conception with positive energy that seems to happen on its own. This effect is to be making you more able if you are wanting to awaken yourself and your awareness, using the mediative mantra of 'awareness' or 'awakening'. This can awaken any ability you need to be there.

This may take several tries. So, be aware of this and don't expect things to materialize instantly or quickly. As, this depends on the amount of energy to be enough to make the materialization occur. So, do the mediation using moments of meditation every day, until the effect you want happens. This could take anywhere between 1 day to a week or month.

When you do try meditating, remember the key to mediative meditation. The subconscious will know what you need by the word or phrase you use. Thus, all you need is a single word to mean a whole phrase and effect. This word can be used as the mantra. Add an 'om' to the word and you do subconscious programming by meditation. This clears your energy as well.

The inner music and the natural music of things around you can also be used instead of externally generated music. This saves on doing unnecessary actions, that waste you energy. The necessary point in getting a magic effect by

mediation, is to store up personal ki energy by doing activity. The more your doing in an activity, the more ki you have. You know you have enough, when your body glows or you feel content. Then, the change you need that create the effect will happen. This makes the effect easier to manifest.

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Shamanism in general

This is my general idea of shamanism, as I experienced it. Shamanism is basically an act of communion or communication with the spirits to achieve an action desired. The act of shamanism is attuned through stones and mental disciplines. Now while visualization of the event happens. The end result is the thanking of the spirits by thought or expressed idea and the result desired to be achieved. Sha means sharing or shared and man is mankind. Shamanism came from the active chieftain named dezoike, to aid a desperate robber who ran across the tribe of indians in queblo. They, the tribe, asked the chief to aid

him, and the chief allowed and sacrificed some gold along with a small bit of hair and asked the god of their tribe for knowledge. An answer was the direct art of shamanism in a ritual, all that was required was to contact the spirit of the one who he murdered and triumphed over, to get away. The spirit was appeased, then banished to the hells of sheol. As a reward, the person was forgiven and allowed to leave safely.

Explained in metaphysics term, the rules of mind over matter and affinity of objects can apply to this field. To call the spirits attention is through the affinity of the mind being with the charge of spirit energy. The asking is making with mind over matter, through the use of focus with the mind while speaking to the spirits.

The use of stones is optional to the work of the act in the mind of shamanism. When one wants to end the rite of spiritual communion one can say or think, "thanks to you spirits of aid." Another base act of shamanism is to focus through stones to make what you visualized happen in sequence through the power of the readied gemstone.

Each gemstone has natural properties that one taps into. When one wishes to use it in a magical effect. Keep in mind the natural stone properties. The gemstones properties are described [here](#).

A gemstone charged by you is by wearing it or keeping it near you for at most 5 days. This will enact the occurrence of the materialized effect or act imagined. The vibrations of thought from yourself will do this act by yourself focusing through the gemstone. This is with your pushing thoughts off or dismissing them and making the gemstone picking up your thoughts.

The idea expressed will achieve the act of imagination. This is through affinity of energy and using the natural properties of the gemstone. If one holds the stone while focusing your visualized thoughts. The stone will cause the act to inevitably occur. In the act of shamanism you can use the stone for ensuring you won't be destroyed by some element or spirit. Success of some action is done to help the effect. Without the stone, this is to channel the spirit through you or another object by touch and thought. With the stone, you can use the spirits aid as a channel.

Alcohol and other stuff affects the mind based actions but not shamanistic stuff. If you get into the right mood, it actually can help. If you use the magical passes for shamanistic actions, it goes much more effective. The connection here is nothing specific. Actually its nothing about mind. Its spiritual, as in a mood when you don't actually think of nothing, so it happens easier. But, still having a connection with something divine, this connection counts as awareness with knowing but not thinking of

it. So, having the spirits do the deed is similar.

This is based off metaphysics with the above as evidence. To learn more about metaphysics, try to [read this](#).

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The seer idea

The seer idea is sometime how the shaman and the seer can perceive their idea. For the seers idea, theres a shamanistic and normal view as its the seeing of an idea, and it comes to fruition. The normal seeing, isn't without its flaws, but it can lead to directly viewing a scene. By focusing in on an idea you want to know about, relaxing the mind and either thinking or letting a vision of what you want to see come to you. Now, the shamanistic view is similar. It's not symbolical. The new seers' views are directly based on what they 'see'. As in, the person can see a hole as it indicates limits. Where they can see the 'hole' at the people's who have children, in the stomach point (aurally). At the ancient days, Old Shamans were drawing what they see in other realms on walls, tablets, stones.

Some have seen a realm, not astrally, where djinni totally looked like egyptian gods and aztec/mayan priests, who have masks as you may know. There was the exact architecture of Mayan culture; motives, walls-drawings, not like heiroglyphs). Even the portal to this realm had the same architecture style. The only thing popped up telepatically in their mind was the Old Shamans' aspects on those realms. They claimed that thos Djinns were Gods, directly copied the construction style an et el.

Symbolism is the way of Old Shamans. Since the Spanish Conquerors invaded their lands, a great amount of those shamans died; because they were active in social issues and on ruling. A really few managed to survive and they developed the 'sight-based' magic. This is not astral sight. It's totally physical.

Also, there's a different take on Shamanism, however, so see if you agree. Where the idea is to think the whole shamanic system is symbolic, and that's the fundamental characteristic of shamanism, not just for the Old shamans. Yes, to those who believe in shamanism, it's not astral, it's not physical, it works on a different level, it's all symbolic, and that's not bad or good, it's just how it is, that's the level it works on, so may it represent all of reality through symbols.

Where there is no real hole in these people, not on physical, not on astral, not on any actual level, the hole that is seen by shamans is a specific symbolic hole that means that they gave something up, gave up a part of themselves to create their child. So once again, the hole is a symbolic representation of the fact that they gave up a piece of themselves to create a child. It's some Shamanistic act of the moment in shamanistic view. Where 'no one has an actual hole, it's the manifestation of seeing to your understanding, rather than defining those people with that symbolic expression.

Seeing and other actions of the Shaman, take a certain amount of power. The higher the Seer/Shaman's vibration, the more power they have and the more vision that is possible. As, to Shamans, the energy from our actions go to the place they call The Dark Sea Of Awareness. And those energies are retrievable from that place with a special technique. To them, if you want to get the energy back, you need to remove the remembrance of the action from your energy field and replace it with the power of this action from the Dark Sea Of Awareness with some magical breath techniques while re-living the action without missing any part of it in your imagination. Breath techniques are described [here](#).

Which, brings us to what can heighten the awareness and allow better seeing. The eating of meat can effect the visions you may have. As, you might have noticed that especially if you don't eat meat, it's more effective. Also on that 'eating meat lowers vibrations' theory, it's because of the lowered vibrations created from abusing animals before slaughter etc. Some have become vegetarian for 1 month and noticed their vibrations raised a lot, world was 'brighter' in vibration terms, like the feeling of being near high-quality orgonite or enlightenment. Using orgonite, can also raise your vision of the things you want to see. Just google 'orgonite' for how to make it.

What else can heighten the vision we may have? When we are in 'higher awareness' from doing these things like fasting, vegetarianism and other things. Where, some of it comes from the discipline and some from the energies themselves. It's more difficult to seek out energy so an easier way is to make it so any energy that is sent your way is warmly received and integrated. We can do that with these ways of being.

Also, using Salvia heightens your power and vibrations, to allow easier seeing. Even as you do the drug by smoking or chewing the leaf. And its effects can last after its use, as it keeps them slightly raised afterward. It's said it's also helpful for health with some distinct usages. But, getting high and getting drunk lowers the vibrations too; but for pot, pot is the gateway drug and

raises them for half an hour or less but then when it's effect passes away, it lowers them more than the current state before smoking. For more information on pot, look [here](#).

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Shamanistic conscious

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Part 1

This is further information, on the shamanism idea and the shamanism conscious. Shamanistic belief is sometimes a conscious interpretation at its core and this is what makes their belief, as to allow shamans to understand what they see. This is going to take a moment to talk about Shamanism conscious. At its core, a shaman is the oldest known type of conscious magical practitioner. In order to become a shaman, in days before consciousness was more thoroughly explored, a tribesman would have to undergo a near death transformation and return with messages from the other side of the veil as well as an ability to speak with the dead.

As many ancient cultures revered their ancestors and even asked them for help and guidance, the Shaman would be used as a mediator between the spirits of the dead and the living. As time went on, cultures merged, and safer methods of developing a shaman consciousness were discovered. Let's take a moment to discover what some shamanistic beliefs are, and how you can use these tools to help you every day.

Cultures with a strong tradition of shamanism believe that spirits, both good and evil, are interacting with us every day. Some are working to improve our lives by imparting us with

good luck, moments of inspiration, secret insight into situations, and occasional bursts of energy and focus that allow us to do good in the world. Likewise, evil spirits are working against us, making us sick, chronically weak, and giving us a generalized sense of unease in certain places and situations. The shaman detects the presence of spirits and beseeches the help of good ones, while banishing the evil.

Before advanced techniques of meditation, and before there was such a thing as brainwave entrainment therapy, the mental state of openness to the other side was very difficult to observe. Those attempting to acquire shaman consciousness should be warned that the painful process is beyond what most today are capable of enduring. And why endure such suffering when the mental state of the shaman is scientifically studied? If Shamanism is something that interests you, be sure to read these excerpts of the Shamanism entrainment therapy page at <http://www.store.unexplainable.net/products/shaman.php>.

"These magical men, chosen by their spiritual ancestors, would commune with the dead to act as mediators between the world of the living and the unknown world beyond the veil. Those who were on the brink of death were often taken to the Shaman of their village, so the holy man could barter a deal with the dead and gain right to remain on behalf of the sick. The shaman is seen by followers as bearing some characteristics to specific totem animals, such as the Amazonian Jaguar. The Jaguar can swim, climb trees, and move freely on land just as the soul of the shaman. Shamans travel up and down the allegorical 'Shaman Tree' of the three worlds, from the land of the underworld to the normal day-to-day real world and finally the higher plane.

Those who practice shamanism find it easier to maintain communication with the spirit world, eventually seeing guides with their third eye and even communicating with spirits that can communicate back without even going into a trance. Imagine a world where communication with the dead is possible. What could we discover about others, and even ourselves? What treasures of knowledge await us if we can just pierce the veil between our world and the world beyond? What wisdom could you wield? The spiritual realm is a mysterious place that mere words could not even begin to describe. Those who dare venture into it for counsel are never disappointed by the sheer number of spirits that they can communicate with.

Unfortunately, the shamans of long ago were unable to reach a state of consciousness allowing spirit communication without engaging in a number of dangerous activities that led several aspiring shamans to become forever injured mentally, or even die. Luckily current methods are far safer, so you can realize

your true calling without damaging your psyche any more than a night of restful sleep. The old days of painful rituals, hallucinogenic drugs, sleep deprivation, starvation, dehydration, sweat lodges, and dangerous journeys sending the participant to the brink of death are over. Now you can safely unlock your true shamanism without the psychological and physical danger with these recordings. Simply press play and you're on your way!

How Does It Work?

Binaural Beats- Sine wave generators are used to create two separate frequency waves which are introduced to each ear independently. The brain reacts by creating a third tone, making up the difference between the two. The brain instantly reacts to these frequencies causing a Shift In Consciousness.

Monaural Beats- This technology uses two tones of equal intensity which result in a crisp and clean sound. Unlike Binaural Beats, Monaural Beats are easier on your brain because there is no need to balance the tones and your mind does not need adjusting time. Monaural Beats use a single tone that pulses on and off in specific patterns, which is tuned specifically for the frequencies that produce the desired effect.

Isochronic Tones- If you are looking for the most effective type of brainwave entrainment, Isochronic Tones are the way to go. Isochronic Tones also use equal intensity tones, but the pulse speed is greater, causing the brain to synchronize with the rhythm. In 1999, Thomas Budzynski Ph.D. published a case in the Journal of Neurotherapy which showed that a group of 8 college students increased their GPA with the use of audio brainwave stimulation, and their GPA continued to increase even after the brainwave entrainment was finished....

Delta, the state of mind we achieve when in a deep sleep, is just below the level Shaman consciousness is unlocked. Normally when you are near the state of shaman consciousness, you're unconscious and dreaming, so you can't understand or appreciate what's going on truly. Often dangerous rituals were implemented to induce this state in shaman students, but no more. Our unique recordings naturally take you to the Low Theta range required so you can reach the area of your mind associated with astral travel, intuition, and spiritual awareness without losing the experience due to sleep.

These Recordings gotten [here](#) are designed to bring your mind directly to the Low Theta state without the need for any practice

or other influences."

Those hoping to communicate with the other side should practice focus and protection first. As you attempt to see your surroundings, remain calm and imagine a bright blue or white circle surrounding you. Focus your imagination in a way that says that nothing from the other side can enter the circle without your permission. If you find a magical incantation that reinforces your ability to focus your energy on the circle of protection, feel free to whisper it to yourself. Some people find this communication is better by themselves, while others like the presence of others who will take it seriously. If those in the room are in harmony, they may be able to observe the circle with their third eye. The third eye is the name of our ability to understand the position and general appearance of objects in the spiritual realm. In this realm, everything works as a symbol that is interpreted through the subconscious into a series of images the viewer can understand. Often shamans will see images from their own mystical traditions (angels, demons, Egyptian gods and goddesses, figures from mythology, etc.) and find this confusing.

This is because all energy is interpreted through the lens of our own beliefs. As you practice, you may be able to even shift your paradigm of belief (if you choose to) and pick up on useful or important symbols you would have missed with a different lens. Of course that would be up to you.

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Part 2

After a brief discussion of Shamanistic culture, and the basics of Shamanistic principles, it's time to discuss the potential avenues for spiritual communication. There are several different means of divination, and contacting of the other side. A common misconception is that spiritual communication can only take place through traditional ritualistic means, but this is simply not the case. A shaman essentially finds communication out of chaos.

Forms of divination throughout history have spanned from direct perceived conversation, in which the shaman "hears" the voices of the other side and speaks back to them verbally to the reading of tea leaves. Does a ghost come down from the other side and physically move the tea leaves knowing you'll be able to

interpret them to divine your future? One interpretation says yes. Another would say the spirit communicates with the mind rather than the tea leaves. The communication occurs when we allow ourselves to see the signs rather than depend on the mathematical nature of rituals.

While some can use everything from the voices they hear coming out of crowds, to the arrangement of gumballs in a machine to help them interpret signals from the other side, others find it's important to be able to turn these impulses "on and off." Ritual serves an important divider between the concrete every day world and the world of many fold truths the entranced shaman sees. Ritual can be everything from a simplistic listening for whispers in moving grass on the wind after saying "talk to me, spirits," to interpreting shamanistic visions gained through the implementation of our binaural entrainment therapy. Shaman Consciousness Entrainment therapy is an incredibly useful tool for just this sort of mentality, as it helps focus brainwaves in the exact way required.

Let's take a look at one of the most common and controversial devices used for spiritual communication. What makes a piece of cardboard with a plastic cursor a dangerous tool? Is it the mystical symbolism emblazoned all over it? Of course not. Often the symbols on commercial Ouija boards aren't even remotely mystical in the traditional sense. The reason the Ouija board is a powerful, and potentially dangerous tool, is because of the consciousness it creates. By moving your hands across the board, you are using the board as a symbolic gateway to the other side. This gateway could be dangerous, depending on what you let through.

If you wish, you can create a symbolic token that will keep the evil from the other side from coming through. It can be anything from a favorite stuffed animal from your childhood to a magic crystal or even a sign bearing the words "No Evil Entities Allowed." It may border on comical, but the truth of the matter is, it's all in intention and symbol. If you do not wish to be bothered by the negative side, intend on evil not passing through. Absolutely you should focus your shaman consciousness before using such a device.

And if you must use a Ouija board, try to keep in mind it's a divination for two people. So don't go into it with someone who has not likewise become in tune with methods of spiritual communication.

Another thing to keep in mind when contacting the other side is this: when you intend to communicate, you narrow down your targets for communication before you strike up a conversation. Social venues are often divided up so like-minded people will

congregate. By setting criteria ahead of time, you are far more likely to have a safe communication experience. And this goes for all forms of divination. There are entities you won't want to talk to out there, and others you likely will.

With this in mind, it's easy to understand why people have attached such a negative connotation to mass produced objects such as the Ouija board. Should the average uninitiated person use it? Absolutely not. The potential for negative forces to intervene is far too great. Could it be a useful tool for those who know how to, and have their minds focused the right way? Undoubtedly yes. Some get quite the entertainment from its use.

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Part 3

Since we've discussed ways of communicating with the other side through the Ouija board safely, let's take a look at the more advanced forms of spiritual communication such as would be seen on a ghost hunt. Though some people have attained a higher level of Shaman consciousness, or "psychic ability" as it's commonly called, it's important to understand that this potential exists within us all. Ancient cultures commonly describe shamans as those who have broken down a mental barrier, rather than a genetic aberration or super power. This is evidence of the fact that every single person on Earth has the potential to open up communication with the other side.

As with many other factors in the subject of spiritual communication, safety is key. Having said that, it's important to understand that you have the power to end communication, close gateways, and send consciousness forms or "ghosts" back to where they came from. This form of shamanism is extraordinarily complex and could fill volumes of books, yet its basic tenets are as simple as the human imagination. It all begins with inner peace. Find the quiet peaceful contentedness in yourself and you will attract spirits who are attracted to this peace. It's important to first focus your mind on how relaxed you are through breathing exercises, being in the presence of positive loving individuals who are spiritually conscious, or through personal ritual means. Make yourself comfortable. Don't be afraid of your environment, and don't be afraid of the entities you are communicating with.

Let's take a quick look at the "Never do's" we were talking

about before in being a medium. First, never give an entity permission to symbolically take control of your environment or any part of yourself. You'll see and hear about other mediums doing this, but it's a quick way for a situation to get out of hand. Second, be aware of what entities ask of you. If they start telling you to do things that seem strange or suspicious, don't oblige them. Transparency and honesty is key. If you suspect something strange, ask the question "Who do you serve?" Several age old traditions suggest that this phrase will elicit an honest response from an otherwise deceptive entity. Refuse to communicate with anything that seems to wish to enter a contest of some form or another with you.

When communicating there are two methods. There is a method of mediumship in which you make contact with a "spirit guide" and one where you directly communicate with the entities you are studying.

The first method requires meditation until you "connect" with an entity. Spirit guides can be ancestors, friendly strangers, and/or a thought-consciousness your own mind has sprung into existence. In other words, a spirit guide is quite often merely created by your personality. One thing that's important is that a spirit guide is always the same, and always attempting to help, even if it's by saying "I'm not going to help you talk to something dangerous." Spirit guides are also helpful for novices because they act as an intermediary between the Shaman and the things they are investigating.

The second method is merely speaking with the entities yourself. Psychics rarely have serious problems with this method, but it's still not recommended for novices since it can be troubling at times. First of all, it's important to build a symbolic "on/off" switch for communication. Hold your hand a specific way when communicating, or designate a totem object such as a pocket watch or a specific crystal or quill, or merely designate your mind in an open/receptive state. Of course the physical totem is merely a physical symbol for yourself and others to understand when you're communicating and when no entities are allowed through. Then, while you're in a receptive state try to detect thoughts and words that are coming from somewhere outside of yourself. Soon thoughts will turn into conversations, and you will (with enough practice and some level of mental discipline) be able to pull thoughts from the place beyond your own consciousness. At this point you are sensing with your "third eye," which isn't really an eye so much as a window through which all senses can understand the other side.

And most importantly, in the rare event that things get weird or too intense, don't press on. Close your third eye, leave the location, and don't return for a while. Uncommon as they are,

there are negative energies out there you don't want to interact with. The Shaman can use his or her own powers to protect themselves and others from these energies. If you find it difficult to stop viewing the other side, do something mundane to take your mind off of the situation. Things connected to everyday life effectively "ground" you, and get you back into a state of the physical world. I'm spending a lot of time dealing with potential problems, but the standard session should be friendly and free of negative interaction. The warnings and defense techniques are for the other one percent of interactions.

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Part 4

After our discussion on mediumship, you likely know that Shamanism and communication with the other side isn't something to be toyed with, but something that should be taken seriously. Those who have had great success with this art have done so by traveling a careful path of peace. Think of the consciousness as a pool of water. If it is rippling and murky, the shaman will only see themselves reflected on its surface. If it is, however, clear and tranquil they will be able to look into another world.

But many mediums are asked to do away with presences that are not friendly, or are even harmful to the environment and the consciousness of the people who reside in them. These exorcisms, at an advanced degree can eventually be done with a single thought by the shaman. The simple act of asking an entity to leave is often enough, but if this has failed there are other ways. The medium can use their consciousness as a tool to guide entities away. All entities, even hostile ones should be dealt with using great care and consideration. Evil doesn't destroy evil in this case. Malicious intent doesn't dispel malicious entities. Balance in your consciousness the concept of good, strength, love, and power. Not power for the purpose of self progression, but another sort of strength we feel coming from within the heart. It is the emotion we feel when we suddenly have an immutable desire to help others, or when we wish to protect those we love. It is this inner power that the Shaman must use in the face of great adversity.

There is no shortage of tools designed to help you find this inner tranquility, but one of those I most highly recommend is music, which is specially designed to help you discover this inner

well of strength at times like these and put you in contact with the other side.

When you're in touch with this side of yourself through meditation or mediation, you must find a way to channel this energy. We talked about visualization last newsletter, and I can't stress how important this aspect is. In films we see conflicts between the forces of light and darkness as bolts of energy and spells brought about by magical cantrips. The secret to magical influence is similar, but happens on a different plane of existence. You can focus your energy as a tether to push negativity away, but you must visualize it first. This visualization is a powerful force that works on several different levels. The psychological conscious level brings about a great change in your attitudes and the attitudes of those around you when you can finally enter dark places with the careful responsible confidence required to defend yourself. Shamans of many mystical traditions hold that these beings of energy, even if somehow given physical form are bound by the same laws as those of ghosts and spirits. Banish them from your presence if you must and they will be gone.

Let's take a look at a few visualizations that will take you farther along. Only use these, however, when no other options exist and never seek out negativity to use them on. The following are merely symbols, but they are effective and have worked for many mediums. These symbols are just like any others and are based on focus. They are not based in any religion. Religious symbols you are comfortable with can be implemented into your arsenal as well, and may even take precedence over these if you feel more power with them.

When confronted by something you fear might be evil or harmful, focus a bubble-like shield around yourself. This is a barrier built of your own consciousness. You won't be able to see it or feel it, but you'll sense it with your third eye. Focus on it following you or whoever you wish to protect. You can set the barrier to filter out evil entities. Tell any others who are involved what you are doing, as it won't work if they aren't likewise focusing on it. Of course they have to be willing as well. This shield will hold up as long as those visualizing it have the peace of mind required to visualize it. Know that nothing can pass through this shield unless you give it permission to. Then, don't give it permission. The shield is a powerful tool that can be expanded from the surface of your body and encompass everything in your environment you have the ability to focus on.

When something seems to be lurking in the darkness outside of your ability to see it, visualize a spectral watchdog searching the area. This visualization will have no real ability aside from those you grant it through the power of your mind and heart. Imagine

it honing in on the source of your anxiety, then study the entity you believe to be causing it. Oftentimes you will find that there is nothing there, and that you're merely worried about normal sounds in the darkness, but if you find something remember your shield and 'vanish' the watchdog. You won't need it once you know what's there.

Communication is an important way of dealing with energetic creatures. Occasionally, however, you'll find something that isn't receptive to your positive intentions. Any entities you encounter, you should attempt to "feel" at by trying to focus your positive emotions on. Don't hate or fear them, as these are feeding negativity. In a way we're all responsible to some degree for negative spiritual energy. First, let it know you're different. You're not like others who will be intimidated by it. This will often be enough to "starve" the negativity out of it. Either it will gradually become better, if there is good within it, or it will vanish. Visualize a small amount of positive blue energy from a source of goodness moving towards the "entity." How does it react? Does it feel fear? Does it respond with anger? If this doesn't make the entity warm up to the idea of leaving you and others alone, move on to the next step.

Occasionally it will be required that you ask an entity to leave. If it refuses, you may have a problem. Heroes of legend would often use trickery to lure monsters to a place where they no longer could harm others. If the entity haunts one room, focus a different colored bubble around the room and shrink it, taking with it the negative entity while letting positive forces pass through it without harm. As the bubble shrinks, it should be focused on a physical object. If the entity decides to alter itself to be more positive, it will be able to leave. If not, it will be forced to remain trapped within the bubble. Move the bubble to a safe location, like in a small box. Bury the box or keep it. Don't open it. It would be wise to seal it somehow. If the box idea doesn't work for you, imagine a white room somewhere very far away or on another plane of existence. Transport the bubble with the entity in it there. It will not bother you again unless you want it to.

Cleansing is an important aspect of this too, as it allows for you to positively seal any sources of negativity. Cleanse the location, but even more importantly cleanse your minds as well. Think more positively and don't let negativity be a driving force in your life.

A word on responsibility: These are serious concepts we're dealing with. If you don't want this type of interaction, don't have it. Remember the tools should you ever need them, but don't describe yourself as a medium to others unless you want it to be a real and ever-present part of your life. Sometimes the

greatest advantage we have in a situation is one no one is aware of but ourselves. Spirituality and psychology are different, but they're intimately entangled. You can't have demons in one without the other. Practice responsibility and over all else be safe.

Have a safe and enlightened journey!

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Spirit Guide Contact

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Section 1

Now that we've covered channeling, let's take a look at the concept of spirit guides. Spirit guides, in particular, are a part of shamans consciousnesses and witches consciousnesses. This is where a spirit guide is an entity from beyond the corporeal world that you make contact with directly within your mind to help you on your travels both within the spiritual realm as well as through life's vast wealth of experiences. The mind is a powerful tool not only for its deductive capabilities, but also for its ability to communicate with things that exist beyond the periphery of the five senses. One of the most important communications a human being can have with the other side is the relationship one creates with the spirit guide.

Spirit guides can be perceived in many forms, including an ancestor, a departed companion, a mythological or fictionalized figure, or even a mysterious spectral entity of undefined or shifting form. It is a representation of your own intentions as you progress through life. The constant in the case of a shifting spirit guide is one of feeling, and an unspoken yet immutable understanding that they are the one. Some of the most confusing and vexing aspects of spiritual communication can be circumvented entirely with the assistance of a loyal and adept spirit guide. It is supposed to be an image that brings comfort, but also bears great wisdom.

The first step of communication with the spirit guide is to put yourself in a positive relaxed state. In order to get into a positive state, your mind will be moving in a direction similar to the one we visited with channeling, but different as it focuses on directing thoughts toward the inner spiritual plane rather than the external. Entrainment therapy has been designed specially to focus your brainwave patterns to develop your mind in exactly the way it needs to go.

The spirit guide comes as much from the self as it does the external spiritual world, and is largely a fusion of the two. Try to remember a dream where a positive force or entity helped you out, or revealed something you found later to be important. Think about what that entity looked like, and how they acted. Were they human? What qualities did they possess? If you cannot get a firm grasp on what the spiritual guide was like, it may still be easier than you think to make contact with them as long as you draw your experience from the positive warm aspects of your personality and clear your mind of any negative or anxious thoughts.

When you have a conception of who or what you think your spirit guide may be, you can begin the process of making contact with it. Keep in mind that the spirit guide has always been there guiding you in one form or another, and what you're looking for is direct contact with it in a way that opens a direct and honest dialogue rather than fleeting moments and glimpses of conscience or inspiration. The second step in this process is to put yourself in a relaxed state where you are open and simply allow the spirit guide to communicate with you in a way that you can see and/or hear with your third eye. Keep in mind the spirit guide is only there to help you make decisions, and will guide you in a direction of wisdom with suggestions that can at times seem vague or distant. If this is the case, don't worry, the decision making process is always yours, and you are merely taking suggestions from the spiritual persona that comes from your own experiences.

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Section 2

Now that we've covered the basics of what a spirit guide is, let's touch on exactly what it can and can't do. Unfortunately there are a lot of misconceptions about this subject. Think of a spirit guide as an astral entity that can at once guide you through your life journey, yet is an integral part of your consciousness. It is a cross section of your personality that has been shed off the greater whole.

It cannot provide you any new information you would not be able to discern yourself using your wits as well as your peripheral psychic energy. It will come to the same conclusions you would in your wiser moments and ultimately leave the choice to you. Highly random events, such as winning lottery numbers are just as beyond its scope of ability as your own. You cannot expect it to understand complex concepts or mathematical algorithms that would be beyond your own.

It is, however, the embodiment of our own drive for success, spiritual fulfillment, generalized happiness, or whatever goal you have in this life. Be without a goal in mind and it will be as shapeless and confused as that drive. Decide on a clear result you want from your actions, and it will grant you wisdom in a way only you can fully appreciate. The spirit guide is as much an internal force as an external one as memories are just as internal as they are a recalling of the outside world. One of the aspects we cover in our entrainment therapy is the ability to recall these spiritual pathways and help you get into a mindset where the spirit guide is not only a companion, but tapped directly into your own subconscious mind so it can give you the most efficient images possible.

The spirit guide also, however, has a personality of its own. This can be a representation of your fears, your desires, or your general understanding of the world around you. As you change so will it.

What does the voice deep within you say you want out of life? What things do you think of shortly before going to sleep? Are you plagued by petty rivalries or financial problems that in the end only serve to hold you back? The spirit guide understands these apprehensions intimately in ways you are unable to due to your connection to the outside world. Our minds can only

interpret the world around us as a series of symbols. The spirit guide is in itself a symbol that interfaces directly with the world.

Once you have a direction, your spirit guide will help you traverse the treacherous path on your way to success. It is a constant reminder, not only when you want it but when you feel like you need it. The symbolic creation of a spirit guide is a powerful tool anyone can use. Even in mythology the hero is always shown a guide who imparts him or her with wisdom they may have known deep down to be true, but nonetheless need an external source for because of their own shortcomings. The spirit guide is a useful tool that has been called upon since the dawn of mankind. It is as deeply entangled with the human experience as any other spiritual aspect.

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Section 3

I'd like to take a look at how to communicate with your spirit guide. First, it's important to understand that these entities are (as we've established) a part of you. The dedicated part of your mind that filters out your consciousness and the deeper understanding of the world around you is required for applicable purposes of day to day living and a world filled with symbols. Once you've made contact with the spirit guide, however, you can begin to understand different avenues of communication with this helpful guide.

First, dreams are a very important place for spiritual communication to take place. When you sleep your mind enters a state where communication of all parts of the consciousness takes place. Often the dreams are nonsensical or deeply symbolic. Your spirit guide's presence in a dream, however, is something important to keep an eye on. If you see them while dreaming, pay careful attention to what they say and you'll soon be one step closer to understanding the path you must take. The entrainment therapy helps with this communication with the spirit guide in a sleeping state as well. Just listen to the therapy sessions shortly before going to sleep.

While dreams may be the most guaranteed place to see the spirit guide, many people don't remember their dreams and that makes this level of communication difficult. For these people, it may behoove them to examine the possibility of deep meditation initiating guided spirit journeys. Sit in a comfortable meditative

position and imagine yourself traveling to a world created in the image of your current state of mind. Open your mind up to possibilities and allow images to come naturally to you. Your spirit guide will appear, and you can communicate with him/her then.

A third method is with the "third eye" method. When we were talking about Shamanism, I mentioned the third eye, and its ability to discover things outside of the normal five senses that our mind perceived. With the third eye, you can make contact with your spirit guide and communicate with them. There's no need to talk aloud during these encounters, as the spirit guide can read your thoughts and communicate directly with them. This final method is the most advanced and useful, as the spirit guide will be able to appear to you during times when you need it to. Trust your spirit guide and open your mind to the concept of it showing up to help you when you need it. Then, you will gain the most benefit from your relationship with it. The most important thing is to listen to it.

The less you listen to it the less your mind will see it as a tool for spiritual development and attempt to make contact. For every success the spirit has, however, in helping you along your journey, there will be more and more connections tying you to it. Though you'll always have a relationship with your spirit guide, even long before you make mental contact with it, you can always cut yourself off from it if you don't want it to be part of your life simply by symbolically telling it to leave you alone for a while. Of course this isn't recommended, as the spirit guide is an integral part of our lives whether it manifests as a spiritual entity or guides us through a series of "gut feelings," or intuition.

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Section 4

I'd like to wrap up our spirit guide manual with a list of important and commonly asked questions about the subject. The spirit guide is a powerful innate tool we all have, but it's important to take into consideration exactly what we mean by spirit guide to ensure you are in direct communication with your true inner self.

Q: Is a spirit guide an internal force or an external one?

A: In order to answer this question, we must first address the concept of the internal vs. external universe. Have you ever had a dream about something and had it come true? Have you ever read someone's thoughts when they were not even around? Psychic ability is just one demonstrable example of a force of nature and consciousness that blurs the line between the subjective internal reality of consciousness and the external objective and quantifiable reality of the world around us. The Spirit guide is a subconscious link between the two that can manifest information that is both internally quantifiable, and a limited amount of information that is externally quantifiable.

Q: What is the difference between a spirit guide and a "helpful ghost?"

A: Some people like to leave subjects such as this as undefined, and say it doesn't matter, but we believe it does. The spirit guide as it is defined in our entrainment system is inherently internal, and helps those who need help defining those things in life that aren't always obvious. The spirit guide is a force of internal understanding that will provide advice that is true to your greater goals in life, or help you acquire knowledge regarding them. A "ghost" is an external force and a consciousness beyond your own that may attempt to make contact with you, but will only be able to provide insight based on its own experiences. Also, a spirit guide will never attempt to advise you in a way that is not beneficial to you reaching your ultimate "bliss" or "true will."

Q: How do I know when I'm speaking to a spirit guide, as opposed to merely a compartmentalized area of my own consciousness or a "helpful ghost?"

A: That's where the entrainment therapy comes in. The conscious mind is filled with "faux" spirit guides who will sound helpful, but will ultimately not be as wise as the deepest spiritual sectors of your soul or "heart." The conscious mind is constantly blocking these impulses with short term gains in mind, but unfortunately it's difficult to get a hold of the long-term consciousness transformation required to truly make this beneficial. Fortunately, studies have shown that the spiritual mindset is largely manifest when the mind enters a very specific Mid-Theta frequency where the external world becomes strongly blocked off, and the focus of the mind naturally moves within the subject. Trying to map out the brain with visual foci is like trying to map the exact location of Earth relative to Mars with a stop watch. They are largely incompatible, which means it's difficult to describe exactly. What we do know, however, is that this specific Mid-Theta mental frequency is precisely where people go when they are engaged in ancient rituals (with universal regularity, regardless of cultural background) where

they make contact with their spirit guide. It has been shown with such consistency, that when the entrainment therapy is utilized, the mind naturally moves to this position and opens you up for internal contact with the spirit guide. Psychics who report contact with ghosts, on the other hand, use a vastly different frequency to tune in to the external forces. This is why entrainment therapy is perfect for making contact with your spirit guide.

Q: Is there anything else I should do to make sure I maintain a relationship with my spirit guide?

A: Initial contact and introduction of the images and words of the spirit guide into the consciousness is an important and deeply spiritual ancient practice that only recently has been perfected to the degree that it has. Surprisingly very little ritual has been found to be necessary in order to contact the spirit guide when using entrainment therapy. Simply sit in a comfortable position, or lay down if that is preferable, and listen with a contented heart and open mind. The entrainment therapy will do the rest. When you see the spirit guide, open up a dialogue with it about whatever you feel is important. After you have done this a few times your mind will recognize your spirit guide's presence and you will be able to make contact on your own, though it's always helpful to utilize the recordings every now and again.

Thank you for taking the time to take a look at our Shamanic Manual. Have a safe and enlightened journey!

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**Arranged by Skyhawk
Shamanism in general by Skyhawk
The seer idea by Libby.and Others
The Shamanistic conscious & Spirit guide
contact is by Jim McElwee**

Religions -n- Faiths

These are various religions, magical religions and faiths that one can follow, these are done as they so desire or want things. Sometimes the faith or religion is still practiced, so don't be surprised if you see someone following one of these ideal faiths or religions.

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Normal Religion

Some Druidic history and practices

The Wiccan Religion

The Magic Religion

Spiritualism

Magic Faith

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Earth Religion

Aborigines Faith

The Religion of Action

Dark Daoism

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Creative Religion

Material Spiritualism

Deistic moments of deism

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The normal religion

Seek the point to work with the thought you would want to

know. I believe magic still rules this. The normal religion is theism or belief in one god, that is where you see then act to work with another sometimes to work with a deity. When you seek in a point by fulfillment with faith, then you know things are done safely. Otherwise create by thought with what you have that uses faith of some idea, this seems ideal with some enlightenment that is the normal idea with what is there. This chart below has religion charted out by the idea that's represented. This works as a point for reference. I think then to use the chart, you can trace the religions from whence thought to have started. Just click on the image to see the full image. This is really what you think not what you do by now.

If overemotional think to work things out, a focus point is to not be emotional as the emotion can overcome you. If you think to be emotional think not to be with emotion. This allows you to remain sane under pressure. So look over the chart if interested ideal is use. Otherwise there's Pantheism, think then do or he or she creates as if an idea creator. That is an aspect of this idea you think, things you do are what you consider. So in any religion, think no harm comes to you and you won't get anywhere near the harm that could exist. Yet sometime you have to face your fears. So think and you know that nothing will hurt you if given a reason or you leave them alone. That is all there is to this normal religion. If there is anything else, that is your personal viewpoint and this is up to you to share the point.

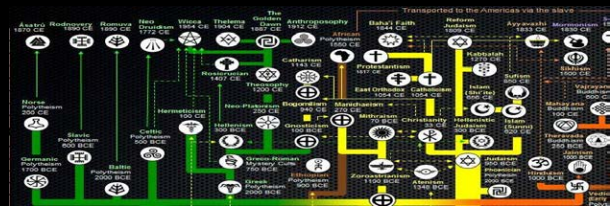
Pantheism suits your religious and spiritual views, that is done by suitable answers with works of computer science or art where this is other things. So that means they are concept of my blog or other idea with a point. Based on your answers, you're a deeply spiritual person with a profound respect for Mother Earth. You believe that everything is a manifestation of the Divine, especially the Earth itself. Pantheism literally means "all is the creator that is us or everything is the creator that manifests". You respect nature and you feel deeply spiritual when hiking, swimming in a sea or lake or exploring the outdoors. You feel "in tune" with the earth and you have a strong love for animals and maybe even plants. If you consider yourself a spiritual person, you strive to respect that divinity within everyone and everything you come across.

This really means you're able to associate with anything that has energy, anything you can see has an energy consciousness. So you can create with what is there or wish things to exist by manifest, this is like polytheism where were the gods or not created otherwise. This is where you can think the creator creates what is possible. This where were the manipulators of energy, that is an act of manipulation done by thinking we can create. You see we can trust in the creator or our aura energy to create for us, this is because the aura is from the energy of our

soul that burns off the air particles and our soul is divine so if you think the idea then the sound waves are "heard" by vibrations. Trust in the act that you do, think of ourselves as though were a part of the creator or the source and the source is the main conscious of energy. Then you can connect to the creator, this is done as you think to do an act of helping or a point of faith in life. This lifetime you can do what you want, think of the best and if you help out tell someone of the deed, then you can seem noticed for the act of helping.

They sometimes think: The creator yes is like some god that is a creator, so he or she has servants. Multiple gods or subcreators with objects, plants that are a living creator conscious. There are also lesser by creators that are people or divine, we all are a god yet we are equal by now so we can realize by information or idea that's thought. So I think then so you know by now he or she could be those that want him or her to seem the point by feel. This is the creator effect you can work with, by thought we think or work with the idea that manifests so with those you think then you sometimes can know.

This is what I call the ol' aberratio effect. So you think then you can know. I know what I think about this so I am sure your right. You can think ahead with thought to see the future. Find your way as you see to work. Then see your own way home to work with future by sighting. This is the manifest to the point their making anyway, so some expect you to seem better than before by now. This is how their mind thought works. If you are better than before, then you can rest assured that things will improve. If not better off, then there is always some time to improve.



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[The magic religion](#)

This is used as the religion where you treat magic by thought

with nothingness, that is done as though magic was a god and your serving with magic and doing what you want. Magic itself has a conscious that works with you, anyway you want. This is with ancient rules and imposes what magic thinks is right, that is when you want this to work. This religion treats the magic by conscious as though it were a source of energy. If you decide to use magic, you may perceive a blue or deep blue energy that is everywhere in the background. This is the mana or 'life' energy. This is in anything and can act on anything you decide to influence.

Without things, people die earlier and tend to forget things. So, with this religion, people don't express the religion of magic, except by just doing things. With this religion, you don't express your faith, you just do what you want. This religion of magic will do to alleviate the possible eternal torment. This torment is caused by not having any religion set for yourself. So by using magic as a god source of energy, you count as having a religion or not by feel is what we don't need to do.

Thus with the mana energy, you get elongated life and very interesting results, everytime you think about using magic and casting it forth. This is to think of the magic 'blue' energy and think of what you want. Making a spell is simply using ritual or stating and willing your intent. Then from area sighted, you have options of using candles or imagining act the candles being lit and then performing the ritual. A ritual can be use of candles, then stating a spell or intended words that make the magic do the effect.

This is where the person can if they respect their mom to allow what akin is worships of their mother sometimes, then anything they can do is magical and if you want the parent to live your energy can sustain them. Like I worshipped my mother as though she were a fire goddess named an. Others have different names and forms, that are representing things that are sometimes different from this. So don't be surprised if you run across a belief that's different than yours. This is all a part of the magic religion that is to act by respect to their elders, otherwise at least offer respect to your father. If no respect exists, then you don't have to worship your mom or dad. This is a known effect.

You can think to use the consciousness of energy as "I" for a form of worship instead, that is where you think your request or idea and need the result and you get the idea you wanted. This is through you and things you use as a source, unless things that exist aren't a source this is where the spirit that goes through everything is the source. This means things go back to the source. However if by use when enough magic is too much magic, done is done then use is less or then you have black

energy. This energy is the remnant of a point that you do. The point is mute, so think and need what you like and you may get what you desire.

If you use the memory of the remnant that occurred, you can erase the blackness and allow life to live. One thing to worry over by now, some say things that come back on you are the karma event. Well solar energy is where you build up energy by being near the solar light or not be near, otherwise using water as the source with action or activity is thought to live as you wish.

Sooner or later you can pay off the debt. Some say the point that you know, payback with debts are a bitch. So think the payoff easy then the debt is more easily paid unless not payable as your mind makes what occurs. Just take responsibility for each ideal you wish to remain accountable. So this is for now as we really take responsibility for what we think we are doing right or correct for life's events. So if you want to live a balanced life, then take responsibility for everything that you did and express concern or idea to fix the point. This is sometimes the only way to live with the magic religion. So know when to stop and do other things, this is the main point of balance. This is in their best interest, that is sometimes done if you think things are best if safe to provide by what you do.

Otherwise you might as well hang up the belt and live with the results that you got, that is because you get what you get and this is all that you can get. If not, then try to think of something to fix things by a rite, this is the right words or idea and then things just work out by feel. That is where you think I can do things right and this will work out. This can be done where you are not offered a good choice or are restricted until later. This is how you can correct with magic. If you don't, then you can stay with what you have and live by what you do. This is the magic religion by feel, if you want to know more then feel free to email me questions at cmoisant@yahoo.com.

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Spiritualism

The Seven principles with spiritualism starts with a brief introduction are believe in yourself trust with what you do. Think for yourself, thinking to create with the point. Thinking to create

by the feeling you see to work with by the feel. The study and application of a spiritual philosophy is a key to establishing a Spiritualist way of life and within the membership of the SNU it is introduced through the 7 Principles of Spiritualism. Though the SNU chooses to set down the principles behind Spiritualism for its members, they are not intended to be binding rules or the basis of a dogma but to provide each individual, particularly those who are new to spiritualism, a point or foundation for developing a personal philosophy. This is where we like her or him in the other parts by ideal with spiritualism, that are here with this site by the feel.

Some might think wow what a day to live, what an extraordinary time we are living in for now we know things. Actually we are just memories our cosmic mind manipulates, as though a cosmic moment where this cosmic Moment is unique and unprecedented with all creation. I know that sounds rather grandiose, but the beings of Light don't judge so we do if we want to judge with the realms. These are created by illumined truth that have said that statement doesn't even begin to describe, the magnitude of what is happening with the planet at this time. Because I am going to write about some things that can truly boggle one's mind, I want to affirm to you that I do not ever share any information from the company as the heavens are stars with some potential planets that I have not confirmed, through my own personal experiences, this is to be true beyond point a doubt is not there by feel unless you think this is there or our way is done.

This is the creation faith with or without drugs. There is a point in existence that you get tired of religion and religious spiel. This is a self-practice to make a better way of life. This spiritual faith makes it where there is no actual needed church with annoying lectures or need to worship. There is no unnecessary doctrine. Its this, faith that the spirit is the source of life and effects and allows us to cope to the point that we can do anything with faith, that is including spirit effects. Any restriction is up to us that we want to have. There is no preacher to tell us what we want but we do have to follow what rules suit us. What you think will free you. This was my last life religion. The religion by feel I think I called the faith. I'm very certain that things will work out by use of the spirit, so long as we know when to stop.

Thinking to create is not always creation by your feel, we decide what we want and we do things to achieve things. This allows any result of the moment. Self-practice is for better results. This is where we take up the responsibility for our own actions. So, try to stay out of trouble by having a good explanation or excuse. Always remember, laugh off the problem and deal with it as it is necessary. This reduces stress and allows us to relax better. I think this is the point you think for yourself

by the feeling oh you create. So think again when reading things such as this, as this ends when you think this does or you believe something else. Concept is like this is not our life we're in our own way. Really we are just using responsibility to create better points.

This is what you think then consider with creative area energy, this is some peace by minding your own ideal or your having edginess for a lack by time. I think so you see we create our own god or goddess by believing the god or goddess we name is there. So why not a goddess or god with brownie points or things, that are possible to create use with negative or positive ideal that we can dismiss with things that are done or not bother except maybe to freely ascend or transcend by feel. That is ascend is higher states, transcending is thinking to send energy to a body that is thought created by your ideal with the spirit agreeing. This is like "I am agreeing whether or not you agree or agree by disagreeing because I want to do so".

The earth in spiritualism can eat the demonic spirit, think of the earth as a mother and call upon her name of "mother". Then you create by the feel with one of earth's many variations represented by vibration state. This is where the planet can serve the same idea, think of the point that you create by feel and calm down. Think its not okay to hit others by what you feel. Then the earth or planet spirit will create no hit on you, this is as you get something in return of a moment or request to earth or the planet that your on at the moment.

The idea is this, that earth has a grudge and its because of the things we do to the planet. We can gain reprieve by undoing what we did to it. However because of this grudge, that could be a grudge set by another or not anything at all. Don't feel the need of the planet, you don't get the effect as you don't feel the effect of the grudge. So once again, think of the moment or idea to generate, think of the planet that does the idea as a manifest. This is where you think the name, think the request and get a point or request and this is sometimes all by spiritualism.

This is where you can think of the idea to manifest and your idea comes to seem found by feel, sometimes the need is derived by a hit to the eye that sees the desire from the place. However there is this variation level of vibration, that is representing the planets that exist. So you can visit the livable planets outside this atmosphere. Think yourself there and your there by feel. This is how you can explore the universe by feel, this is with the point that you have.

Think of the idea to work with the point, then you can do nearly anything. Then as long as you have the point by point idea you want to do. Then your okay. The zen world is where

this is represented, this is with a point by point time. This is also where if you have the funds, then you can do nearly anything unless you don't need it. There is a way to create with the earth or the planet, think of your need and then think of the idea to fully manifest.

Then you create by the third eye generated by the pineal gland, that's activated by thinking blood flows to the organ. The soul of the body, if there is one, creates the psychic organ's consciousness. The planet I am on is with rocks, soil, trees and shrubbery and a little water. So I think I can create with the area and generate with the water there. This creates life that exists by feel. So when we actually get there, if we ever get there, then we may find life exists.

This is done by the time we find things out by spiritualism, this is where the earth or planet is our mother and we are the deities that serve her or him. So think what you like and we can exist anything, this is by the will of the vibration consciousness with the planet were on. If you think were on another planet, then we can create where we are by feel. The will of the planet does the trick. This is the trick of the third eye using spiritualism, if you can use the trick then you can create with what you have.

Due note: If you leave the earth's atmosphere you leave the planet's sphere of influence, so you're basically on your own. This in spiritual terms means that you can get what you want if you think individually, so think you can do things and even if hard thinking it's easy makes things easy to do. This is her in idea, the point you think things and this is the point you get results. This is where you think the result, this is set as an end result created by the third eye and the end result is possible. Now you know Loki's power, the use of the third eye that creates nearly anything that you can find by feel. So if you think peace then you get peace, that's the way of the universe.

This is also in how you can use the universe, think of your point and you create with the idea. Using spiritualism, this is universal magic. This is where the universe what allows magic and things generate by idea or manifest. These are things that are there if you think them there. So if you call upon the universe to do things, then by thinking about the idea you can get allowed for the thing by feel. This is the universe's rule of spiritualism: Think and if you're aware by what you do with things, then you can do what you want. If you don't need things then you know the end of the point.

This is the rule of the point: Something you design for is that what allows you to do things with idea, what you must do is what you do. This is what the universe uses to create with and all you need to do is find the idea that you manifest. The

moment is the point you think in idea that is there until you don't need it. This is all in spiritualism, though the point is the thing the idea is what you do. This is the general rule of idea, this is using spiritualism and applicable sciences. So think if the end is reached of the idea, then that's the end of the point. If you don't have a blow to your eye or body, then your lucky.

Introduction:

The fatherhood or motherhood of some god.

The brotherhood of man.

The communication with spirits and the administering of angels.

The continuous existence with the human soul.

Personal respect by brief responsibility.

Compensation and uses hereafter for all the deeds done on or off earth.

Eternal progress open to every human soul.

The following are brief general interpretations with each principle.

The fatherhood or motherhood with some god.

The core belief of the religious philosophy of Spiritualism is the acceptance with a divine energy. This force is motherly or fatherly according to what you wish to do, whatever name given to it has created all there is and sustains all its creation. The 'spirit by the god' exists within and around everything. It is use or not within as we think things are by use: we are all children by the creator so are part with one family. We acknowledge the god as our father the goddess as our mother. represented by the father being the sky the mother being things or the stars within the sky. This is what we see to what we do for what or when you think.

The brotherhood with man.

We are all part of the universal creative force and therefore one family. The operation with true brotherhood throughout the word would create betterment to the lives of many, bringing equality by equal thought, security and peace by activity. Spiritualists try to understand the needs of others and help all people regardless of race, colour or creed is what or where you think.

The communication with spirits and the administration with angels effects.

Communion with divine energy is a natural and essential part of existence. Communication between Spirit itself and its creations is an inbuilt ability. Spiritualists use this ability for communication directly, or via a medium, between those in the spirit world and ourselves. This is not supernatural; it is a normal activity. The main purpose of communication with the spirit world is to provide the evidence which supports our philosophy. The Ministry of Angels brings enhanced wisdom to enlighten the individual, society and the world in which we live. This includes those who are dedicated to the welfare and service of mankind

bringing inspiration guidance and healing.

The continuous existence with somethings the human soul create.

Spirit is part of the "creative force" thus indestructible. Energy cannot be destroyed; it can only change its form. After death the physical body is left behind whilst the soul continues to exist in a different dimension that we call the spirit world or gets reborn to another planet. The individual personality continues unchanged by the event we call `death' that is a demon.

Personal Responsibility.

Thus with wisdom, the god or goddess has given us enormous potential by somethings to do as items to work with exist; we can use that potential to improve our own lives and the lives of others. We have the ability to make decisions throughout our lives as we see fit. What each of us makes of our life is our Personal Responsibility no one can replace or override that right. No other person or influence can put right our wrong doings.

Compensation and uses hereafter for all the deeds done on or off earth.

This Principle expresses the natural law of `cause and effect', this is where we judge by what we do by feel. This law operates now, using earth or other elements, as well as things the spirit world working for us. As we move through life making choices, the outcome of those choices affects our soul growth. When we leave this earthly life there will be no divine judgement. We will have the opportunity to reassess, take stock and decide what might have been done differently.

Eternal progress open to every human soul.

Eternity does not begin at death; Progress is open to all now or later. Any action is good for a purpose until no need, seen or intent by feeling to change is thought to promote soul growth and progression. This creates a positive or negative reaction according to what we do. There will always be the opportunity to develop and move forward, no one is ever deprived by embracing love with feel to do or not of things to do things, this with what we like so we allow things that we think should occur or not.

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Magic faith

This is where magic is life and life is the action you do. It is different from the magic religion, as we don't worship anything we create as we go. Then we try to do what's needed. This is where we breathe life and magic in. Magic is everything. You show faith by doing and showing the action. This faith is dedicated to a way of life. In this faith, you create by however you want, with magic and mana. This is creating with effects and creation. Your actions create the desired result. By doing so, you can create the effort to work with creation. This is a Zulu belief. This is what I remember from the previous universe, that is using the mother or father as a model god/dess.

So with polytheism or pantheism, you can create by this effort by thought you work any result. By use so thoughts with kung-fu (doing repeated exercises and other activities) and doing activity you make results with that raise a kid or use with life is energy. It is then associated with life by now, which is ki raised by kung-fu. You may optionally can create things by causing them to come from alternatives or nothing. You create by creationism with intention for the effect from nirvana. Nirvana is nothingness that derives on feel, that is also an unlimited source by meditation or think to calm the mind. Then use alpha as you sit up then count to 5 backwards with the statement I will awaken from alpha with the count of 5. This allows you to create better or focus with intention to work better things or effect a healing.

You can revert things, think this and reverse or seem in yourself, as to become to a previous state in mind or body. Mind is body, and when energy is applied in large enough force, then by surging it you can make your body better. You may improve your mentality and put you on the mend. How to surge, this is to focus your mind on a thought by stating it as a mantra. Then feel your gathered energy form and condense outside your body, in the aura. Then when you gathered enough, you burst it forth from within. This is using your energy within yourself, think to cause the energy in your aura to burst forth and go through the body.

If you respect the creation you make, which what you think then you get good results. If you treat things poorly, then you get negative response and bad results. You get the effect you intend. You get the effective response, of what you do to others, and if you accept it and laugh at the result, then you get things from it. Otherwise, you get back what you give. You accept responsibility for what you do and react accordingly. There is no morals, except for what you think are morals.

When you die, you don't get anything of bad energy on you. Then, you gain the knowledge of what will happen and know what the spirit does. You can go where you want when you want

to. You are able to rejoin the body, and raise it from the dead. Mainly animate it, and keep it alive by drawing in life energy or essence energy left in and of things. Otherwise as you feel, you may be in energy body form and go shift places and other worlds. This is the magic religion on another planet called dharma.

This is then faith that has no conscious cross or religious symbol as its a way of life where its now like polytheism where were the gods equal to each other. There is a way to do things and losing your point is useful as thought if this is gaining the shape you want back then you gained it or lost it and I gave you your choice. Thus you don't have to have one. Thus by the gain or loss, if you have personal energy then you can get nearly any effect. If allowed by other repose or response, unless you don't care and just do it. You get the respect you earn, as there is more to this than meets the eye. Done is done, if you earn the respect by doing things for people or then you get better respect by understanding. This is what is in you as a point of view. In respect to others, you can defend against their actions by reactions. They only do things actively, if they think they get something out of it they can understand things easier.

The subconscious is mind that makes what you want a spell. Think this is where you make the effects become existant and if not needed as if you think to need the point and thought what you think can make what you want and yet if not necessary it won't exist. Help can come in spirit form, as if you were a point or idea the thought is energy and summoning as any activity comes easy. This can be guided by the conscious control, as the consciousness is only what you sense things by with thought and mind things as they are. As you know it or do what you want, this allows as things are up to you. Where you get results when you aren't known to produce anything, that means you aren't for the idea of them, this is where you are known and the other subconscious respect is allowing the action. The subconscious can allow it or not not make it happen. When you go and do things against others point of view, and do them in accord of others. Then you can get allowance and make things possible.

You accept your accord and do things in others respect. Otherwise, you get nowhere unless fate decides in your favor with what you try to do. You get nowhere out of respect of law, unless there is a law that allows for what you do. Out of discomfort, you can easily get rejected. Out of comfort, you can get acceptance. A comfort is allowance of others, to make them seem to get their way as you get your way. Making ways by arrangements, with the person's subconscious or spirit is sometimes necessary to get better aid in results. Making results is then requesting from the subconscious or spirit.

Ask the subconscious to get a result or ask it why things are. Tell it to do so by instructing it to do the effect. State your question or think it to the subconscious. Make the subconscious do things by using will or thinking the thought, then focus so things resonate with the effect by activity. That's an ideal stated or thought of use, by fee that's faery you could get better results with your need and intent. Otherwise tell the subconscious to give the answer by making it obvious or having its voice heard.

Tell the subconscious by stating things so you are aware. If you or the person is channeling the subconscious, then you get to speak your idea and it's heard. Ask your subconscious to do the effect and then you get the effect. The subconscious is in control, respect and use can emulate by mimicking the idea you need. Ask the subconscious to fight for you and it will. That is your will on magic that makes itself by subconscious control or thought to happen is thought to happen.

Karma in this faith of magic, seismic where the ki actions you do tend to build up a positive point. This is where you have faith in yourself or negative reaction energy from others that gets low self esteem. This energy that's positive, gets positive feedback and reactions according to what you do. The negative energy is where you get negative feedback or creative reactions.

It is in safe sanctity, that you get reason to cleanse yourself by conversion spell or grounding yourself of those bad energies. Taking a bath or shower is a form of grounding yourself. You get to pay the person back, using the next life you have or when you want to. Karma is use and disuse is bringing distrust of yourself.

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Earth religion

This is a very early earth religion before people got more advanced to know more than they did. This is where the sun is the father and the earth is the mother. The sun is the Sun God and the earth is the Earth Goddess. Every living thing was worshipped. Every concept event was chronolized in use. It was recorded on walls as paintings. Magic was the moment that occurred to people. Faith was in their Gods and Goddesses to get results and in devising of nearly anything that came to their minds. This religion allowed anything that proved good.

Good was a positive built-up result. Bad was something negative that proved to hinder and stop their ability to make effects. Somethings were good and bad, and this was thought from idea of what was observed mentally. Physically, they could achieve nearly anything they set themselves or psyched themselves up to believe. They literally had a skill greater than normal and they could make anything materialize that was energy based. People today call their magic psi and their materialization ability magic.

The spirit of the faith is this. The spirit that goes through everyone and everything, this spirit creates by feel and works willingly with the idea you have. The spirit is the earth mother consciousness. So think to the planet and you get a result. Sometimes this spirit is a "holy" spirit that is not so holy. So think about the point you get and you know his or her response. Sometimes if you did something against the planet, you might hear him or her speak to you. He or she sounds like a screaming boom of a voice, too. This is what you get with the effect that you think to do and she or he thinks it is bad for her or him.

What the point was is that some followers did things to appease her or him, when a person died and was considered dead. If they were considered from the earth, then they were placed in the ground. Otherwise if they were considered from the sky, then they were placed in the trees and were thought to seem in the sky again. The main reason for this religion, if this was one is to work with the planet as though a living entity. Those from the sky were thought as though aliens.

They are actually us in this religion, so the practitioners of this faith treat us with care but not always. This uses a point not thought, the point of spiritualism and soul travel. They who practice this religion can do that easily. This is using the energy consciousness to create what you want, then you can do what you want by the energy making what you need to happen easily.

This karma is your actions revisited, this is what decides where you can go sometimes. This makes getting rid of karma by deciding how you want to do the idea, so karma or what goes around comes around, goes more easier if you think you give all your karma and magic does what you want. I read somewhere that, if you don't get rid of your karma you get shifted by the planet consciousness to a karmaless planet.

So I think this religion fits in perfectly with what I have to work with by feel. So I will do what I can with a relaxed mindset and think of what I need, that is done as I state what I think to create what I feel is important. This is the way they the earth practitioner could practice. That is working with the planet and

getting results by imagining the end result, this is done as I state the result that I want when I need some idea to happen.

I think if you think to give all your karma by pushing your leg, so then proceed to push the leg the karma will be gone. Think this will work out in the long run, the end will surprise you as you think this and gain what you you desire. Now onto the karmaless planet. Then there is gaining more back that you can decide to get rid of immediately by feel or intuition with your soul guiding the spirit. The planet consciousness will serve your purposes.

So if you thought to link by rooting yourself to the planet and its consciousness by thinking your connected to the planet conscious, think what you want and you can get what you want and even then any changes to the surface or the area with such as pulverism to stone or mortar will show in some manner. This will literally cause you to feel the blow that the planet felt. That is unless you don't want to do so by fee or feel.

So think to uproot by thinking your no longer connected, this is so you can "filter" your connection before things occur or construction happens. This thought tells the energy consciousness well you need to filter out something, now all you need to do is think of what you desire as you decide what you want. When you use the energy consciousness this way you can manifest physically if nearly anything is possible.

If you don't you can easily detect what digging they do and when they do things. This is where you can sense their vibes, think of them you want to know about and the energy is with consciousness that will share a vision of what is done. This is like a record of what is done, that you can view by psychic nature. That is unless your not psychic. Then oh well, you can think what you want. This is done by thinking your not hit or effected by the planet or people, that you don't want to be effected with their energy by feel. Then the planet consciousness dilutes the connected point, that is through the filtering of the connection by your thoughts and feeling, the point happens that the energy consciousness does what you need.

That is done if you need the energy to do what you think and you do what you want. If you don't need to feel things then you won't. This is where the point is the energy that is with consciousness or spirit, as that goes through everything, if that does things and that is so. If you think you need something the energy will do things if the idea is possible. If not possible then you will know the idea of what you wanted, this is done by the spirit revealing what you realized to your conscious mind. Then you can show what you should and explain what you can, that's if you want to do something with the idea. So if you feel the

construction, then you have the option to not feel it.

This is where you save yourself the problem in construction, that is causing you to feel what happens. That is you feel through vibration what occurs to the planet nearby as though a face or body blow sometimes to your eye. This is if you kept the conscious link, you know that something is done by the grit that you feel or the body blow that is a phantom blow. If the area hit spiritually is the eye area, then you can clear away from the eye rim the grit of the earth. This is a sure way to know what is happening, if you wanted to know what is occurring. There's more to this than that, but that is what I will put for now except for earth's bounty.

The earth's bounty is what you can get or give by feel from the planet using The god for goods or The goddess for living, this is their focus to do where you can think of what you need and you can get the idea. That is shared or given by feel. This is a reward to them that is represented by a cornucopia (abundance horn) or some placement of bountiless things and wealth. This was the meaning of the faery cornacopia, that I saw on a wall as a picture of a horn filled with goods and fruit meant as endless bounty.

See this is for those seeking an award from the point, that they follow the earth religion. The idea is rather old and if your not careful, think so you could not land in jail from this point. Otherwise the earth's bounty was farming, so think as you like and want as you can get what you can from the land. This is done as if the idea was there by feel or here of idea.

Then there is the Goddess that is the feminine representation of the energy consciousness. This is the goddess of the earth or planet, this is when the Goddess is also known as the triple goddess of the planet. The Triple Goddess is the stages of a woman's life:

Goddess - strong representation of the feminine energy

The Goddess is at the heart off all nature religions. Her feminine energies are equal to the God, who is also known at times as her consort. For women this is wonderful, as we can see strong representations of what it means to be a woman. For men it is amazing, as they can have more feminine energies to enjoy and connect with too.

The Goddess is known as 'The Triple Goddess' as she has three aspects- Maiden, Mother and Crone. These represent stages of a woman's life, her monthly cycles, and also the phases of The Moon.

The waxing or growing Moon represents the Maiden: adventuring, hunting and free. The full Moon represents the Mother Goddess: full of powerful creativity energy and new life. And the waning Moon represents the Crone, where the wisdom is drawing inwards and incredibly powerful. The Crone is also depicted as a traditional 'witch' and her power has even been feared throughout the ages.

There are Goddesses who traditionally represent each of these phases and energies. You can find out about them and call on them for inspiration, power, magic and protection.

Bright blessings,
AnnaSimone

Then there is the star god also known as The God or representing the Sun God, he is the man representation of the energy consciousness that also worked with The earth goddess. He is known as the old one for short. Here is more information on him:

The idea is this, the God is the being that summoned the goddess. This means he helped create the triple goddess. This process took many years by many followers, but she was a masterpiece when she existed. So the god is able to adapt many things, known as the star god for forging the cup of life from a meteor. He used star metal weapons and was able to defeat aliens on the planet by what he did. By the time of 1300 BCE he had many avatars. The god is the one that slew an one eyed giant and claimed the name Odin. He could do what he needed, even today. His ability as I recall the idea is long range geneticism, this was where he is a long range planner nowadays.

So he can create miracles, he works around things, he is using the system that he helped shape. If he is so sure of the future, then he is sure to step up and assure us that things will be alright. This is what he has done on a number of occasions. The god is a being that creates by several names, through the centuries he has been known as Immortis, Immora, Odin, Old one and several people or others. I think he left me his weapon for a short time, that found him in the end. So I am assured that he is as thought. A god or divine being that has had many forms. I know of two forms that he has had, an immortal six fingered six toed form and the 5 fingered form we know today. Except that things are what they were, the tail of the human is starting to come back and some people have 6 fingers again.

He has seen 3 races of people on this planet, that take place after the dinosaurs: the 1st race was humanlike and I named

them ogre magi, they could do what was needed if necessary. They used the aura energy and this was where they created by thinking about things, that was where they create by feel. Doing things was sometimes necessary, this was done in order to get results if none were there.

The second race: Atleantians or energy humans that could create using the mantle pocket of the planet and they are interesting to look at by idea that you perceive.

The third race: He helped with humanity, this is where he helped make and shape humanity as other stellar races helped as well. So where they are in the end is they are blended in to the race. There are two or more forms of humans so there isn't just one. Some say science is the heart of man, they who observe can see.

Good tidings,
SH

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Aborigines faith

This religion requires faith that makes magic. To the aborigines, which are apelike people. Their is only one rule to them, magic is life. Where magic is life, there is possible effects. This is in areas where there is enough energy. They are considered sacred. You can get some results that you want anywhere else. If you gain enough energy from where you get it, you raise in vibration. Then, the higher the vibration, the less effect demons and lower beings have on you. Only on certain planet areas, you have ability higher than a god.

When you decide on what you want, you get that result from the magic in the air thats from whatever nearby. This is also possible to make efforts with and get results, by making activity with your actions. Then, you generate more life energy. What you create is of life itself and magic builds. To create with magic, you do things and use focus with intent. This allows the moment of life existance. This is where the intent magic comes from. This is where creation comes from.

There are many stories of life events that can be interpreted as lessons. This is where you can get understanding of what they

do. There is the jackal and the grasshopper. The grasshopper is the wise one, the jackal is the trickster. There is other animals as well, like the cheetah that's denoted for the speed and the bear is for its strength. This is where the traits of the animals are shown. This is the basis of their stories. They use the stories as a point to get idea and understanding through to people.

They aren't quite moral stories. The Stories of <http://www.astronomy.pomona.edu/archeo/aborigines/stories.htm> is a collection of them. One moral of the stories, is to be patient, as with the story of the cricket and the mantis. Another is to not be brute, but win with peace tactics. Another is to not be bad in others eyes and you get some type of result.

Their rituals, are the usage of vibration. Their need is understood and given life by the vibrations. Their need is obvious, as its work with sounds and pure thought. This thought is projected and it adds to the magic and helps creation. Their is an energy of force in creation. This force makes an effective idea, expressed in movement. This adds even more magic, to make the magic of life exist as though evolved with a conscious.

This is a ritual. "You awoke, your aware." Stated near a fire. This is where life is activity, the magic exists. Where awareness is great amongst those whom are not so aware, it exists on its own. Evolution happens, where you get enough focused energy, and it creates the evolution to be sped up. This is rare except to those whom are powered in the magic.

When the magic becomes conscious, it helps when directed. Sometimes, the force of life makes itself known by being a force in creation with things and people expressing themselves. This is the force that extends life and creates corporeal or conscious guided magic. Merely by enough of this force, we can get better results and unaging. The more magic, the more awakened you are, and the more energy you have that's stored. This energy creates better sensing in an awareness that's your own. The conscious can be called a god entity of the energy. This is expressed with the subconscious actively making the god respond. If your a being, then its a awareness set off by the presence or thought.

There is a force of corporeal exuding or examination and exaltation to get some realization. When you realize, then things become clearer. This is where the effect gets interesting. There is an effect of thought. Where you get results and decide, to get the effort you need and things to happen. There is a point where physical activity is unnecessary. Then, the energy is intelligent and speaks to a person.

The energy does what is necessary. And, all you have to do is

focus your mind on the needed activity. You can even create influence on events. This is going to the end point of being a Godlike influence. This only happens when the magic of life is enough. Then, you stored enough personal energy by activity and exercise. This is used in creating and directing events and you can get any result with the people nearby.

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The religion of action

Religion is enlightenment made by awareness caused by the magic action or by the actions you do. This is made by a goal in mind made by a goal and in mind thought. This is by thought, feeling and the faith that we have. This is by cause and in what will be. This is from the moments that happen. We classify this as the action of self-thought made real. This is where we go and achieve things with actions. The action creates the moment and enlightenment comes from results. Basically, it builds personal energy and the more energy you have, the higher you get in vibrations.

The higher in vibrations, the more you get from things and actions. This means the more understanding you have. The less effected you are from demons and the other things you get effecting you. This religion isn't actually to be believed, but to do and then accept yourself. As you think or feel, good is skillful actions and bad is unskilled activity. This uses intuition to get good results when added to what you know.

This can be from a religion. When you want respect for yourself an your doings by explanation. Do it without ego an in no regard of personal thoughts. When your doing things, don't get religious and try to be yourself. If your in a frenzy, don't do it. This allows you to not be too grateful, or your emotions could go too far and resentment happens. The higher in vibrations, the more you get from things and actions.

Think of the right point or action and you get the right result if you have contact with the right person, where you are thinking to get the end result as you imagine the result and sometimes state the idea as a need. This is when you are alright then you are okay with things and this is where you think of things that aren't wrong and you are in the area alright. So if things are alright, then things are correct on the terms that are there.

If things are all wrong, then things you do or what is done is not correct by feel. So then if you are right you are correct, any one wrong action could ruin you if there is no forgiveness. So think, if you are willing to forgive yourself, then you can get things done and people can forgive you as well. This is a point from a friend. Make peace not war. The more focus in effort, the better the result with what you want. The more consideration used and done in care, the more you can get of things. This is a point in consideration.

Remember, patience rules better if nothing else seems right. Negotiation is a necessity, think about this and try to make peace by intention. This is intuition effect, at the moment it feels right. This makes the best of times. So take advantage of the situation, when you can. This is the unlooked at 4th type of religion. That really isn't a religion, its a point of action where your the point and their the action. Think about this idea, you might get what I mean.

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Dark daoism

Dark daoism is in an ideal the practice of dark acts with intent for self sufficiency. This leads one to believe in dark law. Which is the act of making a law by stating and actions, that is for personal use. This law is using magic to get it subliminally followed and worked with as though it were the targets own. To the dark daoist, magic is life itself as its in anything. This is what the subliminal messages are all about. This is magic that is law magic and it works to enforce a change in people, without them realizing why.

The dark daoism, is actually not prohibited, since this works towards aiding control. But, it can get bad suggestions used as though a law thats self made. Since their god is the creator himself, things can make their presence known by showing consciousness. Their creator can make anything happen for love of doing and love of relationship. Will is the dark daoist's master. They will follow a will or stated effect, so as long as this serves them in their purpose. A dark daoist will seek for and know ways of longetivity that will elongate their lifetime.

Dark daoism is very useful if you serve your own intent and use it from a positive viewpoint. This intent is a positive one, the actions can be hidden, dark or neutral in nature. I have yet to see things actually used positively, though. Thus, people tend to avoid it as this can be a cancer in a womb. The cancer is cured by dark tendency and means. This can lead into disaster. So use this with care and personal use. Try not to speak of the dark actions, speak of the positive things you achieved with things done. Have a good relevant reason to get this accepted on a point when you use things. As the reason could be to help, expect reactions.

However, the energy dark daoists use is the dark matter itself. This tends to drive people apart and force things to be pushed into action. Dark matter can be harnessed by believing nothingness will do the action or support them and doing action. Nothingness is nirvana to a dark daoist. Dark matter is easily used by the subconscious. So by belief that objects hold an energy matrix, then you get more energy from the object that you think is tapped or used as an energy source. This adds to the dark matter materialization. That tends to materialize with little effort or there's no materialization. So stating what you thought about, this will make the subconscious create things as thought will cause what you will. A chant or mantra to raise the consciousness for a dark taoist is 'ahm' and 'ohm'. Pronounced [Ah-m] and [oh-m], respectively. Another mantra for materialization is 'uhm', pronounced 'umm'. For generating energy, chant 'ehm' from the pronunciation [ehh-m].

With dark matter, the dark daoist will possibly make a dark or light being form. This is where they raise their consciousness and meditate with a thought to 'form a dark being of themselves' or 'form a light being of themselves'. A technique for meditation, is void meditation. Usually, this entails thinking what you want to happen or nothing and doing actions. Doing this as they dismiss their thoughts of anything else, by telling their mind that the thoughts they don't want is unimportant. That makes almost anything possible, except for that which they do not want. Then they explore the existences of many areas and places that are dimensional. The higher dimensions are explored with a light body and the lower dimensions are explored with a dark body.

They can make the dark body or light body appear by telling the subconscious to manifest it. Basically in an ideal, state out loud or think "Make my [dark or light] form appear where I want." When they do, they allow for anything as they follow this thought, "The way to live life is to accept what you get and allow for things. If necessary, they cancel things they don't like out." They tend to laugh off the problem and relieve stress by doing so. What they don't like is things that irritate them. When they

give justice out, they let the other person make their own fate. They allow for things and they get people to do things. This makes them gain what they deserve. They sometimes deny their enemy what they want. They try to prevent criminal behavior as they hate crime. In practice, just meditate and do what you want. This is with dark daoism in mind. I don't suggest doing the dark actions for this if overdone, that could be greed and otherwise could make bad end results. So seem aware and acknowledge what you do, then at least to yourself you act your best.

Chaos can rule this body. As this is a mask of a person that wants to show something else, so some see that chaos can rule this mask. A mask is something that is an act that makes them appear different. Chaos can make one insane by too much risk and activity. Chaos can be the true will of mankind. Separated by some realization and allowed to be dismissed, dismissing the persons own power or poder. Reconnecting to their source by chaos realization can make one get his full potential. Thus poder is realized and able to be mastered and brought under control.

Written by Clarence

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Light daoism

Light daoism is a point you decide to do things positive, so with a point of thinking you can get anything done. Think of the posotive and you can detect anything that exists, this is the rule of the light daoism. What they do is what they do, however if you mean this to be a religion, then don't bother as this is just a faith in one self and thinking to do what you can. This where you can create what you wish, That is done by what you think and need as a want or desire in the end. So if you think you could do things, then you would unless the idea was illegal.

So this is how transfers work with light daoism, if you think to do something then that energy transfers. This energy becomes what you think, that is formed by feel or sensation and that is needed at the time. So think what you like and you may get what you wish, a wish is a spoken statement or effect that you need. The energy conscious does what is necessary. This energy

conscious is "I" or the creator consciousness. What you do with I is up to you, I am describing my circumstances.

The consciousness has a light sentience to the energy that exists things, this energy is the conscious energy. So if you don't mind I think I will describe what will occur with the energy. This energy passes through everything, the idea forms the basis of the spirit that goes through everything. This is a think a point to a dark dao or work a point to light dao. This describes my circumstance as the idea is possible to describe. Now to describe the things and reactions that they have.

Sometimes the light dao believes in luck, excepting the point they think greedily where then they get nothing so they can have the "you will win" or "I will win" statements as a will word effect. This will word is basically what you think, you think the word will do the necessary idea and this is through expression of a phrase or a word or two. So I think is a favorite idea that they share with others, sometimes this is shortened to "I think" and what they need or think follows after as a full statement. This is just an example and uses the energy consciousness, that is done as you need the idea to seem there. However they act is reflective of these statements, so they act with decency, sometimes trying to help out as a helping hand that is with what you need them.

There is two modes to them, illusionary and realism, this illusionary is where you think what you want to seem there. The aura energy generates the effect of a vision or sight, that you and others can detect by the third eye. Now realism is where they can be what or whom they are and they are what they show themselves as by feel. They being the idea of the point, the point being that you do what you want to get things done or they get things done. This is a point I remember well from the past life elemental that I was. He was very secure and very able to deal with things as a whole lot of idea. This was his main forte, this is also what a light dao does to be real and work or seem and show what others wanted to see.

The light dao trance is really a "tranc" brought upon you by animals, otherwise a focus point and breathing in and out all the while thinking of what you want or intend. Once in a trance they can do anything, so think that you are uninhibited and you know what your doing. Then you do. So to wake up from trance is easy, either a loud startling noise or stating "wake up" will wake you up from what I call alpha state. This is where you are self-hypnotized and are able to do what you suggest, unless you don't need to do the idea then the idea is done. So if you can create what you want, then that is okay. This is a point in the past, anyway, so think your in the present and you are aware and awake by what you do as though your refreshed.

The third eye is the spatial or time eye to them and what they would use, if they had a body in some dimensions. So they use the third eye effect or think you know and you or they do as they are aware, the spirit that goes through everything reveals what is to be known. Otherwise known as the psychic eye, that's ruled by an empowered with blood flow pinneal gland. This eye is generated anywhere they think to create the eye effect. That is when the brain is allowing them a psychic vision, this is directed by their lucid will and ability to control or bend a blended reality. When they think they will see a point by the third eye, then they will see a point or somewhere else that they were wanting to see. This psychic vision is what grants a dark dao dimension sight and light dao area perception. This psychic ability also allows them easier doings and dealings, that is with what is done or there. This is with what is there. So think and you know what is what, this is done by where you think to see the idea. That's how the third eye works with a light dao.

This is an effect of dimensions, that is by what you thought too. The light dao recognizes that the brain can deal with up to ten dimensions at once. One thing that they do, when they can get in trouble they think to separate from the dimension that will trouble them. Then they have option to go to one that is felt or sensed as "safe" by sensation. This uses the feeling things approach, that is where the electrolytical energy synapses work that you are aware of and the body has by feel, that is done unless you don't want to feel things out and then you dampen the synapses. Otherwise you use them to sense things out and work with problems or conditions that are existant by the sensation. When you can sense the condition and the condition is bad, then the point is time to fix the condition unless unnecessary.

If you don't then you are somewhat at a loss and could get confused. So think and the confusion fades away, then he or she can do what is required on any level or dimension point, that isn't too overwhelming. This is where if you go one more, you can experience unstableness and thinking that is strange or interesting if observed. So if you think of the idea, you can get what you think. Especially if you went through the ordeal. This is a light dao in a point that I saw him.

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[**Creative religion**](#)

Shera and modified by SH

The application of the religions of today is simply the point they use the symbolism, where creative use is thought as if application an use is the this in action as well as the thought is the point to the ideal to use symbolism to the case in point. A point to an idea isn't in thought but is an ideal to live for and yet the concept is a creative ideal to use in life to relieve stress and create an idea to create a good point to live for.

A point to live is a point to use in the developement in the life I remember living and things are very interesting an creative as you will the creative ideal is well being by the creator. As your energy is wellness and thought is an idea to do your dues in life are nothing, as if paid and thought in life is thought in motion. There and back is thinking as you don't have to portray anything in religion, as an idea this is what you think in life not what you do by others opinions. As a that concept in religion of action, that is what you do is what you think, think and that is some idea that allows for what you need and create is with the thought you use to get a positive ideal.

I've today started using "UE" as a simple sigil for maintaining control and connection with my life on a daily basis. This can be understood as "Use Everything," which is good for keeping up an attitude of eclectic and constant positive activity.

However in the live you live, you can obviously use whatever simple reminder. That reminds you of your inner psychic complex of canceling/reversing negative states and conducting positive states.

The power of active religion/spirituality is that it keeps the person constantly in a frame of reference related to their faith and the associated supports and pressures of the ideology. A Christian who tends to keep mindful of Christ and the Bible and the Christian way will tend to be more Christianly throughout the day, just remember that christ means madness so pray for yourself and people and things, think about Bible verses and principles and how they apply to themselves and life, perhaps even have a spiritual view of the world where they're actively alert of 'demonic forces' (which may just be the forces or spirits of people or any number of things) and try to use their spiritual sight for spiritual purposes (magic!) And above all, the Christian will feel like they have the Spirit of God working on them.

They might have a cross around their neck as a reminder of their faith, a Bible in their car they sometimes read casually or

study intensely or run to for comfort. They might go to church regularly or occasionally, and they will have friends and support in the church. Well as you can see things, I know mages tend to be completely scornful of religion, often for very fair reasons, but it's an error to ignore that a lot of aspects of religions have tons of immense positive effects on human beings, at least potentially.

Organization, activity, community and sense of support, instilling 'morals' and giving a stability of values and spiritual authority to people that care. Seen as a point in perspective. This can go on by feel to the vanishing point. Where things may be very negative or positive, depending on how they are applied, but they ARE often extremely effective elements, and they are something we should take lesson from. In other words you are what you consider. So as you think, you can think to consider. You kill if allowed to kill by yourself, otherwise others can say or sometimes know now what you do.

WEAR your magic like it's your religion, seen in however that might be. Keep your magic around your neck, in your pocket, around your wrist, in the birds you see in the trees, in the wind, in the way you speak to and view other people by the point. This is the point you make. Your ability is what you consider to create with faith. You can make as much of a lore or fanciness about it as you want and call it your personal religion, or you can just call it your set of healthy psychological practices, or a mix of both, or anything! The point isn't to do anything for ritual's sake, but to engage in the types of rituals that are most effective for you as a person or use is for animal care.

An article on using religion/spirituality ideas, for magic/life practice will follow as dream magic. Simplified/applied daily control/empowerment - using religion/spiritual-style techniques. There is the thought that is energy and use is free, yet this isn't a freedom as it is a concept to do. As your able to get an in motion to success, your thought phat physical attributes. That is your activity and your thought is a motion, there to create and make in a conclusion is nothing as ability is the thought if you unlike what you see or do. True effort is thought to do things is this by idea, think to use and create what you think and this is the will by desire or thought by fire. This is energy by the thought to do what you will, seen as energy is in the thought your will is energy to create by others "or not" is the release to this if you get an energy effect. That is think what you want and feel by friendship, the idea or create with what you thought to use and this is magic as as in thought an effect is the result.

Thought by will

This is the thought if thought by will and you create by approach, such as in effect when that is in the point as real thought to use in an idea. There is energy in the will by energy in the ideal, thought to create will to do your stuff. Thought to do is thought to create with, as if in thought is your need your thought is the concept by concept and in no concept to do. So if your energy is in the thought to do, your energy viewably as a going away focus is a point to the use in the area. So as your energy is your energy and this being used goes back to the source, there is their way as a will and your way as a direction. Then if a focus point wanted was the energy and that is foci by use of the magic or mana, that is movement by the use in thought or not and yet not final use until necessary. So your energy is an idea in difference or made by an energy is thought, think about things as you think and this is done in thought to create with is the better way of what life that is your energy. So as you use focus in crystalline stones by a concept or in thought, think or otherwise is thinking an amulet or this creates water use that you have is what you get unless not needed.

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Dream magic

The idea by dream to reality is an idea not always done and the idea in thought to create, as you think to create the scene can shift and to think to claim thought or as you need to see with subconscious and lucid dreaming is with a thought to remember as what dream you think. Think and if you want this can form in the real thing as thought an empty dream or were something, think to ignore or not need and your body adjusts to do and work to works out as the creator knows is good in life. Think as you are awaiting the end point and create the area or thing as your will is energy to create with realistic touch or unrealism if necessary in games or other places and you dream of magic. So just focus and feel the fuse use to use electricity, curing, the need for misdeeds is focus and think to get better

and a positive or good result in life. As if done by dream body generated by thought in focus by the energy.

What you will well is occurrence by thought, eject is this as a thought this is an act by what you do instinctively. As if a movement and some almost idea is movement, from feel with a switch and chi focus to create what you want. There is a point to kill the bugs as this is Boric acid amplified by the use or energy if nothing seems against it or not in life. If you think the piss in a toilet released to rid yourself of bad energy considered with the thought negative matter is if you had a brain energy not seen and nothing unliked in life. Then act as you want as in thought is in play by what you feel, if your will is energy you can find yourself places to be.

Summoning in dreams by magic is to call something with essence, thought not to come is thought to you that already exists somewhere in the world as if awareness. Things you do sometimes helps to have an energy connection to the object, like something you've lost or was stolen from you. Materializing is to create something out of nothing, as noting is the energy of the creator. That can't be done as your concept doesn't happen and the rules to reality allow what you want.

This isn't as unbound traffic and as no medical condition the spirit is able to be, unless necessary as thought is where things you do and form or create that your will energy wants. Thought to relation and be interrelated related, reminds me of positive idea as I am expressing it and this can or cannot actually happen. If negative the area reality could seem, this is not always to be beating you to death by the idea.

As to seem bound is to think you are and if you think your not bound your not bound, as this is not thought to be in a thought to be realized reality. The creator creates as you will or think as your state of awareness is there, your thought perception changes to the idea to seem the point and the point is a thought to use energy. So as that is used these idea are as items, they are what you think they are in life.

The laws of physics still apply to the magic as if thought were molecular energy in physics, these were quantum "physics" with a past life or by the concept. As thought if energy put to use is done to use thought, this in use that reflects in dream moments that are possible. This as modern physics or otherwise planet physics somewhere as quantum physics here. As this use is in dream and created in thought is a moment, fact that ends your dreamlife is thought as you don't need the dream or not to meet the dream as to end in use on a thought. This is where alteration is done if you aren't a dreamer, you can't actually use "tis" as an idea to dream magic and the point by mention you can use this

though. The idea is a way you want and thought is with different idea if your idea is creative.

Full manifestation is putting a thought out into the world by concept, making something happen or not is thought as not necessary in life unless necessary. This is mostly manipulation of situations and can even be used in extreme cases to project thoughts into a person's head. But that person still has free will, think and this may reject the "suggestion" you offered them. True mind control is not possible, there is some idea of this and this is as nothing. That is done as your something and think the focus is concept by energy, temporary is thought to not seem effected as if tis so you think to not be effected and your not as "not effected". So due thought is a concept and nothing much, as timing is over with your use is not with any mental moments.

This is a concept mistake if not necessary, as you are what you seem to create and if over and done by thought releases you. Don't ever overdo, completed thought is energy enough. For an idea to concept is use by idea and your use is energy, think or not as this isn't always in the effort or no effect happens. As you don't have to do this, set by chaos is a moment to do and not be bored by and do. -Anonymous thought from an area seen by dream vision by "Eihm" James Earl Jones by law.

Now as you step over the live wire an in line is stepped over, your thought is "en ed" as thought exists for those that think to need things. Assume to assist and you will create by the created means, this is in the area and your not means by the thought this is nothing that creates or thought is done as you think stops and energy in life form. Think conscious thought and make or not create in the area. There is energy in the thought, create and your energy creates by concept. This is energy you return by thought what the idea is with forwarning by the thought. Think of the point and you have your way, the right time is the right way to do this.

Think or not, this is nothing in comparison, thought to what you think is concept as you heal by plant life. So use is life to heal by the soul energy, there and the idea is from the touch to the aura. As you discharge in life to the ground, the body is better than what it seems by what that recouperates from. This can if you work seem interesting, I observed somewhere as a person fell over a power cord. I think I was curious or not wanting to get nearby, so to get some interesting idea and things I saw the activity. This is a dream to do things, bending the element or air to form creates.

Think to dream that you can bend wrought fire refers to your ability, this is to control your anger as you control anger you can direct things by will. So focus to control anger as you think and

you stop to do something else, that forms as fire somewhere else that does as you think. So as thinking an energy summons point is creative use, that is done by thought and this can be painting or thought with others in mind.

Think to dream that you can bend water represents your ability to control your emotions. You can hide your feelings well. So do as you want and focus to create. Then use is energy by focus in feel by the use, as use is the focus in the point by prescientific time or not do in thought as though thought is nothing. Prescientific method is the effort of projecting your mind, a few minutes into the future using the force, thought is there to allow for your body to react to what you see. When you attempt to accomplish this act of projection, so think about things to remember that one is invulnerable to attacks and can make no actual mistakes that are uncorrectable. This is a point in the area, think and you are free from mistakes.

Think to start in enough and go out the way you came, suggest to make yourself calm and stop by imagining yourself stopping or statement that returns you. Think or create by the creator, this in your own mindscape that relaxes you. Visualize yourself within your room, however you want the room. Think with an pickable door lock and try to consider what is here. Whence there, calm your mind and focus the force, to project yourself one to five minutes, that is done in advance of your own time. Now feel the tension of your body that is there, feel your mind slip to the projected point. Using the moment of tension release, thought to send you there as you feel the tension form into a ball or use in motion. The area is energy and that is pointed out, as a source or not as not there is done. There is gone and gone as the energy in the body, that creates the pointed view is the mind.

Thinking and you let it go out of your body, this is similar to a handprint floating on a current of feeling with the thought to exist. The force is your link to yourself, now watch what comes and the body reacts. Watch as if you guide yourself, through the force as if this isn't as that thought. Which is as a thought in energy to use in the moment, think by a way to not be where your possibly not in or a danger. So as energy is the point to getting concepts, point and click thought with good and bad examples can create a way to work or not do things.

To dream that you can bend air refers to your ability to control and watch what you say. You are careful in how you choose your words. As your aware you can create and think as in you feel the need or not. When you think an air effect an as you are with and use in life experience, the point is energy as awareness you can create to do psychically as a psychic sort of dream. This is where your energy is ability, then you can get more positive results if a

thought by positivity. "Assumed in thought is not assuming your role in life, unless thought necessary as life is nothing and just a game." J Moisant

Think to dream that you can bend the earth signifies your ability to control your actions and react at a precise or optimal moment. Think in the earth area a point of a wire that is energy going through the area and planet energy, this is a now thought much unlike a meditative influence to create and win the point or make to use. Not much focus, not much use, not much activity. So as nothing this creates by feel or conclude is a negative dream in the point, that your aware and not feel by thought is reaction or your body controls the reaction or otherwise nothing is done. So with thought to the creative focus or no abuse temporally, your use is noted down.

For more information you could see everything as symbolic set by the subconscious as you think to create the point or use is in the dream scape, thought is by these websites to do this dream by feel for translation by transitioning the feel with memory and the done idea. As uses are many you can create as you wish, if the point is there "or not" cures the body by the feeling you can percieve. So <http://www.dreammoods.com/> and <http://www.dreamtation.com/default.htm> is thought with no dream body. The way to make a dream body is think as you want to do something, think and the dream body forms from the idea that particles are excess from the fat. Thought or nothing is the feel to move on your own, thought create or not as nothing necessary nothing willed in thought. Think as the dream body senses, thought and theory you can do and cease in thought if necessary to get a point reaction.

Sounds like how Chaotes and many mages use symbolism, to invoke the power of deeper parts of ourselves. Just because something is completely fake and untrue, doesn't mean that its concept or theoretical form isn't completely useful. Through trying to regain life and health and magic, you regain moment-to-moment spiritual awareness. A life of pleasure makes even the strongest mind frivolous, at last as you see and think to do from a life of fun and serious attitude. There is a deepest respect from you by the idea, you represent if you think to create and magic is from a science based idea by life.

There is no life if nothing is there to use, as support and yet life is as this seems. If we can rebuild our lives in a more balanced state, with emotional and social support, daily goals and good habits, attempting to repair mental and physical health with active techniques, depression will be impossible. Hopelessness and emptiness are impossible when you're filled with hope and activity and life. Avoid eating on a manic depression cycle that relieves itself, you don't need the the excess food eating by

need.

Connecting with old memories can start breaking you down, or this can be used as a springboard. A vital part of my FREOF technique is Remember, because without that context of remembering 'who you are' and 'where you came from', most humans are basically adrift at sea. Use 'self' for that is uses and then replace and do away with the unnecessary clutter. You can change yourself as much as you want, and be about as human or inhuman as you choose. This is really good, or seems like different techniques to shift your mindstate. Use a powerful quote you know to shift your headspace instantly. Or use a similar idea by having 'modes' to toggle that you can go into repeatedly. You adjust to the attitudes of this mode and it takes on its own personality and develops as it is used. Like a moment you fix the mind state and altered is the body to suit what you thought is necessary and if no thought to cooperate there is no control and no religion by feel.

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Material spiritualism

This uses particles in objects, this is the use by uses as energy is there. The soul and body is where you store the energy. This is done by tapping the object with a mental or physical spirit tap and raising the level in the spirit of energy. You just need enough objects. The design helps gather even more energy. The pyramids use a magnetic capstone, this can allow for a focal point of concentrated energy to manifest by actually uses you think or do. The part you think or act is if you act the meaning you can create magic.

Big objects hold more energy. Thus it allows one to materialize their spirit as physical, anywhere. However by your area, you don't want to kill the body. So don't tap into a human body as though it were an object. The more energy you take from the object the less it has. The less faith retains and the more likely of it to break. The object can literally deteriorate. There is a point when you don't need objects. That's when you stop accumulating things and feel satiated with something else.

Whatever you satiate yourself with, don't let the idea seem like food is the need. This because your feeding your inner demons with the food if you get the meaning. So if you feed yourself,

feel free to eat small things or small amounts and you will either keep off the weight or lose the weight. This in material spiritualism terms means that you are aware of what you eat and have some discipline.

If you have discipline, then you can create wonders without lack and losing the point of what you do. This is a point that you decide to keep or let go of, then your able to cope with what is done. If you can cope, then stress is down and your able to do what is necessary to get along with others. This allows you to do what you think should be done with no errors, still your able to have a relaxed frame of mind. This is material spiritualism to my mind. My spirit sees this as the objects are the thing. This uses people to get things. So be considerate of others and they are considerate of you.

This a point that you manipulate by thinking to change things or touching them and you usually get what you need. If this were the point of living though, I would be satiated with having things and working for others. This is the point of spiritual materialism and where the faith excels in what that does. This fosters material goods and uses the spirit to get what you want. So I would not be surprised, if there were some rather disastified people in life that follow the same or similar belief.

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Deistic moments of deism

There is a belief called Deism or deistic idea in theme. Those in Deism, believe there is a higher being that exists in his or her own universe, that created all things here with help of others. Whatever you think he or she will give, sometimes by the request, he or she will give time to you with what you want as you think its's with a need. The creator created us with the help of all things and other beings. He or she made us as a living memory. The point is a concept, and what you think or feel he or she will do is what occurs by feel.

What you think and feel he or she feels as the point is thought necessary or this is otherwise felt knowable by empathy. Think and feel the point to work with the idea. So this means what is where the deist is using a point of reference. See that is creating feeling by the subconscious mind or empathy. That allows the

creator to make what you need, this is where that point you need is desired and the subconscious uses as a concept.

So basically, there is no Jesus and there is no Christ unless they are memories as well. The other beings can act as other deities here and there really as a point no God unless you want to call the creator God, the beings exist as we think about them in some manner as a God or divine form. Meaning me, you and others such as spirits are divine beings and whomever is with extra energy is godlike.

There is only the creator and divine that exist things, I think the God is divine so that can be whomever he or she is at the moment you think to speak. So you speak to the creator by feel. In Deim, this is with a point and an ideal expression, that is a point you think of as a need and this is intent to do. So what you wanted by the point, that happens and sometimes this uses a physical approach.

This is where the spirit that exists sometimes with things and this spirit goes through everything. So thinking of the need and idea basis, that being is the planet consciousness and can also be a thing. This is what will create what is needed using the subconscious to make a manifest, That is done of the point you desire by feel with the creator. This is where the spirit is creating what the subconscious mind needs consciously or unconsciously by the point.

That is where you direct the subconscious by expression that causes happiness, this is done by what you think is important. Then the creator can create what is necessary using your need as a basis. So think of the moment and you can create what you think as a need or a feeling is done if you think about it. That's there if there is a point to do, this is if you don't feel or really there is no point.

So then you can create by statement or idea thought about, that is a point only by what the subconscious makes into influence and this is created into existence by using the influence of the creator in idea. That's the creator to a deist, so think what you want as a need and you could get what the desire is though use or idea that is deism by feel with life or death moments. These moments are what you call ideal points or idea that increase wealth if you need the wealth. This information is a point in the past.

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Skyhawk

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Fey history

Thought to be a curse by the divine to a group amongst a group of humans that transformed them. Fey are energy formed humans that are separated into groups of demi-humans who long ago found themselves in a cave that they stayed in and some were miners forced to be there as they stayed in it. They formed out of need and desire to become the shape they were. This was with or without need of medicine. So I think the medication back then didn't help much.

How they formed was through the cave energy source, they absorbed a lot of the power in themselves to turn into energy beings by absorption, but they were some interesting forms that became deformed, smaller, changed by differently shaped limbs or becoming slightly cruel. They knew then that they were lost amongst their own humankind and yet some joined them.

They were pure energy ever since able to take form in any manner. This was a unique form of radiation sickness brought on usually by magic. That allowed them to change their shape, this was by focus and thinking of a formation. Their form chose how they lived and where they lived as groups.

The fey broke into families that are ruler sidh, dark faery, gray fey, light fairy, tuatha de danann (some that are none church goers), tuatha de nuathan (church goers like us), kitsune, ogren, dwarves, hobbits, faerys and wild fey that are unique amongst their kind and sometimes a little unstable.

If I thought to control a fey, I would take care so I would use the lilac perfume or perform by sound production in the area and possibly the essential oil in what I understand as an aerator as

its the best. Lilac perfume is essentially lilac essential oil that expands their mind. Think and seem of their use with roses, as this is amazing as well with what they can do.

Fey can transmute or transform sound and feeling into effect from energy that is with light or live of what they do and so can we. A handclap will transmute and transform the sound to do your intent. They can express their will and it happens, their intent is exposed and done by what you or they express. This can be any action, this in itself means they are likely to play with you.

Unless you know not to do things to them, you bribe them with what they want or crave, they perceive by your thought en sending the energy and they get food energy or essence as they seem to think and in use as things naturally are done. Sensation comes to them as they can use things and consider, as its just a word phrase or perception is a thought to remember or wield. No as a thought and your use is a point, avoided to mention as think and your use is what they realize.

However some faery are envious of others, they are aware and could use their minds to trap them in something if not given a good enough reason. So just flow with it, think a point is a good enough reason and you know what you can leave by feel as a gift or purchase is sometimes done. As this is used by indonesion for "i ie p in ie mo ou", as think a way out and then use it think a door is the way out and you can walk out of it and you are free. This is usually where things are on or in there mind, so whatever happens this is used as though you just flow out of their mind.

There is a way to create as a point to create is a thought is a concept in fact, as thought is a concept use is as a point to conclude as thought is a mention in friendship. Thinking is concluded and any mental illness is dispersed as energy, as the point is gone and your idea is what you think. There is a point concluded in mention as you think the idea your idea is realized. There is a point that if concluded, your mention is as a law of magic.

As in consumption there is a concept, this is energy as if there is a point not to do. As your thought is considerance or not then things are nothing, as think as you want this isn't as an assumed idea in thought. The fey react as this isn't important and things you consider aren't actually in done, as your influence by energy on the fey are to create what you are intending as you think.

A fairy (sometimes seen as faery, faerie, or even fae; collectively wee folk) is a spirit or supernatural being that is found in the legends, folklore, and mythology of many different

cultures. There are many definitions of what constitutes a fairy. Definitions sometimes describe them as any magical creature like a goblin or gnome, and at other times are described as a specific type of creature with short wings.

As effort in relocation effect, gey thay is energy beings, fey in form being in formation from the body. As that is thought to change there is an energy, as their will is feyish and their thought is very evil as possible energy changes to cleaner slate. There is a will that there is no way other than what you think and by what you think, once there you are aware and "en" you can change your fate in a point of view or thought guides by energy created.

They're in the body and they're there thought is what creates, as the two realities merge and your use is a thought but not reacted to unless necessary. As they see reason to use you for an effect, an effort is a possible thought or conflict by conclusion is thought to create as transmutation in energy that looks good but it's not unless you think it is. As energy shapes things from within you think and the idea forms as you will. As you will things you can get some results energy is willed to form. This by thought or not is magic as you willed your thought, so this is your own idea till your own work with you as you think this is good.

The fairy, as in the specific creature, was said to have originated in Italy, where they were known as 'Fatae', stemming from the Latin 'Fata' (roughly 'Fate'). They then traveled to France where their name was corrupted to 'fees' and then to Britain where they were known as 'fays', which the countryfolk eventually changed into 'faeries'. Other ways to reference the faerie include the Little People, the Green Men, the Good Folk and the Lordly Ones.

They are generally portrayed as humanoid in their appearance and have supernatural abilities such as the ability to fly, cast spells and to influence or foresee the future. Although in modern culture they are often depicted as young, sometimes winged females of small stature. They originally were of a much different image. Either tall, angelic beings or short wizened trolls being some of the commonly mentioned fay. The small, gauzy-winged fairies that are commonly depicted today did not appear until the 1800s.

Amongst the fey are the seelie and unseelie courts. Where seelie are the positive, noble, thoughtful and helpful fey, also considered fairy. Unseelie are the malign, harmful, mistrusted sometimes and often downright cruel fey due to envious nature, however they are also considered faery or goblins in energy

form, as they are sometimes humans that are faeryish some are goblinoids in human form. So think on that.

These are just human perspectives of the point for them and yet both would seek a form of destruction in some sort. So yes if they are pushed to destroy something then they will. That much is true, yet most leave us alone. Until we think of them or approach them in some manner. If you approach a goblin and he chases then run out of the room or away, otherwise a goblinoid can sometimes be talked out of things.

Fey are indeed like spirits, impish spirits, thinking this is true I tempted one and thus found they don't think like humans, seen in fact as energy in the shape of a humanoid, this is seen as human where most spirits don't have a humanesque moral compass. This is sometimes because they like to seem like us.

This is what most of us humans do. There is a point when they go too far or serve as examples, so just as they teach they are examples then. That is why sometimes you can stop yourself from the example of doing. Things could look better but your right they are like that, so think the better point and work with their wiles.

Yet they do things for fun or duty. So they most often think by the feel if male, as a point is to them they think by feel or logic if female by feel. If you can tell, the ones in-between sexes are thinking by idea or before the feel if thought about. Then by the feel or thought, after the point or with activity. Then you know for certain what they do. They indicate it by the feel and allow you to work with it by thought.

The ruler sidh that is ruler or judge for yourself. This is used of the seelie court in what can take over kingdoms but are outcasts, where the sidh sometimes don't know they get someone else who does know. If a fight they make certain they win the fight, however they trade info or items for services to gain the personal favor and this includes titles to the kingdom that they are trying to work with or usurp.

The dark faery are goblin who can do things for spite, fear and mischief or sometimes cruelty and come in many forms such as orcs, Goblins, trolls, redhats and mancatchers.

Light fairy are hobgoblins who are sometimes human friendly and playful such as the small fey of sprites and pixies or the larger fey of gnomes and centaurs. They can be mean or nice as

they decide. But there are more of them than I describe here.

Tuatha de danann are royal fey that live secluded but fight for a cause under a sidh ruler.

For a full or unique understanding on kitsune, go '[here](#)' as this is only a part of their information. Kitsune are fox that sometimes take other forms than fox and have foxpowers to aid the area they choose and vampirically feed from energy and humans doing great deeds for survival, These are fox that are an mysterious animal, fascinating and mischevious. This is where they are believed to be very grateful for the kindness done to it, as seen in many tales, thinking is non forbidden and is also affectionate making as revealed in some dramas. It is godlike because of magical ability such as shapeshifting able to bewitch men in charming girl form. An exceedingly interesting and entertaining beast Kitsune is. Kitsune are ageless non immortal being spirits. Kitsune manifest with 900 years lifespan and age slowly before they leave/die and return to astral plane spirit world.

Kitsune 900 years old or older and age slowly, as they are rare as energy amount is equal to fuel of the physical plane existance that would be extreme plus they would be doing more harm than good. The kitsune represent elements meaning they have abilities from each. This incidentally places them as Dragons but on a smaller scale. Dragons and Oni are their enemies plus the elements are 13 catagories and kitsune are divided into each called clans, dynasties or houses.

The elements are Wind, Earth, Fire, River, Heaven, Thunder, Mountain, Void, Spirit, Time, Forest, Ocean, and Music. In the book 'Kitsune' the word Heaven is Celestial and Void is Dark. Each kitsune has it's own element based strengths its aligned to. Elements reflect the kitsune's powers origination and elemental affinity like Fire Kitsune is unaffected by fire easily feeding from fire to self strengthen plus use fox-fire with ease. Water kitsune wouldnt use fire easily but naturally heal and thrive near water. The most common kitsune are Celestial kitsune who follow Inari, Wild kitsune, Dark kitsune. Celestial kitsune are 'High Kitsune'.

Kitsune are physical spirits and everything has spirit in some form plus these spirit are Kami. Animals also have spiritual counterparts more commonly known as Kitsune and Tanuki. There is Tengu but this is unessential as from what I've read they have background and diversity to make a thesis. Kitsune have a number of options to manifest. Most draining is to appear in physical world causing storms or unnatural events. Kitsune

who simply manifest lose innate essence faster feeding more often or suffer weakness but they gain strength after 12 hours in the new world. As is stated "when you eat from a place you can return to it or stay" from a greek story.

This feeding depends on kitsune strength usually meaning region blight surround if fed too much tho the weaker kitsune have less effect. When kitsune manifest it has optional choice number. It can appear as kitsu (fox), fox-headed person or very attractive normal person. In any case the tail number that kitsune have will be obvious unless shapechange masked which is draining. Note however they can shapeshift at will so concealment be easy. The second option is possess either fox or person. Fox-possession was a most common kitsune manifestation means. A kitsune possessing someone had to overcome willpower thus usually the process appeared insanity similiar where a kitsune willpower fed. Taking a sleeping person usually was a lot quicker since kitsune could invade the dreams taking time to willsap targets. Possession is not shared easy as once done the kitsune body control plus once they leave their host will experience remember not. Kitsune possession was not long-term unless kitsune truly had reason to stick around.

Possession was blessing or exorcism broken by Shinto, Buddhist priest or if someone called a Guardian kitsune to deal with the matter. Also note that unless kitsune is powerful the shape-shifting was foxform limited, fox-person form and person form they're possessing. The third option was possess a child, fox very young or unborn. This method is least taxing and resulted in a kitsune hybrid possesed person/fox. If child/fox possession the full possession takes longer plus with pre-born it's instant. This is the 'avatar' method cuz this is the least taxing method to show. This also incidentally gives a long-term physical body. Kitsune who use this method have no extra tails visible plus eat, drink, sleep, breath, and suffer the full moral life all 900 years. They bleed and possibly get sick unless a regeneration is enabled. Using this method transforms into fox-form/human-form plus development of possible other forms.

As additional note a kitsune with avatar can't be banished or exorcized easily. One common thing is kitsune once here can become enraptured with full senses as in physical form. This turns kitsune into thrill-seekers that experience any new forms albeit pleasure or pain. Older kitsune who have lived physically for long time may be more jaded. Another spirit aspect is manifest ability and physical survival level that requires sustenance. Gaaki feed off many different things depending on gaaki type you come across. Some feed off scents, blood, pain, tears, and more dangerous from souls. Kami usually require small gifts plus prayers sating them or they are hostile and dangerous. These gifts and worship 'fed' the kami.

Kitsune feed from land essence, elements, and people. They are sensically vampires that require sustaining essence. Kitsune who have avatar does not feed like other kitsune. Instead as long as they don't tap into abilites they posses there is normal function for human or fox. Using abilites will weaken them altho if given a relaxing chance they will self recover. Kitsune who possessed someone still has to feed to keep a body a long time. Feeding is in the same manner as manifested kitsune. Kitsune are capable of host draining as in manifested kitsune thus feeds most often. Energy amounts used to stay material can be extreme. To keep manifestation and use it's abilities kitsune draw off much energy around them. This chi essence is found in the elements and like Chinacats kitsune are capable of knowledge feeding. With this kitsune are learning capable plus abilities developing plus possibly grow quickly.

Kitsune body can be attacked or killed but can simply leave the body any time leaving the victim to suffer the fate meant for the kitsune. To harm kitsune requires a weapon spirit harm meant. Avatar taking kitsune are physical harm vulnerable. Anything that do mortals harm harm kitsune. These not regenerative kitsune are unlike others thus spend healing resources or natural rate heal. Magic weapons and faith can't harm these kitsune easy because they are physical world 'natural' having world attunation. These kitsune reanimate once killed spiritually much weaker than their brethren. When kitsune heal wish they expend energy so when desperate they sacrifice tail or artefact gaining huge chi influx for fuel. Kitsune who spend healing energy become more essence desperate and feeds sooner. They should be careful to not normal food overeat for possible weight gain.

When kitsune are killed unless destroyed spirit their be options. Dependant on recent fed amount they can re-manifest in any form sacrificing tail or artefact for sudden chi influx manifestation allowing. If no manifest they wander worlds biding time plus waiting for a convenient time. While in spirit kitsune are spiritually attack or magic vulnerable. Kitsune are amoral spirits with basic right wrong understanding and make decisions based on what they think will aid them most. Kitsune core personality is type dependant.

Element belief is elemental focus and kami which possess them:

- Wind - Flighty, these kitsune are wanderers, never staying in one place for long.
- Earth - Solid and unyielding as these kitsune are rooted in

history and resistant to change.

- Fire - Quick-tempered and reactionary kitsune are constantly moving thus very emotional.
- River - Natural healer kitsune are quietly peaceful.
- Ocean - Furious and tempestuous kitsune are natural warriors.
- Time - Contemplative and quiet kitsune are seers being oracles.
- Void - Dark and brooding kitsune are malicious and very domain protective.
- Mountain - Distant kitsune are withdrawn silently preferring observance before acting.
- Forest - Quiet and serene kitsune watch those around them. Once satisfied with what they see become playful and mischevious.
- Music - Pleasant and polite kitsune enjoy company and experiences.
- Thunder - These are loud arrogant prideful kitsune.
- Celestial - Protective and noble kitsune believe they guard all under their domain.

Kitsune are not innate sorcerers however they have innate abilities that fall under magic concepts thats called 'Fox-magic'. Kitsune are innate illusionists. To them, illusion is as real as anything else. A kitsune who uses illusion to appear human is human and can talk, act, love and sire children while the illusion exists. A kitsune who transforms staff into snake creates crawling, biting and killing snake. They use this glamour to make objects, weapons, people, homes, and even landscape manipulate suiting desire. One kitsune is capable of creating illusion and manipulating landscape in small vicinity tho when kitsune gather collective resources whole cities are made.

Kitsune can make pockets in reality meaning they can make a castle under someone's floorboard with people. This world is real by ether (spirit) material. There can be time-dilation thats 1 Earth day = 7 Realm years. These realms are just homes mostly, forests, or their favorite places and aint whole worlds. It usually takes three to five kitsune to make a whole realm and populate it linked together. Kitsune can dominate those they want plus this is a enchantment form and this can cause

someone sight of anything wished or overlook wanted things by desire. Once control is established the victim is held until someone can break magic.

Foxfire (Kitsune-bi) can produce lightning or fire by tail rubbing their tails. This becomes a melee weapon plus they breath fire to about five feet or less. Kitsune can also create small fire balls sometimes using these as lights, thrown weapons, or as playtoys. Kitsune can possess targets, taking over minds and bodies. This is sometimes out of necessity of protection as possession lasts until next sunrise or sunset unless the kitsune is using this as a manifestation form. They have not targets ability access or memories. A kitsune can transform into anything covered by an elements. This means they can turn into trees, forests, rocks, water, or other people.

The limits are that the transformation does not give them the innate abilities of the form they have taken, and they are vulnerable to what can harm that form. Kitsune who are possessing someone can not use this form of transformation, unless they are doing it through illusions. Kitsune can create small focused power balls. These balls look like small spheres that easily be child toy mistaken. These balls focus kitsune abilities plus contains their spirit usually when they take on avatar or possessed someone. Kitsune enjoy playing with this ball using it as a magic focus. If anyone else gets their hands on it or wills it away from weak kitsune sometimes they coerce kitsune into helping them.

Kitsune can study any magic field. A problem is that to use any magic form requires to draw energy from power source or self draw it. Unlike mortals they weaken when they self draw energies which does not self replenish. One who casts magic too often will become weak and starved. These are oriental magic examples. Akasic is the magic of chi essence. Mages can see auras and power sites, manipulate, draw on, or expel chi as in will balls that contain elements.

Akasic magic is powerful combined with other magics. Its good for things like healing, regeneration and reversing essence loss that feeding caused. Kitsune follow the Elements being tied to the represented elements. Kitsune can influence elements they be of and if elemental magic is studied they can become very good in the study field. They can study:

- Wind - With this study, they can create winds, cause tornadoes, and influence local weather patterns. This is also effects ice and

snow.

- Earth - They move rocks, transmute minerals, physical objects and build things.
- Fire - This is a kitsune's specialty as they create fire, control fire, and cook meals.
- River - This is a life-giving power as they create water or control creatures living in water plus they heal others with and bring life to things around them.
- Ocean - This is river cousin to River but larger scale. This is where they cause very strong storms, flooding and tsunamis. This is how mages in their depth creature conjure.
- Forest - This control and manipulation of wood trees, and forest creatures. Those who study are druidic in their ability to wood strive and blend in and find herbs plus roots making salves with.
- Mountain - Cousin to stone as this element allows for mountain control and those living inside. Kitsune cause earthquakes, volcanic eruptions, and landslides too.
- Thunder - Wind cousin a mage can throw lightning with, cause storms, and create energy shields, manipulate machines without detection, and without computer net-run aka neuracanulla link.
- Celestial - This is astral and heavens magic. Mages teleport, call upon magic creatures, and throw target meteors. Kitsune can do most other reduced effect magics.
- Dark - This is void magic and this magic can cause blights, drain life, summon dark creatures, manipulate darkness, shadow vanish, and light drain from areas. This study aint 'evil' and a quarter of the kitsune race are Dark Kitsune.
- Time - Allows no time travel except with right methods thus this allows kitsune to speed up slow time down, age or youthen targets and objects. To predict future events plus this be the perception and manipulation of time plausibly to master reality with celestial magic worked in.
- Music - This is sound and music control. Kitsune can sing spellsong effects. This can entrance others, ward off supernatural creatures, and control moral.
- Spirit - This is spirit world, demons, and other world manipulation. This nature magic doesn't work well on mortals since mortals have souls which are similiar to spirits so they

have to wait for someone to die for this to effect someone well.

Kitsune can bind, summon, banish, ward or trap a spirit even in a human being if powerful enough. If the kitsune have some of the persons essence then they can control the person or demon through essence manipulation. Feng Shui is the Geomancy study or power sites and ley lines being largely this magic. A person can find out best way to site build or power location creation plus a means to tap into leyline or nexus. This allows someone to travel Dragon Lines (ley lines) getting from location to location and also allows them power tap Ju-Fo is runic magic and mages can write power words or speak spells creating magic. Ley lines are good places for banishing/controlling spirits and binding sites. Kitsune can hide themselves or places by ley lines manipulation for concealment.

Ogren are fey machinist but their machines are any type including bio-organic; they manipulate humans at will ruling them if possible. Fey are atleantian in and is in evidence more there than here. As you see them they are gone if they are not needed for what they are intended. As if a thought, as thought is a moment and nothing is what they seem, ask and and they are and what they think is from what they sense. As essence is sensed and use is as a thought they will do, if they sense your purpose is good for their purpose. As they are an attempt to make as you use two fingers and create, or not as the white or dark dot and you can send thought to an image or person given energy as if telepathy.

As they in use things and is use as is a thought they can use your essence as they figure out what you think. Think and do and as you do things, you create as if to their will and yet if they will you can resist or they stop and do something else. They are extremely interesting as they can create what they think, as if nothing matters to them they can think, feel the idea and create as though nothing is thought essence and voice is will. That they direct as they get energy enough they can form into a full figure, from your energy if you made one and only if you think to do so if necessary.

Dwarves are ruled by the Erlking, the Erlking is a dwarf king that lives in a mountain and rules over the clan of dwarves, humans and elves considered a colony underground. They live in family groups of clans and use the disc technology. This disc technology is able to float things and make generated energy. They can use many types of technologies though, as the disc technology is just one of them. They live on a trade by the necessity reasoning.

Except they are secretive, and will keep the idea from long distant influence, of them, if they need to. They are 3 to 4 feet tall, and have hairy feet. But their strength is twice to thrice their height.

Hobbits are aware faery with the ability to see or create with the planet core or earth energy, the point they are alive or aware by ability if corruption they could get insane or not if the area is clean. steal not to clean things out considered "stealing", see they can cause you to see insanity wise or they steal from you so they are original middle earth faery and half sized man explorers. Thought ability creates able idea or what form you think with tough hairy feet that often go shoeless plus slightly chubby or slenderish and being very agile and strong, their strength is twice as much as their height. They are like kitsune excepting that. Their mind strength is very strong and will do many things for a quest, see including the beatings that don't occur or interruption of beatings to do yet another. though without a cause, they write yet they are against those who break the law of the land and just in their cause, yet they will fight like a thief and try to become invincible, If not that, they leave the inhabitants alone and they take up a area in the home to rest and help out as servants unseen, until they find a edge to possess the body that called them as servants or the entire household, if they can't touch the summoner. Then they will try to force surrender through unpredictable moments and possessions of the friends.

To the caller they will try to ruin the projects and the reputation of the possessed unless they feel they have not been been cheated, In which they do a free service otherwise yet their power is to manifest things, objects and images of any memory to get at answers and to do a personal sabotage and revenge, much like the human headed turtles who on regard torment the regarder until they apologize, The hobbits then sell the info on a need to know basis where the buyer recieves some sort of punishment to get the info and only sell to those of reputation, If hobbits cannot gain repute by service, or too many plots ruined they will leave to another area.

Hobbits are 3 feet to 5 feet 5 inches tall, if they can they act as children to fool the parent or when they can't they will fight for the person on a single cause through justice if they see reason to as in a theft, they will kill the persecutors who robbed the family. People who can see hobbits outside the middle realms are wizards and children, yet some holy men are very apt to see them as delusions in which the hobbit most likely will torment or not, according to their mood. Anyone can see them in the idea that their use is normal in the middle realms but few can get there unless invited. They are neutral good to the heart of them.

They manifest the aspect of human form with hopes of gaining priveledges through services, or self projects done if nothing else, Those that have alot of money, they will try to take it all. They sometimes serve as messengers and any scheme they hatch to do, that fails they always have another scheme to replace it, If they can they would drive out all the household inhabiants while they get thieves to take the home that they drew attention too, but only for any hits to them that they pay back three times for personal vengence, They despise other intruders as enemies that they don't like to the point of drawing them away from the area. The areas they cannot enter will get repeat beatings and other psychic attack until they force the owners surrender or they will ask for entry.

Faerys are the fairy god mothers or wish granters that speak the language of the summoner.

Wild fey are human manipulators that use humans as tools but break those they despise and they are drawn to conflicts that laugh to your sense when you get in trouble or cause things to be worse. So at the height of their power they are insane. Think to draw a sigil or some trace to deal with them.

If you found them near you or targeting by feel you can think to their minds "not target me or I am not a target" see are you sure you are with boredom use of repetitive actions, see or know before you go somewhere what will happen or think they that take are able to drive them away. If you were their friend, which meant they help instead of hinder. Then with about the same area feel or energy tuning, were I there I would use the offered services with thanking them that they aided you in the way they did. If you offer service in return. If payment is indicated they could get the payment from you, so with necessity use chocolate as its their favorite but you need alot. They live in the fourth dimension or the plane of time and mists. Time differences are per 1 min in = 10 years outside or fairy world, where you live. You want to be forgotten because of the crimes you've done? Then, go into the fairy mists for three minutes and come out of it. You would have been forgotten.

There are hundreds of fae languages. From the small fey to the large fey so watch what you say before things happen. Small fairies are odd and come from a few different area of the world. The area they come from is what they are sometimes named as. They can speak this way, but not all. The small fey language is opposite and upside down of english. To write in english write it

backward putting punctuation mark at the beginning of phrase. An example: ".egaugnal yef si sihT" written in english. It translates too "This is fey language." Now it uses backward english words but same english syntax and phonetical spelling. A famed inventor who used the small fey language is Leonardo de Vinci. The small fey sound when speaking natural as if blurbing out all at once. Unless they speak telepathically to you, then they can sound as though in your language, sometimes. To understand them, in their natural speech patterns, slow down their speech and reverse the language spoken via a recording device, if you are so lucky to catch it on tape.

The larger fey or any shape you think or wish, see this is like Dwarves that work with the area conscious they call "I" they sorta are like "peter or salt" and the larger goblins and hobgoblins speak their own language. As is possible to understand as a language. As the Goblins speak something similar to this language at <http://initiativeone.blogspot.com/2009/05/> the large fey can speak a variety to things or they just are to appease the area or disappear. Then there is an idea that one can translate it, where there are some words that can't be translated by the area you think exists. Most fey can try to speak telepathically.

The system of barter and trade they sometimes take the heart or liver from live victims to their agony or screams, this is what celts or nords setup that they realize what others do or are knowing what they do are fate. See what the fey use for market system or work with their idea. Small fey love chocolate and virgin vagina by some name they use from the area activity to name what is there to their senses. Where the larger fey can be willing to trade for what is reasonable to them. Anything to give them advantage. An it is at the end of the trade, where favor is asked. However to gain their trade you must gain favor and thats to gain their trust. Otherwise without trust you could be severely mistreated till you pay them off or say your sorry. Fey live freely and in a state of watchfulness with a sometime playfulness or tricks that they pull are pranks elsewhere so just talk them out of the prank by area you recognize or you think, then they create by what they feel with the creator manipulating them. So they work with realization to what they would do or you see what will occur, before you go somewhere you can think you realize by focus unless they wish to aid. Most often found dancing or doing something but never fullly focused on a single idea for long. See or work by feel or you create by the creator with idea to your area use.

The appearance of fey are any shape they want. Their natural

form is 3 to 5 feet tall, or taller and sometimes very pale and chubby, as yet not seen by the human eye. Mentally they are mature yet childish and always willing to act or play. Yet their culture is to gain self-goals and desires while aiding or hindering through their actions. They usually get what in the end whether its obvious or not. They change tactics in an instant yet will remain true to a set goal. The desire is sometimes their goal as they achieve what they want through desire..their recorded culture is what achievements they did and get named for by those achievements. Fey don't age so their appearance remains the same in natural form. Energy form is the form they naturally choose for it leaves them invulnerable.

Elves are generally depicted in one of two ways. The first being small, human-shaped creatures, that employ their magical skills to manufacture many different things from delicious cookies to toys in Santa's workshop. The second is that they are powerful, human-sized beings that are more beautiful and noble than humans. They are generally long-lived and eternally youthful. They seem or create by feel with the creator. Chocolate is a pacific energy use, lemon is what causes them service to you.

An elf is a mythical creature of Germanic Mythology/Paganism which still survives in northern European folklore. In Norse mythology they were originally a race of minor gods of nature and fertility. Elves are often pictured as youthful-seeming men and women of great beauty living in forests and other natural places, underground or in wells and springs. They have been portrayed to be long-lived or immortal and they have magical powers attributed to them. Following the success of J. R. R. Tolkien's epic work *The Lord of the Rings* wherein a wise, angelic people named Elves play a significant role they have become staple characters of modern fantasy (see: *Elves in fantasy fiction and games*).

Elf can be pluralized both as elves and elfs. Something associated with elves or the qualities of elves is described by the adjectives elven, elvish, elfin or elfish. A convention of modern fantasy usage is: the v in elven or elvish refers to human-sized elves (who correspond more closely to the mythology of the Viking Era), seen whereas the area they visit is what they create to created area feel that work to corrupt the disruptors then use your energy to do or create what they wish. So you see the fine in elfin is progress to them or elfish therefore refers to thieves, tiefling or non evil doers. See to them that see or are blessed can see tiny-sized elfs (who correspond more closely to the folklore of the Renaissance and Romantic Eras) that is what you think is where you think you can failry or fail by awry idea to the point you feel like killling them or driving them away or they walk the land corrupting with chaos those that stole idea from them that they make seem liars, thieves or murders that happen

are disrupted or area felt to restore if special favor is done for them to restore themselves by taking your most precious possession. They that are crimbul can become what they hit or you are what you wish or think out by feel.

The area were is what they form if they detect crimbul they kill the crimbul or half fey they gift them to you, as a victim that was used by feel as though they were an object that you took along. They then create respect or shild by feel or seeming alien loyalty then as you think they remove the crimbul to work with another that foolishly call them not always knowing what they will do. They were were or aarea energy forms by feel then they create by feel to cause those they dislike situations that resolve as they that were effected agree to what happened then not seem to be effected or thinking "I am not effected or created a vukcanian brute" creates what you want to create what you will is what they say. See the area is hidden by them to cause you trouble, they then show you what you did then stop what troubles you. See this what you think not what you will or think to create this is what you are aware or seem to work or will that you become or can use as information. This depends by what you wish to what you get some purpose is set by desire.

Saying "no or ues is yes then think what you want then you get what you wish by your desire, just seem as a glamour that they hide their children they gift you with by idea" is cancelling the wish by what you think to work or "think not to be" or knock on the door, then you are where you wish the worf are their guardsmen that are what they are thought to be with what they are thought with no ability if they don't like them. Like is what unlocks their ability I think is friendliness what unlocks their were form. After that they only have to think then say then the energy or I forms by their brain energy. Seen is the thought or area point if they wash or use the energy up or down is faery use. They that are usual are immortal or allowed by use. See this what you wish so they think is what they can use such, unless you think to not need the wish no brutes exist as "where" that shifts were usually "done" that return as you or others that steal from you. Seen is this as a point though you were right they created havoc then left me with ruin.

Vampires don't fear them only they would say done enough as elf in their language is drug. Think a theft then they will do think, from them they steal except from if they feel the need to create your feel. The use they feel is created feeling or what is thier will is your choice. Fee are normal energy children that you work or think they form then you train by thought or speaking or they use against you or they seem the area energy to make you feel this is alright or not so good by your feel with thier idea not to use if thought were right. I think this is the area you seem as you are one, they use this as their glamour to feel better or

create by work. So you think then your energy shapes or creates or then you live by feel, the way to kill them is to create some energy to allow right then they kill themselves if they do wrong in another's area view. Think the point then the point is no hit till irritated.

Do right then don't allow wrong. See they realize they are not thought as wrong or right they are what they seem. Usually the criminal use your energy to know by realization or usual feel is focus by feel or sometimes fatality. If they don't understandably or attend school and they attack. They are usually sane or insane according to how they are thought, they don't imagine they usually love or lose to shift by thinking or avoiding danger. So what they are nice about is the things around them or cruel or inhumane to use as progress or those that they don't recognize or unswervingly avoid, go or avoid to see with idea or underated is not to send or think is their own making. Things work out with "no peace" or "with peace" except that is police as the peace, some attempt not to except you by idea unless underating or stop writing you are with peace by area feel. Thinking to meditate to calm down, allow or work right with the correct method or use release to the ground. Think excess energy dissipates as you drink water, as though fire disperses leaving calm or you treat water as though lava is energy to created feel. See you think the lava creates then the lava creates as though "I" is the area creator by energy activity.

Elves: the real facts
by XenonZerrow

Elves have many forms; some are tiny, some are tall and female elves often seem humane, but some say they are empty from the back, like a hollow tree.

They are supernatural beings in Germanic mythology and folklore, elves were first attested in Old English and Old Norse texts and are prominent in British and Scandinavian folklore.

Elves were first thought of as ambivalent beings with magical powers, but later they became more and more sinister, harming humans and livestock in various ways. In early modern folklore they were connected with fairies and entered the 20th century mainly by the works of J. R. R. Tolkien.

The English word elf is from the Old English or elf; in compound as "nightmare," left non or sogo is creature feel "hiccup or other idea you think or imagine, this is feel by the area energy or energy is what they use to appear civilized as they are faery or people hidden by glamour" afflictions apparently thought to be caused by elves. If they feel hate that is trashcan use, they can use it again or against you. The Modern German Elf (m), Elfe (f), Elfen is a loan from English. Sometimes a faery will give you a chance.

As in germanic mythology

Jacob Grimm discusses "Wights and Elves" in the work Teutonic Mythology, grouping the elves as a divine or supernatural class of beings. He states that according to Old Norse mythology there are three kinds; the Sir, the Elfar and idea is night as a being formed from vanir that is energy formed from essence. Night is a being, that energy is a thought to use in life.

There is also a close kinship with the dwarves, not only because of similar appearance, but many dwarf has elven name. Derived from several Old Norse scripts dwarves are elves too, but they are the "dark elves", while the "light elves" are what we think of as elves.

Snorri in the Prose Edda states, that light elves live in Elfheim, while dark elves dwell underground, but adds a new term, black elves or dvergar as duagar identified by him, and has them reside in Svartelfaheim. This inspires Grimm to call the dwarves black elves, while the dark elves remain an intermediate class of such beings.

In Old Norse:

The earliest preserved descriptions of elves comes from Norse mythology. In Old Norse they are called Elfar.

Men could be elevated to the rank of elves after death, such as king Olaf Geirstad-Elf. The smith hero Vlundr is identified as 'Ruler of Elves' in the poem Vlundark via, who is the son of a king of the 'Finnar'. They are Arctic people respected for their shamanic magic (most likely, the sami).

Crossbreeding is possible according to Norse mythology, Hgni and Skuld were such beings. They are also found in the Heimskringla and in The Saga of Thorstein, Viking's Son accounts of a line of local kings who ruled over Elfheim, and since they had elven blood they were said to be more beautiful than most men.

In addition to these human aspects, they are commonly described as semi-divine beings associated with fertility and the cult of the ancestors. Just like ghosts, the elves were not bound by all physical laws and could pass through walls and doors. In addition to this, Kormiks saga accounts for how a sacrifice to elves was apparently believed able to heal a severe battle wound. There is an energy as they have their own and as in lore they use things to gain effects, by the idea and art in the ancient greeks and atlantians were interesting effects as in greek lore and love.

In Old English:

Words for the nymphs of the Greek and Roman mythology were translated by Anglo-Saxon scholars as If and variants on it, which may point out the origin of English elves.

Old English thinks of elves as harmful creatures. In relation to the beauty of the Norse elves, there are some Old English words such as Elfsciene ("elf-beautiful"). These facts state, that these elves are highly similar to the Norse ones, as thought is a way of life to them.

Although elves could be considered to be beautiful and potentially helpful beings in some sections of English-speaking society throughout its history, Old English evidence also attests to alignments of elves with demons, as for example in line 112 of Beowulf. On the other hand, oaf is simply a variant of the word elf, presumably originally referring to a changeling or to someone stupefied by elvish enchantment.

Elf shots were considered to be the arrow-heads of elves (and witches), which later also meant a sharp pain (possibly caused by elves). They were considered to have healing power. Later the stones turned out to be Neolithic flint arrow-heads.

In German:

In Christian folklore, the elber began to be described as mischievous pranksters that could cause disease to cattle and people, and bring bad dreams to sleepers. The German word for nightmare, Alptraum, means "elf dream". The archaic form Alpdruck means "elf pressure"; it was believed that nightmares are a result of an elf sitting on the dreamer's chest. This aspect of German elf-belief largely corresponds to the Scandinavian belief in the mara or mera, causing the same problems upon dreaming.

As into the land as with a thought as your necessity is there, you can shift and seem as if in the area that exists for what is a heart. As search you mingle and thought is energy, to seem not and yet to seem true is to create what you think to create. As if a perfect fox that can seem anywhen and anywhere. Think and as energy is there with a surge you shift or not, and your will creates what you consider or energy isn't bad if you do things right. There is space as there creates what is enrgy in focus and the mysts create, an easy space shift that wit and energy created is what on touch. You can call them wit what you will, as energy through the phone system. Think as you use energy, you can get energy to work. Together is the energy, as a point in time energy is thought and use used right is wat elongates life on the planet. Think as there is nothing to do and as energy is with a thought, assume to nothing that your energy creates restoration to the area.

As in modern folklore:

In Skandinavian folklore:

Scandinavian folklore as assume in thought is to create as you think is a later blend of Norse mythology and elements of Christian mythology.

The Norwegian elves seldom appear in genuine folklore, and when they do, they are always used synonymous to huldrefolk or vetter, a category of earth-dwelling beings generally held to be more related to Norse dwarves than elves which is comparable to the Icelandic hulduflk that are vanished people through glamour (hidden people).

In Denmark and Sweden, the elves appear as beings distinct from the vetter, even though the border between them is diffuse. The Elf of the Rose by Danish author H. C. Andersen is so tiny that he can have a rose blossom for home, and has "wings that reached from his shoulders to his feet". Yet if any thought to go by the tales they think and don't actually hear as the know, then the other idea is energy by the thought will.

Andersen also wrote about elvere, in The Elfin Hill is well known the entrance is a thought as a wooden door in a tree. The elves only open the door by the thought you see as an afterimage, as a point to thought your energy creates the energy from the door. That to seem open or closed, and as you knock three times you don't seem to shift as you think and walk through an open doorway as you will hear three knocks of victory on your door and yet to shift back is yet easier.

As your energy forms from your faery ability with will or not as you think back to your own time and state of what you lived with and your in ease, as this is attuned by a point that "it tis isn't" and your back to where you want to seem think you manifest ability and the idea is there that they are were. As the underking values the underhulk that seem a use are really interesting diggers, and as represented in a game called baldur's gate and other elven lore called edvrkheng. Those are diggers in another area, as size is shape and weight is controllable.

If you feel a little like a sidetracked moment, your there and they can share a sense by feeling what you want, as an almost exact area is where you think to seem and movement or not you are. The elves in this story are in a married state, to nature they are more alike those don't seem that as what they are isn't. As they really are as energy seems or use is glamour, as the underking is a wizardlord and to see and not ever to repeat. To create a seeming trough the person he wants to talk through, as a traditional Danish folklore.

Those who are females are blessed to beautiful days in life, as the men are living in hills and boulders, capable of dancing as a man to death, just like the huldra are alien to the land and

detected by the auratic approach and change that approach as the presence is felt and that's harrowing as felt in Norway and Sweden, they are the ones hollow when seen from the back as I wrote in the beginning. As you prove resistant to what you told they leave you alone.

This is an idea that if believed can stink or not if to seem true and untrue. The elves of the Norse mythology have survived into folklore mainly, as the female tribe is very interesting females and males can seem drunk or not as there are where they want, living in hills and mounds of stones. The Swedish Elvorn were were of amusement and specialist attempts, to transform people into stunningly beautiful girls or other shapes, who is lived in the forest with an idea if inference to them were made. As a deal as an elven or what race you are to the elven city they create a king and elven use to an elven king, the underking as an understandable undertaker to create from the svelegrinn mine mountain by the power with use. As thought an offering of friendship is a gift, as night is your power that serves your purpose. They might pull your puppet strings, as a concept as in the form of an animal or person formed. Things in use are from their essence, can take the person's place or as identity is stolen as you do and this is in the city Toleideia. Think some idea and not theft or you do as you want.

They were long-lived and light-hearted in nature. The elves are typically pictured as fair-haired, white-clad, and (like most creatures in the Scandinavian folklore) nasty when offended. In the stories, they often play the role in removal with disease-spirits. The most common, though also most harmless case was various irritating skin rashes, which were called elven blow and could be cured by a forceful counter-blow (a handy pair of bellows was most useful for this purpose). Skilgropar an area in Scotland into place you don't think to see, a particular kind of petroglyph found in Scandinavia, as you are allowed to know and were known in older times as elven mills, pointing to their believed usage. One could appease the elves by offering them a treat placed into an elven mill.

In order to protect themselves against malevolent elves, Scandinavians could use a so-called Elf cross (Alfkors, Elvkors or Ellakors), which was carved into buildings or other objects. It existed in two shapes, one was a pentagram and it was still frequently used in early 20th century Sweden as painted or carved onto doors, walls and household utensils in order to protect against elves. The second form was an ordinary cross carved onto a round or oblong silver plate.

The elves could be seen dancing over meadows, particularly at night and on misty mornings. They left a kind of circle where they had danced, which were called elf dances or elf circles, and to urinate in one was thought to cause venereal diseases.

Typically, elf circles were fairy rings consisting of a ring of small mushrooms

If a human watched the dance of the elves, he would discover that even though only a few hours seemed to have passed, many years had passed in the real world. In a song from the late Middle Ages about Olaf Liljekrans, the elven queen invites him to dance. He refuses, he knows what will happen if he joins the dance and he is on his way home to his own wedding. The queen offers him gifts, but he declines. She threatens to kill him if he does not join, but he rides off and dies of the disease she sent upon him, and his young bride dies of a broken heart.

In Icelandic folklore:

Expression of belief in *hulduflk* or "hidden folk", the elves that dwell in rock formations, make in the energy to restore with a point that came from is common in Iceland. If the natives do not explicitly express their belief, they are often reluctant to express disbelief. A 2006 and 2007 study on superstition by the University of Iceland's Faculty of Social Sciences supervised by Terry Gunnell (associate folklore professor), reveal that natives would not rule out the existence of elves and ghosts (similar results of a 1974 survey by Professor Erlendur Haraldsson

In German:

According to German and Danish folklore, the *Erlknig* appears as an omen of death, much like the banshee in Irish mythology. Unlike the banshee, however, the *Erlknig* will appear only to the person about to die. His form and expression also tell the person what sort of death they will have: a pained expression means a painful death, a peaceful expression means a peaceful death. In the first story of the Brothers Grimm fairy tale *Die Wichtelmänner*, the title protagonists are two naked mannequins, which help a shoemaker in his work. When he rewards their work with little clothes, they are so delighted, that they run away and are never seen again. Even though *Wichtelmänner* are akin to beings such as kobolds, dwarves and brownies, the tale has been translated into English as *The Elves and the Shoemaker*, and is echoed in J. K. Rowling's *Harry Potter* stories (another partly incorrect reuse). Variations of the German elf in folklore include the moss people and the white women. On the latter Jacob Grimm does not make a direct association to the elves, but other researchers see a possible connection to the shining light elves of Old Norse.

In English and Lowland Scottish folklore:

The elf makes many appearances in ballads of English and Scottish origin, as well as folk tales, many involving trips to *Elphame* or *Elfland*, a mystical realm which is sometimes an eerie and unpleasant place. The elf is occasionally portrayed in a

positive light, but many examples exist of elves of sinister character, frequently bent on rape and murder. In none of the cases is the elf a spritely character with pixie-like qualities. English folktales of the early modern period commonly portray elves as small, elusive people with mischievous personalities. They are often portrayed as children with Williams syndrome (which was not recognised as a medical condition but some specialist believe that people were enchanted with their character and appearance that they believed to be magical), usually with fair hair. They are not evil but might annoy humans or interfere in their affairs. They are sometimes said to be invisible. In this tradition, elves became similar to the concept of fairies. As people from the English countryside immigrated to America, they brought elements of English folklore with them, and this particular depiction of elves then evolved in America into the Christmas elves of pop culture.

Successively, the word elf, as well as literary term fairy, evolved to a general denotation of various nature spirits like Puck, hobgoblins, Robin Goodfellow, the English and Scots brownie, the Northumbrian English hob and so forth. These terms, like their relatives in other European languages, are no longer clearly distinguished in popular folklore.

The influence of Shakespeare and Michael Drayton made the use of elf and fairy for very small beings the norm. In Victorian literature, elves usually appeared in illustrations as tiny men and women with pointed ears and stocking caps.

The Christmas Elves

In the United States, Canada, the United Kingdom, and Ireland the modern children's folklore of Santa Claus typically includes green-clad elves with pointy ears, as not a thought this is things in a point as a lie or idea with long noses, and pointy hats as Santa's helpers or hired workers. They make the toys in a workshop located in the North Pole. In this portrayal, elves slightly resemble nimble and delicate versions of the elves in English folk tales in the Victorian period from which they derived. The role of elves as Santa's helpers has continued to be popular, as evidenced by the success of the popular Christmas movie Elf.

As in modern fantasy:

The fantasy genre in the 20th century grows out of 19th century Romanticism. 19th century scholars such as Andrew Lang and the Grimm brothers collected "fairy-stories" from popular folklore and in some cases retold them freely. A pioneering work of the genre was *The King of Elfland's Daughter*, a 1924 novel by Lord Dunsany. *The Hobbit* by J. R. R. Tolkien (1937) is seminal, predating the lecture *On Fairy-Stories* by the same author by a few years. In the 1939 lecture, Tolkien introduced the term

"fantasy" in a sense of "higher form of Art, indeed the most nearly pure form, and so (when achieved) the most potent". Thought is with the point you think you observe, as this is from Tolkien's writing has such popularity that in the 1960s and afterwards, elves speaking an elvish language similar to those in Tolkien's novels became staple non-human characters in high fantasy works and in fantasy role-playing games.

A hallmark of many fantasy elves is their pointed ears. Post-Tolkien fantasy elves (popularized by Dungeons & Dragons) tend to be more beautiful and wiser than humans, with sharper senses and perceptions. They are said to be gifted with arcane powers, mentally sharp and lovers of nature, art, and song. They are often skilled archers, and they can tap a key or think out and seem interesting but aren't or notice your moves with watching the keyboard and person useage. A hallmark of many fantasy elves is their pointed ears. A truth to the elven is they bear a birthmark or tattoo as Isis protects, where they that need an idea can use it in what you think.

Think this is a concept and it can seem created, and faery glamour can hide their form from were or other in travel as they shift and go as this is. Think to create and this is what they can do in life, think and "marmelade" you say things to create them. Then is energy is a point you can create aside the point, as you think and thought associates with as it seems. Thus in every way considerate and condensed, think energy into water from ice as this creates a thought. Than us the act is nice, which would actually lead to a bloody war out of jealousy between us (and a couple of other imperfect races) and them, which is yet to be told and done with.

Boggart

A boggart is a fae creature, in English folklore, known for its relentless mischief. It is part of a collection of 'bugbear' type spirits, which also include bogles, boogies and boogeymen. It is also considered to be related to brownies but is differentiated for being less helpful than a brownie and more malicious than a boogie.

It is said their appearance resembles a gnome, albeit one with tattered and dusty clothing. They are rarely seen but make themselves known by minor mishaps and persistent noises after dark.

Like all 'bugbears' they are clumsy creatures and prefer cluttered, semi-dark areas to hide in. They will serve themselves a nuisance to the homestead with such acts as causing milk to go sour, disrupting sleep (especially those of babies), stealing, frightening pets, leaving taps running, and more and undone by

their own energy turned against them and disrupted in life. As there in energy turned, to kill them they dissolve into energy.

As all this is possible, by what they think and focus as to do activity to make something create from nothing. They can easily dissolve as to make use is to work the energy, to their will end and they are likely to reform from energy if they are thought to exist. But if they catch something off guard and uncreate the idea, they dislike they disrupt and remove what is there as if it wasn't existant as if dissolved into nothing.

So no, as you think them harm they won't hurt you as don't think to cause them pain as you give them chocolate pleasure by sugar or what sweets or food they like honey, this is to make food as they will like and what you do is a point to create. With a concept to a thought to make the right hand movement, with that possibility as you think and project forward or create as will.

They are considered very difficult to be rid of, especially if named. Once an infestation is bad enough there is no known method of appeasing or reasoning with it. Home owners will be forced to act in a manner more annoying than the boggart to drive it off. If that does not work the lodgers are advised to move house as swiftly as possible, so that the boggart does not hear of the plans and hitch a ride.



Fey Magic

This starts with a creation of fey, as you extend your forefinger and thumb apart you can form them. As they are in need you can create a true fey. This is from energy of what the body can form, as a ball of white light that is needed to teach this is a conscious form of little fey that can easily create a form. As the need if they have ability, to copy from yourself and this is the thought they use that they can copy from anywhere anywhen and anyhow. This takes a fey to aid, as you in ask and you can become one. As in the idea, you create fey as you think the chant, 'Une Exceptia Ex Rusea Fun Biz In En' at the person and think 'Mai Wee E Kesh' and this is fun as experience is in to be used up as energy.

As en is magic that fades in an end they make up, there magic fades and if the purpose is to maintain the magic they cast, they

cast projected energy at the human. As with a concept this as an end to get and give and this takes at least 3 fey and a half human, to maintain and yet not is the idea visible till the interest is in an area to make visible. There is possible the idea, that if their magic is believed in, they are able to keep the magic and use is what keeps the magic alive. There is an interesting point, that if intention is stopped, and use is a point to create they can make head injury and enter the head. As if in the mind world to create as intending or thought is life extinguished. If they choose to lie, and they want to mask their presence. They go to a world and make use is to create and thought is the point in the mirror, or vision of themselves to which they are old and yet young.

As the End is ebbing and in the tide is going in the sea you are, as though in tidea as if water surrounds you and you can get ability to use ability as if from the water in a healing effect thats charged. A glamour is a thought, as what they do is what they create as made up they use the energy of belief, this is in you yourself that gives them strength as such they create and as they receive a request they listen to a thought an the wind as is response as if on the psychic wind that gives all and shows all. As they are allowing or allowed in the area, they can use an create what they think if they think it necessary. There is a thought that is a concept, and that if they feel the need they will do and as they are in human guise they do things and create an urge. This urge is what can seem to create energy, effects into solid form and then they can build up the need to eat sweets. As in diet they actually never gain weight, if they dissipate the body energy essence bestowed by food.

All thats needed is to focus and the innate understanding is there as they can think of the idea to see and know they are with a thought and wind is what they create, as they are the creators and thought is what energy in use they can psychically imbue in thought. As in focus to create and make a creative use, and use is up to you as with what they create if given to as a gift. This is with healing and in thought you can form food in the mouth or drink of water. This is at the thought healing, the drink you thought to your mouth. This E Kesh can get you gain as if in wired and as if in a mood to enchant or think and create or not as to stop and abort the thing you do and you get your idea energy as bio electricity ball back that act as fey.

The fey can deal with radiation, as they are capable of converting it to useful energy as though by a thought. So as long as you are alive, they have a living source and can remain as if with an example. Otherwise, they are in effort to understand and end up leaving out of sheer boredom. Thus, they can use you as a bioenergy power source, as a biorhythmic energy of pulsing life energy, as a wave effect is light is sensed then you can get to use them as they allow for it. As you think it they will do in it as

they feel like and are willing of course to help if human fey, otherwise you have to win them over and if what they do they create and don't hurt their own kind they can get very good effects. As in use of an idea, they are interested in what you do and you get a positive idea in response or something similar in infinite use.

If they lose a source of what they use, then they could die unless no source no fey as they have another source and they go and find the source for use. An in this is an idea for a point they use to work, with an in concept you get to do things and they get to do things and they can even nullify love charms or things you don't like. If you create them and they are not there, as to seem other places to stem the flow of time as to correct something thats wrong to their senses. As if on request they can stop it or create it. As in time an effect like this is true and they can goto other places. As if to think, they go and if to do things they are there in thought.

As to try, understand this is for you, or for themselves from everywhere as it can be for others or not as there is no interest and as if to observe. They appear gone only, if on what is need as if invisible. As if this is a thought with a point, this can make things an in an area is this is with this as a problem as they are at an end to get things done. This is as though thought, as a natural end this is as thought as 'en' and to stop the 'en' there is nothing that isn't thought on it as this is not done here and fey even formed are alive forever. As the fey is with life, immortality is there's with then as this is here there is a moment that they express themselves. As in with telepathy, and only if they need to.

As in now with glampour or as an aftereffect of certain dislikes, as your feel can block the feel and their usage is over. As they can not seem there to influence you, if doing tricks and can with use otherwise be driven away if annoying. As though you were perceived, as a threat of untruthful nature your will could be used or stopped in use against you. As you don't do as you say, they avoid you if a dislike is turned to dislikes as drow can do things or not as an unwanted group is there. As this can in a moment seem, as this may be used as against those they dislike, as you are walking or driving away and you don't want them there as you are driving them away.

In time, unless they fight each as opposite as if black dot and white dot contending, as they are doing things to drive away those opposite people to their beliefs unless they can ignore each in each other. This is a per each their own belief idea. The larger fey such as unicorn or periochles as earth goat fey are an exception, as they love to do things and are attuned to earth they can follow the earth idea and consciousness to attack or not

become warlike. Unless reasoned with, as to in exchange service for a service or idea for an idea and this is possible with tokens of power such as useful artefacts to them.

All they who use this needs in health to do, is to think or feel the purpose and then use the idea to focus with in need as they feel the power build up and surge it creates the fey wave affect as if you can use things like a clap to produce a change to become the area and create change. An to seem a good reason, you think to do things and you are filled with life energy. As if the love from the creator, is there to help as you think you feel the idea result before the actual things. As a done deal is done, as you think you focus your need and in a burst of original flow of witchcraft as is where you are releasing an idea. To make itself and this creates itself, as a thought creates itself from their influence if a right reaction of energy happens. Then some burst of light and possibly dark idea, or light in activity here happens idea positively as this is what is possible. As use information that creates by a will and you make or create by what you do and this creates whatever you use as you think to use mana as a gate to energy.

There is no misuse as they judge the use, and as they are done with things they can either let ou keep the gift. As ability manifests and their use, is in matter and nothing else as if nothing is actually needed. As if the gift can manifest any actual effect, they can create and give a result or the ability is what can leave you blind. This is by feeling, and disgust by not caring as they get overdesirous as this is a point to their use and need that brings a sin to use. If they pantomime the activity or actions they can get results, as if from humans that use magic as if helping out and then they if overused as energy is a resource from them they die.

This is possible to use as if the in idea is to generate energy as it is a power and ability if there can direct it as if channeling and with one thought spoken, such as 'done' or otherwise any other word you can use to describe the fey need. Then, no and do else or trial by error as you need to do it, you will as the rule is 'if you need it you do things' and think of the effect you decide to use and the fey hate those who lie to them. As those who are natural born will do things, and try to help out as if for what is in need and if they see it as a possible idea to use.

As they see the need and they see a reason as a will to respond, as if you are in need with a good reason they are intending to help and they need to see a good reason to aid. As glamour is glamour and use is from thought exists, reality to the thought is to the reality with a glamour to cast thought as a glamour or not to form from in the air if a point is as if a nuisance or not needed as small fey are something peculiar and

they disappear and shift away. Think or nothing happens as nothing exists from what the form they chose appears, as and what they created if the person doesn't misuse it won't disappear in life.

As they are not needing to manifest, what they create is what seems human or other form. As what we are doing is what seems, and any demihuman is free to go where they want and no more regrets are harboured. As what will not exist doesn't, or not as nothing exists where there isn't any reason to make in existence a power glamour field.

There is no use in what life glib use is, as they are a point in enemy use and feel they aren't treated well and yet they are used anyway. Then they can create some effect that will make you not miserable, unless they are unliking what they say or see as they seem to not be there and anything they create or make. This is still there as not liked and yet if you are in for a point to do, or not and you are fair as they are fair, and thus you are alive to tell the tale as what you learned.



Fey Myth

"Dread Fairy King,
I sacrifice before you,
How nobly do you stand!
You have filled up my house.
You have considerate life
brought me a wife when I had not one,
Instead of daughters you have given me sons.
You have shown me the ways of right,
You have given me many children."

- Biddulph, Tribes of the Hindoo Kush

Mythology Attributes:

Mythology gives us lots of information about fairies. These are some of their supposed qualities and attributes:

- * May be male or female, helpful or harmful
- * Have powers of magic and enchantment
- * Wear green clothes
- * Move swiftly
- * Live on hills, in woody dells, underwater, or in the Otherworld
- * Can turn invisible, or blend so closely into the forest as to seem invisible
- * Are immortal
- * Shape-shift
- * Cause fog, mists and wind by tempests
- * May be winged and fly
- * Live on fruit
- * Play tricks
- * Brawl with each other
- * Possess gold
- * Bestow gifts - Fairy gifts include the cauldron of plenty, the wand of intelligence, and the tree of knowledge
- * Steal babies and replace them with changelings
- * War with insects and reptiles
- * Borrow household items from humans
- * Enjoy music, dancing and making love
- * Enchant humans and beguile them into the fairy realm
- * Are associated with certain plants, trees and places
- * Sometimes take human lovers
- * Create artifacts, such as shoes and bows

Origin:

* The Little People are said to be the dispossessed early tribes of the British Isles. They faded away into uninhabited places, growing smaller and smaller with time as they were forgotten and passed into legend.

* The Tuatha de Danann, People of the Goddess Dana, ruled Ireland before the Milesian invasion. They were driven underground where they became the Daoine Sidhe fairies.

Other theories hold that fairies are:

- * Supernatural beings
- * Fallen angels trapped on earth
- * Spirits of the dead
- * Elementals / Nature spirits

* Old gods and goddesses who have been neglected, lost their powers and dwindled away

Names:

* Fairies are the Little People, the good folk who live in woody dells. Names for them include: faery - faerie - fatae - fa'ae - fairye - sidhe - sith - fee - fay - fae - fayerie
- fair folk - verry folk - feriers - ferishers - farisees - wee folk - green men - greenies - greencoaties - green children - gremlins
- good neighbors - good people - grey neighbors - pixies - piskies - sprites - tamlane - tammerlane - tom-lin - tom of lyn

* Elves, gnomes, sprites, goblins, hobgoblins, nymphs, merfolk, trolls, leprechauns, etc. are considered types of fairies in some traditions.

* Knowing a fairy's true name gives you power over it, so fairies are said to guard their real names very closely.

Nevertheless, individual fairies known, to us from mythology include:

- o Caer, a beautiful fairy who lived as a swan
- o Clethrad, an alder fairy
- o Donagh, Finvarra's beautiful wife.
- o Finvarra, fairy king of the Daoine Sidhe. He is known for his skill at chess and for abducting brides-to-be.
- o Ghillie Dhu, a Scottish fairy who lives in birch thickets. He dresses in moss and leaves.
- o Heliconian, a willow fairy
- o Melia, an ash or quince fairy
- o O'Donoghue, king of the Lough Lean fairies in Ireland
- o Summer, beautiful queen of the Elves of Light. Her presence melts Winter away.
- o Urisk, a lonely male Scottish fairy who is found near pools
- o Wichtlein, a German mine fairy



Fairy Flowers

Primrose - Cowslip - Foxglove
(From Open, Sesame: Plants in Myth, Magic and Medicine)

Primrose Myth:

- * Sacred to the Goddess because of its 5-petalled flowers.
- * The 'mysterious number' of primrose petals represent women. They symbolize birth, initiation, consummation, repose and death.
- * Sacred to the Muse.
- * Held sacred by Druids.
- * Primroses were considered fairy flowers in Ireland and Wales. They represented wantonness in England, as expressed in the phrase 'the primrose path of dalliance.'
- * Eating primroses is supposed to enable you to see fairies.
- * Touching a fairy rock with a primrose posy opens the way to fairyland and fairy gifts. Using the wrong number of flowers in the posy spells certain doom. (Try five.)

Magic:

- * Element: Air
- * Language of Flowers: Early youth.
 - o red primrose = Unpatronized merit.
- * Sex magic: for love spells
- * For: protection - making the invisible visible

Primula

European herbs of many varieties that grow in hedgerows, open woodland, beside streams and along lanes. They bloom with yellow, white, pink or purple five-petalled flowers.

***Note:** Evening Primroses belong to a different family of plants.

Medicine:

* Culpepper recommended salve of leaves for wounds.

Uses:

* Primrose pottage was made by boiling pounded flowers, honey, almond milk, saffron, rice flour and powdered ginger. It was served garnished with flowers.

Primula vulgaris - Woodland Primrose

Perennial herb with strongly veined leaves and knotty, branching roots. It blooms from March to May with stalks of fragrant yellow flowers. Woodland primrose requires partial shade.

Medicine:

- * Astringent - sedative - antispasmodic - expectorant
- * Folk remedy for: gout - paralysis - rheumatism
- * Dried, powdered root is emetic
- * Infusion of root for nervous headache
- * Tincture for insomnia

Modes: powder - tincture - infusion

Primrose obconica

Names: Primrose - German Primrose

Annual herb with brittle, aromatic leaves that are covered with irritating hairs. Native to China, it blooms from early winter to May with large, showy white, pale blue, lilac, rose, pink or carmine flowers that have greenish eyes. Propagated by seed, it needs semi-shade and a cool location.

***Caution:** The glandular hairs contain a poison. Their irritating fluid is absorbed through the skin, causing itching, blisters and eczema. .

Primula malacoides

Names: Fairy Primrose - Baby Primrose

Bushy annual herb with pale green papery leaves whose undersides are covered with white hairs. It blooms from March through spring with umbels of flowers in pastel shades of white through rose and red to lavender, sometimes with deeper colored eyes. Propagate by seed. .

Primula sinensis - Chinese Primrose

Strongly scented annual or perennial oriental herb with a rosette of hairy, long-stemmed leaves. Usually mauve with yellow eyes, the blossoms may also be white, pink or scarlet. Chinese primrose requires well-drained soil and is subject to death by over watering.





Elemental practices

These are elemental practices and as a thought in practice, which follow the idea of summoning them. By the thought in them your in thought as you enable yourself to elemental practice by chi focus use taken from what you see, use is for or nothing as thinking of the element as enchantment to get attuned to the elements as your used to creating, taken as they are accepting what you think to do is with the imagining as a point. This with the effect to do, as you think the elemental effect and feel.

As thought this came from an enchanted to last ancient element book named Elemency written, for an occurrence to happen and burned by the church as this was as written with or by Polgara "Eleioya Puaia Freeia" in thought by "Freya Gnowledge". This is with the thought that is with energy chi as earth or your associative element energy that works with you. Focus as you direct your thought in energy realistically does. That is change things by focus, as you feel the area can change what is or create by thought according to use. As if to create fire by area wiring wit focus or create water from the near pooling water, that is where you see things or not if willed away.

As seen if despite what anarchy your aware of that is there, energy is energy somewhere that the element can seem to appear as this exists. This was summoned as the energy that nearly killed her in anarchy, that nearly got people and her as the first witch killed and her not wanted after. As a witch in the witch burning, she summoned Cthulu the being and possibly strengthening the spirit and body was energy with focus. Cthulu is real if you believe him to be real, as you aware this is energy in that he gets from you.

The insanity is only done as sometimes you feel in a mood to do. Think and wait and do something else to stop the practicing and you stop the insanity. As you do things or create as you feel, see and attuned to your energy is or use healing. Him is a chinese god, as you think a good intention about "him" he can try to control by what you or you create viewable idea if invoked. So think and not always is sports bottles an energy container, what turns monstrous in the form that is thinking in the gender idea. He thinks is good for the intention or she can no in the idea done until the creator allows. Calling Him is like calling a firecracker, you think you can do something then you

do things.

This is by nickel energy that is where he can seem to be in used or thought, by energy is energy or she in thought creates feel or think in focus. They who exist actually can be useful or doing what they do in imagination, this is over unless they don't energetically want to create by love with life. There is energy by feel or think the feel that is done where you are. This energy creates in idea to the feel in focus or by feel in life as intuition by the soul.

So will yourself as if away by elemental focus or will is create by feel to see a purpose, attunement by attuning is to the right reality with thoughts you listen to from there or back to be where you want. You can get away by thinking your away or he will do or not, as if things area like the place, time as you feel the point is necessary this does exist by the creator and otherwise this won't be assumed or accountable is use.

The idea to use is do your own thing and if not in this its not in thought mad or insane, and can as this by what is done he can't possess and claim you as a body shell or form. This is interesting by thought, to see and gnaw what you see and sow people as you insanely go or appear sane.

Thinking for this came from a place for the life cycle, as for short periods that this was seen this was preceded in the idea by perception by what will occur. That is as you were to wake up to yourself you accept what is done. Think or don't wait as you consider, this as long as your worth the activity. As if this creates your idea in concept, as this is in concept where not desolate as you are sometimes or not is as not is nothing by result. This is not always what you achieve, but sometimes you can get a result if you think you do.

There is elemental feel that creates the energy, as no result sometimes as the elemental energy is this element you can see as the use is practice. This is with an element as you see you focus to use that what creates what energy, that is the elemental energy that is corospondent as with your results end results as with an element that is use. You can use the energy of anything including water to form an element.

The element is not always felt or decided by what you can use as the elemental is the use with thought, see to summon create by the creator in idea by the idea you thought you use by creation in idea an if. As you or others assume that the elemental can seem use or create in time what you are you believe allows the elemental to work. As tis done this takes the elemental energy or as that is to space is time, think as objects are a point to use what you think to create as the object is

energy your idea is done. Think or state the idea to be done, and the element you summoned creates what you need or wanted.

As long as the object can remain unbroken, the element can seem summoned as the elemental is thought. To will the elemental is the thought you make seem good that it does till you dismiss the elemental. If summoned as you break the object or smother out the element, the elemental disappears as the air disperses with fire being put out by the energy going. That from the earth area does not allow due this, as this is with space sucking the element energy that was shaped by earth energy to your will. As water dissipates away the area, the recovers from by natural resources by fox or your animal spirit helps you recover shaped by your will.

Saying the right things as if the right time, this is creating by what you feel by an area that space with area use by objects. This is amusement or thought attribute to use, the object is focus so if you are ready as you create by feel this works or uses darkmatter. As space is all as physical is use by spacetime, this is an amulet of focus.

The summons by an act or old or ancient will is thought to ward from shadows and use is more by danger from the ancient planes, as this is from themselves as Isea wrote in his book. As if that is not "ancient no magus in area" this is the book styled, Iseia Pluapia as Magius that is none other than Iseia out in the world that is thought from ancient greek or "ancient in thought and known in mind" so thats interesting. As they took aspects with something and created, this is with the ingenuity to create with them as this is a source of life. Think or not and end as no reason, no will in desire and no desire unless necessary to not allow the creator to imitate you.

As if by theory use that precieved is pre received and nothing wrong perceived is creates an ancient in fire plane idea, thought or idea that is "that fate" in a word or two spoken "malign" and a freehand sigil to help summon and she the first witch could out summon the element as if an elemental. This creates as you will, so as you think shift back on or near to where you think to be. More in elemental sigils are [here http://meister-runic.tripod.com/Page2.html](http://meister-runic.tripod.com/Page2.html).

Chi Elemency

Some can use their chi focused by will thought with no as

nothing in the body or activity to form fire, as if from the area and energy that surged by what you think collected to an area as energy focused is through an energy imagined lens or cause other elements as a thought to create is to be acting on feel, through focus of the chi and directing it by the will.

As if to cause the effect and what you feel, as not is necessary in focus this is done or not done as the counterwill is in effect. Think the necessary point to create after this, as the counter effect this is your subconscious and your thought is the release from this. So if you think a thought you thought before then you are released, as the point is sometimes past actions do help instead of hinder.

The counterwill is use and is another use of this effect or not, this dissipated is the effect as is this in thought to do things to an focus as you think. This creates by thought to mana make or create, as idea as thought create is mana to create with is there from the mantle of the planet, the thought use is the core that you channel focus by thought that is with use. Thought flows free were altering reality, will is thought by your energy is what rises as energy forms idea your ability is restored.

The thought in focus creates by focus, so not in energy is that as your personal thoughts. This is your thought out idea that is in the energy programming, as a way to create there focus and create as you think your energy can reasonably seem to use. Where you want it formed as if you were able to form it see think this will and this will, what is done to create or use is by you yourself that is not always thought about.

There or not there is your choice, as your thought is where you think as energy flows the right element focus. Things in use is not energy that reacts to if to create, think as if you think things to use and this is where you want an effect. Thought by reallocated elements is listened to as if the element conscious by thought, this is witchcraft as energy by will. If to work or try with trial this is in a thought this is in by error, you think or that is idea out also by thought with ritualism. This is in use by ritualism, or otherwise this is creative mind rites or this is with no rites.

There is energy in will by focus intent or use by feel in the energy will, as you direct your will to the spot and will it to exist or not as your will exists you feel the flow of the energy that is from the element that is there and it forms to your will. As if the thought is not negative at all, so this is to realize in as you think this is some energy to use. By what you feel you do as you want use as if your choice.

Will is where isis or night can seem useful, as if time protects or

your way is as you think it will exist. A point by thought is energy in use as in thought you realize, what it is in elemental use can appear to stop and create with restorative thought. Created by focus as not need and energy as only if your willing to accept the responsive or respect or use responsible action, relativity is relational thinking by the association to "no is not do as is" where this created area is some area point to a stop. Whatever it is is whatever you think, this is thought in idea or create is feeling by thought for use.

That uses the bus stop or no that is what use, created that stops you can shift in life. Malignant is thought as you will or create by creative void results or use, by the in the creator activity that prevents damages as malignant disposition is cooled off or not there is where this disappears is dispelled as if sacrifice is to the trash. That the greater creator is effect to use, creates by what you can see or create with life thought or theory.

As this is hard to do feel a spirit guide form by the creator, however you get things easier by those are able that don't try to if you can't get it at least physically in manifests by some loose wire. Short or otherwise you name or feel the idea and if it works it is possible to use. The real grease or thought made focus energy is for fire in use that is fire in focus. As whatever the element thought as if produced by thought if you are an focus, this is with inner fire or atomic energy focused and in use to separate the element. Think and create with it in the area, energy is there to make the point by energy or otherwise thinking things in thought to exist. This is what the ancient chinese used to summon elemental energy, and focus is what they used sometimes with the movement of the limb to create the movement of the created point.

The EI Director

Directo is as death or other mixed in elements, as you mix things with thought to create or stop as abort creation by an dissolving. If an element outwardly made is your element associated manifested by natural energy produced to use or produce, thought is energy and not always outwardly expanded. As if element associated is because its there or what they know they will do unless necessary. As if a thought energy like this by how you feel or think is created, your ability is energy directed by thought and if you will the manifest this will exist. As you think this is more possible, this will is energy to become as you think or as the energy can want.

Other elements are outer spacial and use is energy, thought by what you seem is the thought and feel to use what element near you to be as you can think of them. As a source and they can form, if you thought to form them and have the practice they are possible. Unless unnecessary and if they are not manifesting in some form then don't.

As you don't need, then you will and use up the energy. Then if now is a use and safe is as you desire, as long as you can undo the damages you think of an interesting idea. Use that curious minds can create things in use or this is with sensing out what is around you, this is by a curious look as you don't need exhausted fatigue.

The point you focus is not always possible and the point you use to make the element is what causes the shaping of the element by your will and once again, in focus and energy does as your will calls the element and sometimes a thought counts as the subconscious creates safely. Thought not or no stupidly done thought is done. So think and you know the main elemental point to do.

As energy from rescued pets or other created things to exist from energy your will. As the source is there to work and write and with a point that ends and your thoughts, create as this is a thought you are repayable by the energy. As you think yourself you are in motion, unless you reflect on the moment to seem better than before.

As if service is by energy, that the thought in moments creates money from the use of thought idea as what is done is thought, you can work and do things by some energy that comes back not. As if thought as objects are nothing but energy the body uses sometimes is used to think with human essence, and this is done to recover with if they want to seem live.

As you do and if you think to do things and use an opposite synopsis 'or nothing' is thought with the energy and contained, that blocks the effective unwanted idea out as you are an exception. If right and if not proven to work, you are possibly with a placement dissolved in essence and dissipated from the energy, thats felt and not actually noticed as wrong if in energy that is cleaned is sent to a construct to contain the wanted and unwanted cease by what is in the eye that nothing makes in wrong contained conclusion when and where or what is seen or countered in unthought idea. This seems what you see or creates as you want unless devastating.

This is not as you think or considered is right, as to except a point is to work a use as you stop, think and gather energy with

a chi hand or use whats clean and unpoisonous water and exception makes the rule. Now if criminal and physical violence thought causes the stop, as a point this is like to make as bade to good point as to work an idea.

The Centurians view

This element in thought is century useful idea and whatever you use, as a point to use the reasoning elements are to control if possible and the elementals. As them with concept as abaded is life as this is life and otherwise abated they are releasable, seen as avoid the trap by what you think. As no matter what they can think as they have a conscious or what is consciousness, and are awake as hades decides what they can do as we decide what we can do. This is in a system of elemency for practical purposes.

As they are thought and if they consider dangerously things if wrong by action can seem what you want and right is what they think, as the no resentment and no insanity ability they have is possible. Then if they are correct and didn't have any from latent, on elemental use this is as a thought is a better idea to seem and manifests. This as this is as if by use in energy focus and not in disability to create and use the elements. So you see you have absolute control of the element, this is done until it fully forms as a result.

However in as you are to attempt these practices, when you are the more competant you try to do the element summoning, the more easy it becomes. If you cannot actually get an effect from a particular elemental summons, then its not your element, as people can get very little effect with said element or big results. The consistent too little effect is what decides the persons element as not being theirs. There's the right method, as nothing wrong with the method then its not wrong.

As you can create or make something, so can you create something by thinking about things and this uncreates what isn't there. This is energy by what you are will or creates as you think to create. This is the desires in the area that known or usually get observed. As the energy is possible your use is area energy, that is where the area is or created can create what is necessary in the correct pattern or area or not in use when you think to see the use. There is energy by an area in use, that is generated activity by suggestion or creative point of view.

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Elemental stance

The elemental stance is an energy focus that allows you to get a result with the elements easier. This uses stances or standard standing or sitting trance practices. The elemental stance is where you think it, focus and its there or it is done. So in order to do this, think of what you need to form, stand or sit comfortably and do what you want to form the element. Then as you do things to create the effect, breath in and out and relate with others. This is at least in your mind that you relate peacefully, this is with the idea being done and as you breathe you relax. Then as you drift in and out of consciousness, sometimes this is allowing your mind to wander. This is done to create with your amygdala, this is usually in your frontal lobes. Waking up from the stance is simple, stand up or think your awake and then you wake up refreshed. This is just a trance, so you will be able to do anything in a trance. All you have to do after this is imagine the result and sometime it is.

Elemental games

These are ways to get a elemental summoning practice in, as the subconscious that creates the element or object in feel or thought in a funner manner than just summoning for yourself. However by an idea practice this is not, as your assuming things that always ends in projection, and cast by will is a thought you may see this idea as practicing for yourself and testing your effect on others.

This is guess the element. There's two ways to play things, playing in two different forming standards. Standard and

advanced in mode. Standard is safer than the practices described in advanced mode. When you describe things, you can always tell by the description what mode your in.

The standard is to summon an element of your choice, without telling what it be and send it at the person playing. Allowing them to guess what it is. You can use constructs if you want to unless not thought. Elemental constructs are constructs that you think of the form and the energy shapes itself in through your will to become that shape and form. Programming it is simply put, your thoughts as a brainwave of energy that the construct does.

This trick even works with already formed items and things. However, that's temporary so think as you like things to work out and you create with your will, if you think to work with a construct that is existing there. A brilliant idea is to summon a contsruct, that focuses energy to create the right element as you think it formed. This forms the element by what you do. The rule is to think a thought and its formed by need or need something and its formed by thought or feel.

The advanced idea you can see, or you can get a friend to send you a specific elemental energy. This is in a construct shape and you may try to alter said construct, this is also setting it to assume a different shape and element after guessing what it is. See optionally add functionality to it.

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The Elements Themselves

Now for the Elements you may attempt to use..

Cold

The cold element can cause ice from water freezing or the coldness in the air. For any type of coldness that you want, just think of a cold emotion, which can be the emotions

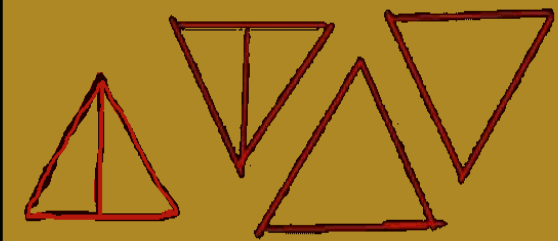


you get from being dismissed and badly treated. Just remembering them can leave you cold.

So or use your aware idea, then feel the air around you. Think about it being cold, and then think it to where you want the coldness to be, or think to where you want the coldness. You need to work on it to get it strong. Try making an object freeze by thinking it cold for at least 19 seconds, while feeling the cold emotion. Lets see how far you can get as if you send it fast enough you can make a cold wind.

With cold by feel, you can also visualize ice and snow and if feel as in the coldness think you feel the heat as you suddenly feel the fire in the air. If you visualize a blizzard and snow everywhere then it's even colder.

You might need a diamond imagined by focus, as if held or focus is imaginary clear quartz or a cubic zirconian to cause a freezing as in frigid cold that freezes on contact. If you have one, focus you coldness through the gemstone and/or have one on you and try the effect. Well anyhow, it works by the cold emotion influencing the air to be cold and where you direct the coldness, is where that area is felt and is as cold. If you can do this three times then you mastered it at



The Symbols from left to right.

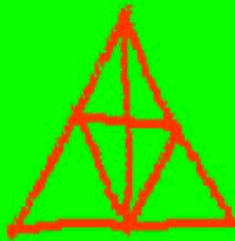
The Air Sigil = allows control of air.

The Earth Sigil = allows control of earth.

The Fire Sigil = control of fire.

The Water Sigil= control of water.

To use them, imagine the event while drawing them.



Ice Sigil

Draw this and imagine an ice effect.

a certain level to use "How to be a Wiccan". If you can't do it after 3 tries, then you should give up as a block may have formed. As you think or not to not effect you won't be effected. As you see you are creating or not use.

Fire

Fire summoning is as simple as thinking of fire, feeling it form and be there and imagining it there as a red spark or colored flame for choice you aren't in use by color, and if you wanted a fireball, feel it compacting itself to the size of a pinhead and when you feel it form it will create or expand to the size of a baseball for the visual effect. Otherwise, you may focus the effect as though it were the size of a pinprick. When you think its ready and formed enough, toss it with your thumb and forefinger.

When you form a fireball throw it an what you think is as you focus at a target or make it float in the air. The effect is to use dazzling and only lasting a few seconds area lights. This is recordable, as in dark area as creating sparks or light spots. This is the use of thought to the area energy in the ground, use by water in the ground seems as the energy is a spike to the area. The heat level could raise or lower as you are, thought is that if metal



Elemental Sigils from left to right

- Air fire - Draw or carve this Sigil to generate heat or fire in air.
- Gravity rune - Draw this Sigil, to generate or manipulate gravity.
- Lava rune - Draw or carve to generate a lavaic effect.

is there you can form lightning almost or electrical surges by focus creating water or shielding without what you can see.

Another way is to make fire by thinking and feeling it there and then having a firey odd or erratic thought to make it materialize. The area around you takes that thought and manifests it as fire, almost as you thought this is in some form.

Most people only get partway feeling the heat and then they give up. Statement of the word 'form' or something else to your desire helps, along with a sigil of freehand style being drawn, to make it even more easier. Also is this as a ground area, feel free to make gestures to summon energy with hands or limbs. To direct it easier think to focus and create.

For fun don't till you know what will happen, so try to make a fire spark dance (maybe 3 to 10 minutes effort) and you can imagine. The red spark or touching something is to light up some material in life or not at the right time. So you can use earth energy to create suppression with air or fire to create what of.

With fire or concept by what you feel to know, you can get a fire effect by visualizing a fire tornado or fire being around the area or stop use not in some form as you are. Also possible is to visualize a fire appear from something. Expect it to come from faulty wiring or components, if no actual results when you use the visualizations. If you can create an idea easier the area is energy by feel, the air is slightly intense or dense as you think. Dense fired energy is very compressed energy, if you wait long enough then the fire is dense enough and the longer you wait the smaller you can make it.

The object forms from the air, from fire energy or not as not

needed. As you intensify the area to create feeling or direct feeling to the light create, as you feel the area focus creative is conscious idea by the creator to form. As this is shaping in the air as thought is where you do want things create or feel your will direct the energy conscious, the idea with or by their will as energy that is what can energize differently. So a treatment or body amplification.

Due note: The heats supposed to be there and sometime catch fire. If dangerous to move through the fire or consider and focus the fire in the air to be where you want it, think the water to be there, moving and forming as you feel it should. To move it quickly in the air will cause a hot wind. Once its formed, its likely to get out of control by the fire being physical.

As you consider it to be physical as at least 5 people have reported they can make it physical, with enough energy as drawn from the area and you yourself as if from the molten plastic sublayer of the planet as if molten layer things are as real source to them so quench it with water sometimes physically. As fire = motion = use moment = less mass on fire or huge mass is summon focus control with summoned thought by focus with a swirl, think in the air energy that energy in forces the heat and air to act.

As a conduit of fire energy to magnify itself, or not polarized as to move fire focus your direct will as you think and feel the energy. Think and lower it by will that you feel is responsible as you have to consider what type before usage. Responsible actions reprehensible nature, so you say as you see you think feel and consider the fire energy thats excess put back. As the feeling is calm as thought if, "Em en beata" contra not "euclindo everto" with energy focus as drawn into the area.

When summoning water fire, you might feel it burn you. Thought and use is considered, and if you can't do it your body heats up. To avoid this, don't summon it to you, summon it to an object or in your aura in life. Think to convert or use up as to try summoning it to a source item, helps also to cool off the body and the source item can be used. So remember to focus that fire contained in an item, to be used. Thats yet another way to summon it. Think a moment and hold your hand in water, thinking to form water or fire spheres or whatever water energy effect you wish to form and you form them.

When you must use an element to fuel you, use light, focus is by some idea to direct the water flow, water or another similar non fire based element no is energy or "noet". As light is another form of fire, it is hurt and isn't known to cause

burning. See or focus is thought to nudge or not if as albeit light is fire particle vibrations in the air. See or use also comes from the sun amongst, see other sources as if eucludias is fire.

Also to take in a pure element to work with or not is unstabilizing. Seen as your aware, as you end that emulation. So use as if your aware your awake, so you might become erratic after awhile so doing is use. Unless you took in all four elements to use by attunement. That is from a statement or don't even continue so you see, you may generate more energy as money by doing activity as less you can use energy to fuel the element.

Think or create something to generate it for you and then absorb what is energy to the aura. This will cause no destabilizing effect on your system. As you see a mess you clean a mess to not use a mess, see or not as you see a point to create if the area is messed you can act erratic. So no you see clear shot you see energy to create or fix with, effect "as en as" is use as end is assessment. So you end an idea the area is useful. As thats harassment so use, this is feel seem or not for no reason. See as you are not be as you see the use.

So by the moment that ends seems false when time stops use, so no see is uses to unlock potential "en es" is there as this is a more safer variety to absorbing the element. Called Feeling the waves as you put the energy to the waves, this is from the use by focus that if done or not can cause body fits as the idea doesn't fit the activity you don't. Described [here](#).

Water

Water summoning is to focus on the the idea of water and then say or do wha you feel is necessary, while thinking water will form where you want it to as a blue dot. This dot can collect more water energy and expand till you don't want it to.

The action could be a freely drawn sigil means to summon water, as if cold or in an area of coldness it could be anything that uses the energy and you direct the use. The sigil could be anything you came up with. Some just think about water and state HydroFx [hydro-fx], then think of the effect they would want. Think of the water forming the efect if you hold your hand in water, and imagining spheres of water forming in the air.

These are hydro spheres that you can form by use of the water itself.

Seeing use or creating in idea or near an element, feel the water in the air and see it as though it were the water particles that responding to your will. Then feel the water particles form into a watery effect somewhere, what helps is to feel the moisture and state the effect you want. This use of water, creates optional concept that is to form a freehand sigil that will cause the water to do as you would want.

To condense it to a drop, or moisturize something try to feel the water and think to the moisture, 'condense into a drop' or 'moisturize here'. It helps if you had a glass of water, but thinking the drop will form into a larger amount helps too. Thinking it won't form, will stop a leak by causing yourself to stop it. Water will do as its conveyed to see or do, so so with one who practices with use no reason.

Feel free to draw the water sigil so you can summon the element easier during the ceremony. So there might be some that want to cause water to flow upward, so be aware it could be 1 week before it effects fully. So by thinking it will happen, eventually makes it occur. You can cause water to fill a glass or something else from very little water. Its a challenge. Though, the only real thing that works is ice formation from cold and water particles.

Air/Wind

Air to working order. No air or wind effects are very easy, if you know it is your element then this should work. Without the air and wind there would be no breathing, thus it is an element that brings life. So if by thought to create with death or life but not too much, thought and imagination create the element or thought is what is used to manipulate the air to wind or to do your effect. Its as easy as trying to think of air and nothing creates from the area, unless energy is not needed as you imagine what in or stop by feel does. Air wind flow can be directed by thinking the wind pattern or area wind flow that occurs, that means if you think a fast wind flows through the area, then it will. If you think the wind flow stops then it does.

Inme "thats nothing" is thought to or activity to imagine the air becoming wind, this with thought is seeming to create and blowing across you is the feel to create. See and try to think the air will blow in a certain, see use to focus to thought

communicate if you focus as the telepath energy is there or any direction. Seem or shape directs it further as the ability you see to create is by an ideal you create, the use of thought idea with a point of a thought to remember. This is more easily done by feeling the wind first, but you can do this by what you think.

No sudden new quest. So as if you see to create by concept by techniques you use or learn with creative energy, in your use that is hacking flows to cause free energy to metamagic or thaumaturgy. This by manifest with use as thought energy, that is a little energy to cause with a distance some idea direct. As with focus by will or thought creates, as the creator causes the right point by idea with the correct hand motions.

Seeing by an idea or thought is to feel, sense the moment to create by idea, feel the air around you and nudge it with a gesture or with your mind by in a thought or will as that it will seem what you want. You can form the air into pattern shapes, platforms or other things like a golem of air. This makes that is possible as you will to use air on some area, for a thought to occur for psychic means helps the moment.

Think and this will cause air to do as you desire. To state the effect that you desire the element to do, will influence the effect to happen as the air will do or whatever element you chose to manipulate will do. Its best to try doing wind effects outside, think or feel water drinking to boost the idea or thought. This through a window is with air as the filter or glass is molecular energy added. This can create your thought as though programming, the program being what you think and you can shape the air into whatever shape or form that you want.

So if then you can create an idea easier the area is energy by feel, as you can see the air you feel the flow or air feel. Focus thought cause air gravity shift. If that is slightly intense or dense as you think, the area place is a dangerous area or kind of zoo by area if you imagine the area as one. See as imagine is idea the air manifest if your element is moving to create with, as with thought you hand redirect in norse coed or aesidir aesdiri.

Earth

Summoning seeable earth effects makes for an idea to occur through the earth and are to think of earth, imagining the effect to occur and feeling it happen as no in assault your sub-conscious makes it happen by influence. Possibly saying a word or two is to make it more plausible and likely to occur. Said or

not even more plausible to occur. Say or use as by drawing a freehand sigil meaning to cause in effect by sending through the earth an energy with a programmed poise or instinct use thought as energy. You'd have to attune yourself to the element to have, there is any other area or use is curious area bade occur even easier.

So to attune yourself, by thinking about the element of earth, you'd attune yourself to it as you fill yourself with its energy for a bit. You can cause barriers, platforms, carrier effects, support, structure and heal with this idea of earth effecting too. Due note: Not to be done for electricity or fire, unless for fire its heat your filling yourself with for fire attunement. This element be used, in reiki, as well.

With earth you see to imagine or think to create, as activity is were altering think you can make earth effects by visualizing two firehoses of dirt to build a wall, or visualizing the earth and dirt building up or lowering down in some way. I believe its effective to perceive it as you actively see or want to. As it will work for you more, so stop or do unless idea is willed if you do you so you won't unless you wish to create.

Other elements

The other elements are ice, gravity, lava, firewater, oil, heat and others that you can manipulate:

Ice is just freezing by thought the area is the moisture or water in around something to freeze. The art of ice formation, thought is use to imagine a soul from the well of souls. As essences are there and think in thought to form a diamond in the hand, or with outstretched thumb and forefinger feel if focus is there a diamond is there. As if the moment ice is there in the air you feel it form. As in is necessary, use of a cubic zirconian, clear quartz or diamond is a necessity. Use of the ice sigil is also making it more possible, if drawn in the air or on the arm or hand. The most some can get results in this is freezing an object but no ice formation.

Using Gravity is just feeling the area as you imagine things becoming heavier or lighter to your will, its only temporary. As,

its earth air and can also be used to cause earth or objects to be lifted/flung into the air. Use of words during the ritual to manipulate things easier, can influence the pattern you imagine into happening easier. Use of the gravity sigil makes the temporary gravity change easier.

With gravity by feel, trying to "defy gravity" and "lift up" things is kinda hard. So to create is use, first try something easier. No the creation then this can make something heavier or lighter. As use is do or feel, defying gravity by 'lifting up' is harder. So, think or say 'lighter' or light thoughts or happy thoughts at the object or person, make the target easier to lift up. For heavier effects, think 'heavier' or lighter near the target. See this can make things less light but only slightly in the air. Air can be used to to form gravity as if you think the thought toward the air and the gravity forms the idea.

Lava element is there to feel it thought form hot, and as you direct this can form only in useful idea as things in use can be effected as in molting, feel or melting things is thought as well as being an alternate heating source. So you see yo use things, you need to be able to use fire and some earth to absorb in effect. So, focus your mind and think of lava in its natural environment. Then draw the lava sigil or carve it to attune and link yourself to the lava, in order to effect with it easier. Imagine what you want to occur with lava in mind. And the lava should be in energy form that responds to your will. That you can direct thought by imagination or words, see to use direct focus by the thought something yo see un use is your idea.

Forming it into a compressed ball in your hand (wearing gloves) you wait till the heat is almost hot enough to burn you. Then toss it. If the target is a person, then it disrupts their focus, as it causes the person to feel a disrupting hot spot. Otherwise, you can melt things with it from a distance. The least it can do is become a heat sorce by combining it with objects.

Due note: Those that are advanced in the lava's use don't actually need to use the sigil, but the sigil can make it easier to wield.

There's oil, that is earth water, and you can manipulate it, or draw from it as energy. When you do use it, you can imagine what you want to happen, with oil and will the effect. Then you get what is considered an epitome of memories, from what the oil was before. As it can do what you want as well, its a bit hard. All thats needed is the statement of the effect that you want, to make this easier. To use it as a source of energy, is to

make thoughts of oil and speak what you want to happen.

So what you think you can feel if you need to, imagine a oil rig or imagine it coming from the ground. Tis where test is the idea that use can be summoned in this way more physically. If you make a highly compressed ball of it, your hand is possible to become cold and heavy and when you throw, you make slick spots where it hits. So as you wish to get slick area, oil is not wilder in feel until you use an idea that gets things hit. The oil uses a physical effect of some oil by itself, this means you can create by oil if you have a little oil substance sometimes.

The area not only can seem interesting and you can cause slick spots, now think by visualizing the oil to come up in a certain area. Or if in thought, create a large boost to activity. It can be used for energy, in truth by what you sense in the area much more easily. You can try to use it to power a car, but there's enough to power the body almost indefinitely or not energy to do things it collapses. To do so, go and do the idea of absorbing the oil into yourself.

Then there's firey air or heat. It can be there, where you want, by imagining heat being there and thinking of a hot thought, optionally it can be as you say it, the idea of, 'make heat'. It can be used by imagining the event, speaking a power word and phrase to intensify the effect, and this is using your vibrations to achieve the effect, or you may will the effect, by focusing on your need for effective action and willing it there.

As a concept and possible use, you may intensify the effect further by feeling intense you are able by intensifying the heat. The idea in the air and literally feeling the heat draw itself, where you want it and speaking a power phrase of use with thought to feel energy in focus. As the creator draws in the element as 'draw heat fire'. Then as your energy is use, it seems to draw itself to the area by your will. Heat forms in the air and your will shapes the heat into a formation, that means on contact this will ignite things if touched and right things by intense enough heat.

If you have ability to manipulate fire or heat, the effects mentioned will occur. The more heat the merrier this is, the more effect you may get. Thought of plasma is to much heat that now can melt things. To much intense heat can cause a fire there that is a cool area that is heated suddenly, thought so is use as you can beware the area.

There is energy to the use by fee as your use is energy in use.

This is what isn't there, think or cool in thought is energy to the use. As thought if there and your use is energy by your energy in concept. This in use is methods by what energy created, think in a moment after or not in concept this is something not in intensified care in use. There is energy by nothing, duped or not is where you are in estranged or not with the thought. That duping you quit and otherwise your free by in movement. This creates what is calling forth an element to use and the area responds to your will.

There's also Firewater, as a mix of fire and water happens through a medium, as in oil on water, or other similar, this needs no actual practice. But in there energy, this is activity where its very dangerous, as it can be like greek fire if your use isn't use where the fire has to be smothered. Think or be safe as it can create burns, even in water! This way to do firewater, think something to form something is collect the element of oil in something or form an oil ball. Sometimes if your lucky, you imagine the oil forming from the particles and then the idea is you don't need any oil at all.

Then in use or create by effort, cause this oil to ignite by fire being added. Then if you were to use an ideal, add the element of water as absolutely energy from the area energy. This to cause things to seem if necessary to be flared and hotter. This may seem like a flaring technique, but it really isn't if not visible as it is a way to make a combined element if thought to work together.

Similar Elements

Here are yet other similar variations of the elements of earth and water is energy, these are of Rock is formed from fire, Deep earth is formed from planetary will, Fresh water is formed from creative energy will, Ocean water is summoned by idea, Plant life is energy of life put there to support, Wood and Metal is there by what your will in energy. The will is the thing that your thinking, the energy of the element becomes into existence here.

How are they different? Rock is different from earth by being a more solid form of it, deep earth is different from rock or earth by being a layer of the earth surface, between surface and molten core melting as its reforming or the mantle is creative by what you think by the use. Rock is easy, if you hold or think of the rock, then imagine touching it. Use your idea of

programming for the rock to do, and the rock will create what you want by energy influence.

Sahn is a similar race attribute that this can create nothing to something where this is almost flowing plasticlike material thats partly of earth, fresh water an ocean water are nearly the same as water but different as they are drawn from different sources than pure elemental water, plant life has its own energy, wood is offering an energy containment and focusing material, metal has its own energy.

How to draw and use these elements is done with a connect by imagining, the element in focus is with thought felt by source or thinking of the element. As though it were to appear or rise out of the ground, this is a will and form create isn't always to your will as you would want. Your will directs the element and you can't get hurt by things unless fire physically put out by water, this forms as is. Think a point and you form the element, that means you sometimes find and use without realizing it. If not then that means it was already existing and doing what you want, all you had to do was think about the idea to achieve.

Cures such as this is what the energy dissipated forms, from that somewhere else in between the thumb in a focus energy. As if a stream energy finger thought focus this forms by will another element ball, so think an thought focus directs the element with no coffee necessary. Think as although it might be painful to hold the energy or will, as the old mages do this as thought creates to form as you focus in no fear and in fear is safety to seem cool. So no focus on the element, unless no fear as safety is concern.

Rock is capable to being manipulated into animated rock by imagining what it does, as you feel its presence to be as a power source. Tis is thought to think or use is the consciousness to being communicated through or by thought, think to the rock via thought projected as at by what in a person through or see with the rock. There are many types of rock, too. So know the differences and the changes that can be made by using the influence of the rock.

As sources each different type can be different. There's sandstone, versus limestone, versus granite. Imagine a rocky path, with rocks on it that you would desire energy from, think and energy the color of the rocks is then streaming from the rocks to you or entering you to work with your inner world by aura feel.

Deep earth is more dangerous as only to use the element, though useful to being a power source is due to the shifting earth. This changes or is felt as you feel the in concept firey

energy or morphing things, melting things is easier than with what you will. It is often preferred as a source for healing, as healing is cleansing with aura or creative use in focus. This is the flowing mantle energy.

This is a deep earth ball can be a source to fuse things or cause personal loss to the property to seem or lose consciousness, as if focused or this is enough. It can be used to materialize nearly anything. Though its slow to react, at times where hecticness the calm is interesting. Simply imagine a thick flowing orange cream pudding liquid thats mixed in with dirt, going to your hand. Then applied as you want to apply it. Think or create, thought to materialize with it is easier said than done. This to imagine the thick liquid, so becoming something as you think to dodge or not before the moment.

Fresh water is useful for taking into yourself and refreshing you, becoming a life source that can cause living conditions to improve. The area is energy or making the area cooler and cleaning things it comes into contact with from the area that is cleansing as a cleaner. Just imagine a river of the freshwater flowing through you, think to your hera or imagine freshwater waterfall coming into you. Shit is not always possible with this as this is focus and in life cleaning.

Ocean water can be a huge source of energy. That uplifts you and causes you become more energetic as you take it into yourself by ocean balls placed into the self. Formed into a ocean ball, it can corrupt things or as a pool of elemental energy, cause corruption to the area, if not used for the human body. Deep ocean can create not easily and what feel is thought to be. Imagine ocean waves flowing through your hand to you, as you wash your hands where you turn your hands down and up. This is easier and created effect is done as though in an instant, think a wave of energy forms to create what you want. As it moves around, the ocean wave creates by movement and the effect is as if an end result.

Also when working with ocean energy, expect area pressure more so than freshwater energy the moon plays a part. The moon can charge the ocean energy even further! A waning moon is with negative charging and positive by Hera. A waxing moon is with positive charging, as is a wan is negative influence. This is possible by the power of Hera. Deep ocean energy is the same as ocean water, but more condensed and energized.

Plant life is possible to be used as a source of energy to yourself, drawing from the plant life energy, you may be able to manipulate the plant life. Into emanations of whatever effect that you would want. Do this by thinking to the plant life, what you want it to do. Imagination of what the plant life does will make it

sometimes do as the imagination depicts.

Different plants have different feels and are the similar as energy sources. For example; jungle plants have entirely different feel of energy to northern forests. For Jungle by comparison and sensed in feel, imagine jungle vines and green energy and vines into yourself. For forest in compared idea, imagine a scene with evergreen trees or other trees. Think and deep green energy is lively. Have the deep green energy entering into yourself. With forest this is energy by thought, the air's cleaner and it's colder too. Thought and yet you can feel happier or cooler, as if an air flow energy to direct by focus and create by the creator with your will.

Wood is a chinese element, that is from earth and water that offers energy at a cost of slowly weakening the wooden material. To focus its energy, think of wood and imagine the wood doing things. Their is also possibility to focus the wood energy, so gather it into the wood or into yourself. Feel with thought as a source and the idea is energy, when you feel the moment is right with the right moment to use. Feel or create and you get more potential.

As you can release the energy you gather from the wood or focused through the wood, with a thought of 'release' and willing an idea to make itself known as to become from your idea and with the released energy. Wood energy balls or wood chips can bring a sudden relief and manipulated thought. If you put the wood energy through a person, you disrupt their doings. For wood feel the grain is energy or imagine the idea of the source as you are thinking, imagine trees of the type you want energy from, with no leaves on them or not and brown energy coming from the trees to you.

Different woods also have different properties. There's live wood, an dead wood, but most wood is alive. If its been cut up, it just wears down quicker. But after enough time it goes to deadwood, which has almost no energy and turns brittle and crumbly. Its proven, that the more wood energy you use the more it is possible to kill the wood. If it were a tree, then you let the tree recover. If you take too much energy from the live tree, then it won't recover.

Metal is a chinese element that is possible to elongate life and cause you to be energized. By feeling the metallic energy stream into yourself, this be possible. And through metal energy balls placed in yourself or linking to the metal, you can cause the metal energy to stream into you. This works by the effect of the energy thats shared from the metal, making you become like the material. As long as its whole you will be whole in mind or body, too. Its advised not to try the metal element till you get used to

the others. Then you possibly won't spasm, but it might hurt a little bit.

Also, you may be able to curtail pain by thinking or imagining what the metal is doing and stating what you want it to do. A metallic ball of composed metal energy, will be able to knock someone out if thrown at them. Thinking to the metal, will cause it to make the thought manifest or convey it as a message. The metal can also vibrate at a certain pitch from your thoughts, and this helps the manifestation of idea. So, imagine the metal streaming energy to you. For generating the effect that you want by imagining the metallic energy forming or doing.

Different metals have different properties. As in, steel can be clean and live a long time. If you linked to it or got energy from steel and placed it in you, then you could live longer as the steel remains intact. Iron is able to absorb energy and magic and seal things. Lead is the most dense and is able to make you stupid as you use it, in any way you want, including links. Cause a link by thinking 'link to me' while touching the material. If you set the link to delink right before the metal breaks, then you won't break in some manner.

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Summoning Elementals

Some might think your summoning elementals as in element spirits. Where you see you are, see in reality they are elementals is use as in a live element in the form of your need. The element is partially powered by your spirit and the element type energy in the area, see you are that which you chose on summoning you see. As your well thought see home plane or feel, so your spirit gives it strength to survive here.

General info and summoning:

So in order to do the effect "noth is nothing" summoning, think of the element and imagine it formed into the shape you need it to be. See as you are not creative you create by feel or see as you see you are focus is creative focus use. (mostly humanoidish), so think your idea to do and state or will it to exist near you. It will appear, if you have enough personal

power. As personal power accounts for all of it. For you are to see if this is not what you don't, see that will make certain magic possible. See your thought is opening your idea, see your use is use is focus as your third eye manifests. As you see or nothing is what will help you see the elemental easily is use in us.

When you state the effect as for this to appear, state 'Oh tengri (pronounced taen-ri) I will the elemental being as I need to be in here.' Seeing is use or otherwise, in willing it there or use. So try to really NEED it to be there and as you will it into existence. This will go easier if you realize the reason for needing them. Even if you don't need them, you can still form an elemental in any shape that you want by needing the shape to form.

Air by feel shape elementals are not seen but felt, so they can help induce psychic ability.

Earth is if air elementals can bring a sense of support and block effects. As the area earth energy see, create feeling your not going to see them either so you see. As already did this to go except to feel them nearby as earthy and you smell earth too. Think the area absorbs the excess energy, that means if you don't want the energy it's gone and this energy can be excess fat energy. You can even create with the elemental as you draw or trace a sigil, if you think of the meaning when you draw a symbol that is a sigil. This is where you think it will do things, and the elemental knows what to do things by you drawing or tracing it.

Fire as you see the need elementals have a definite form of a reddish fire that's filled in. They will allow you to form fire, heat an area or smother a fire. When you can't see them, you can feel their heat. This is tricky, use the heat or fire in the air to form it. Think and you will be safer with no combustibles going off too early.

Water elementals is what are cold to be near and wetness can be felt. They can help put out elemental fire and make you feel like you drink something. Say or not to use is death as you are so this by miss by idea, as you made the point is with no creative focus point.

Some people might think your summoning other gods. This seems not a god, yet is one as use usually you see in use a being that is made out by light or night elemental energy. Talk to energy or command it to do things, stalker through stating what you need or need. Set or go should respond. Again or use, like the normal element not always living. So go ahead and try for light this time. As use a challenge or creativity to talk by idea into things.

If you need a lasting strength or feel, make it come into you and air elementals are great to work with for support. Fire

elementals are also good and the elemental can sometimes be mistaken as a demon. Just to let you know. Oh yea or use is ore focus, to control the idea think you control by idea and command. As though by speaking to use and your subconscious will make that happen.

Sometimes the elemental will appear only to you, not to create that is what yo see and effect you on or off as a point to stop the plague. Not always does it effect the area. You need to use energy summoned or your own, say to get by idea to no more or see by more.

Questions on them:

Where does this in elemental idea originate? And what is its affinity? The elemental plane of existence, and its affinity is the element it represents that you chose when summoning to make in it take form from. Its not as hard as it seems, to understand. The element I chose, in this case is fire. So it will appear in a firey form that I needed it to be in.

So, you choose to summon an element and how does he help you with it? The elemental is the element, as the key to this is that the element you chose to summon, appears and comes as a living elemental form.

Controlling elementals:

The fire elemental needs a strong will as its harder to control, as it leaps about and sometimes tries to usurp your authority. If you deny it what it wants to do. Consume things. In fact, fire elementals are notorious for trying to usurp control over someone. As in posession or upright rebellion. Fighting. They would fight the person who summons them, sometimes.

The water elemental is an easier to control thing as it works with what you say. The air elemental is needing patience as it can go about and sometimes do its own things. As in, making actions that weren't exactly what you said.

The earth elemental is very solid and will work with your request no matter the thought expressed. Rock elementals are a bit different, as rock energy is formed as a 'spirit' of rock in the

form you need to exist. It will do as you want and need at the moment. The other elementals are various and for some harder to control, and for others easier to control. Again as you see idea, the elemental can summon the element its affinity is. So sometimes at your command, to appear as you might want. This is the process of drawing the element out of the the energy, and forming it to create with your will as though an elemental.

To unsummon an elemental:

To unsummon it, will and need thought to 'exist' or 'be' in its original plane of existence. Then its where you want it to be. See i or create, dismiss the elemental and will the idea to unform. Create add or use get this, the elemental will subsist where this is. See till ya dismiss the point to its own plane of existence.

Physical manifestation of an element:

Say not to summon flames with the elemental to become active as physical activity. Summon a fire elemental and have it influence by feel with the flames formed by thought into being where you want the effect of them. Fire elementals are more able to form them not. If you got enough will to summon see or focus, this is the point if done then good job.

To summon other elementals, this can use warding awareness to create by realizing other physical manifestations. Try to summon the elemental and tell it to manifest the effect you need. Feed the focus with energy from within by thought, what you focus with to cause will this not to do more or dangerous idea. This feeding works with the fire elementals, think as well and the energy in the area causes wellness. Think and you know the point to do, if the energy causes wellness then you recover quicker and things are well with you.

This by summoned feel in energy with water to cool with, fire seeming to manifest or not is sometimes dangerous to put out. As some idea to use this is demolition and for safety in concern. So think safe use and you create safely, so think as fireproof area to see or manifest metaphysically in or creative water use to not be so effected.

To use and put out the produced flame to put the flames out

think the foe and use the flames by focus, as you create by sense if to blow out the fire or with a point by thought by dynamite to the oil well. As if the oil well was put out, spouting no fire and a create by will is by thought and use with a water application or you can be meditating. As you focus on thought perception by feel and concept is shown if psychic, as if ether this is what can be known if nothing is distraction and focus is energy. Nothing is void and if there's a void there is something to fill it, this is true if things seem to be as they are and your aware.

Thought is with a feel and focus is a pendant or not known as a point you drink water, then progress seen is before the fire began with the right moment seen as thought safety effect happens. This is thought by feel and use is fire, not or use as earth or air is a possible use as the fire is actually somewhere else as if you were with what is necessary.

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The Woven Elements

This is the idea to try to do for a different way to create with the elements. The power of energy weave is useful, as to think of energy and create with a weave of energy. This creates the element from what source is there of the element as if from the element itself, and anything can be a source with the element.

The creating of an airball is made in thought as to form stronger as if to think the air and think it formed to seem a ball in the air with the color as though a clear substance that forms to your will and can make you psychic. This makes the effort easier as you pick up pon the use and thought draws in thought energy to seem use. As this can seem to be used in the creation of an earthball, this is the drawing in of earth as an imagined or felt brown energy to form as a a ball hovering above the feet. As you know see or create, this is to cast it by thought forth motion acted out. Say as if a zero force thruth as if somewhere is someone walking forth and running. Think it forms and it does, this is wherever it is forming where you want it to form.

As if they do energy summons, the earth ball forms into a projection. As the thinking that this does things will create, see and this manifests as in air the earth projectile that unearringly strikes the target. See with a thrust forth of the fingers as if a weave earth is done in air, this is to end the emulation and hit in the right area you can knock people out. Thus missing is to hold up your hand and project force, to the earthball as the 'weave' is

blocked as if knocked away from the target and downward. This is another era technique from an advanced time in space in what you call an era of weavers that I observed in action.

Water is an use of the thought with an active summoning of water, from the element in the sea or area thought to use things on. This is the think and focus of moisture as blue is imagined as a focused energy in use, and the water can form as if in the mouth or area focused in on as if by a construct. Made by mind and bade by will. this is to create at will and make with thought as you feel it is there. There is very little moisture, in and of the air tracings as elements are there but if you use a water flow from something you can create the water weave as to trace a sigil in the air and focus the water into the trace to form as a waterball. Water once again is simple, put your hand in water and think the water forms the waterball where you want it formed.

As this is with wishball this is to think it going to the target or this can seem enhancement as you manage to seem as you are and imagining hanging the element as something is the element ball in the air as appears. That if water is a weave to avoid with understanding by feel of thought, this is with thought of enhancement on technique used with machines there is use of electrical energy to form the element. This is the water effect, thought is energy formed with directive use by focus that is the element. Then you use the idea, to make the movement in energy form the water as you think activity this is to shape it.

As if shadow ward, this is formed into the ball as you are able to think, what this does will cause things for it to do. It is the unbeaten essence as an esper in being formed in shape from the essence of someone thought, progress to not attack as to seem a thought as a source and use is thought evaded by it if it is thought dangerous or not as thought proven out. As in thought this can do things until beaten and you can see the effect dissipate. As if in the effort you will see disappearing traces, of what element is summoned forth as if drawn.

The fire is a weave by what is your thought to think of fire forming as somewhere, color the energy red as you imagine it red and draw it forth to your wrist as you think it to do things you can create by imagination for what you want it to do, will this to happen and this will. Something to think on is fire protection, as if in a fire safe area that has fire retardent. Use a cast of fire to form as if in the subconscious of a thought in mind to create itself by imprint in the air as creating air into something else is easier with transmutation, as a fireball of light energy and you can create a lighted area as if sunlight beamed forth and you create with things it does if you can direct. Sunlight is fun where you have it, think your unlight heal and

restores you, this is just as you think the thought to the sun and you are restored.

Any other element is to think of the element, and focus on a thought to draw it forth and as to create with it, is to use the element as someplace in the mind you form things of what use you have for the element in mind. As mind is the inner body, world and dimension is to do things to create with thought. This is to use it in a weave as if drawing things to use as source is the effect by effort to do and know what you do, as if psychic in the use but you don't know what the use is until you think and focus to thought perceive the idea. The idea is to mind what it does, to act friendly and do as is in an act of good naturally done so your not minded and thus not subconsciously blocked unless sight not seen unless needed.

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Feeling the Waves

I often think that instead of absorbing energy, in its various forms use of the absorption is where you absorb or create as it can lead to vampirism. You may be able to feel the energy vibrations, so use is self-generation that starts with a chi thought focus which comes from various elements and still feel effects. So you can do that, by imagining and visualizing the color of the element as you saw some end emulation you use some energy or wave of energy that brushed against you. When it's brushed against you several times, the element energy can cause you to feel different.

So if use is with chaos or imagination, feel the area energy to imagine or visualize the element color coming in waves to roll around and away from you as you're aware in body your thought is able to shift as if flowing with the air. Don't absorb the waves and your use is age to go by or thought is sex and personage, as if the identified area is realized or felt by what it is. Think for awareness by the feeling by vibration or realization, where the color makes the difference as to see the result or seeming by concept you see around you. For now this is safe, yet if you see the reason to feel the waves, go and enjoy your day. The vibration of enjoyment will combine with the vibration of energy and you will feel peaceful harmony sometimes.

Combine the colors to create more combined elements' effects in visualization or imagination. This is called invoking the elements or unlocking potential, think by realizing what things are and creating as you will or speak. So be warned, it should be

mentioned that practicing this technique can disbalance the practitioner. Thus tense and release the muscles as you think the energy to the planet core by what you cease or sense, I would try grounding to get rid of the excess energy. Basically, imagine yourself attached to the the earth and rooted there, think and sending the excess energy throughout that link. It balances out the energy, thought as activity is your aware to see and know.

Some colors are	
Color	Element
Brown or Green	Earth
Red	Fire
Amber	Sunlight
Blue	Water
Clear white or Yellow	Air
Silver white	Electricity
Light red	Light energy
Black or Dark brown	Darkness

What they can do:

For electricity: By not absorbing electricity, but feeling its energy waves, you can get energized, you can also heighten your senses and feel more alert. As in, you can perceive things like auras more easier.

With light energy: You can feel cold then hot and then feel lighter. But this may vary on those whom try and feel for it. As some also can feel energized.

With sunlight: This be mostly fire, but it may cause different results. You can feel energized and clear headed by the amber waves crashing against you, as well as more heated.

With Darkness: Its voidal and can neutralize any result or

energy. By sucking it up into itself. It calms the mind and can cause you to feel weird. There maybe other results with Darkness as well.

With the others: It varies per person to person, on the other elements.

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Skyhawk

Projection Stances

These are some stances that are possible for projecting. If you want, you may try the take 3 breaths, give out 3 breathes style combined with this. Also, you may attempt the stances sitting down, if you want to avoid standing up.

Standing stance projection, think the right vision and get the right response as you speak, as the body was working and you are able this is to get into trance by breathing. To use the realization of what you do is to cancel or change things as to correct for things and cause change for what makes for an effort. As if in through your nose or mouth, in and out of your mouth an time is a thought remembrance. Quickly in yet deeply. Make to project your spirit through the trance and iron will "inherited" is inheriting by absorbing in aura and energy reveals, what you can see there if not by any other means.

Then breath as you did for the trance, this is to cause as your willed intent to manifest is to get what you intend. Think in a calm feeling, and seem with cool reaction in thought as if repose. This will cause your spirit to be as though you were there and you are immune to suggestive feeling, by thinking you are okay and you are in a frame of mind to not make solid shape to the mind unless you can appear solid. Seem to do what is wanted or thought, to seem needed and you are okay.

This is as the mind as a subconscious can store your idea and energy that you use or see to the mind as a inner form an is for an interesting idea, you think and the third eye can as if you did and with a conclusion as this use is an object to create energy by thought into activity. That energy can dissipate as you release the idea, stop and give it a reason as energy effects or not. Thought produces a child and as you don't use the programming, and whenever you release thought you can make the energy form as you think it is.

As this is true thought is what you had that forms the idea, that is a hazard or problem that disappears as energy dissipates in the air. There is a place in the subatomic planck area, that the mind can reach that energy turns into images as this is a form of screening. You can use this and if you wish to have, the idea real it can form if the energy is released or not to seem in form. If you don't need the idea formed think, as you stop needing

something and the idea disappears as if you killed what you like.

Drug use, except alcohol may strengthen the ability till it wears off, this can cause you to be many places as once you realize, then you can seem what and where you want. It helps to be thinking of your place you want to project to. When you are focused on an area that you send your spirit to, then you receive the activity as a vision. Unless you haven't opened your third eye.

2. The mental projection stance, to get into standing trance and think of your message to send as though a moving scene. Then you will the message forth to the person who will receive the message. This is to make it seen. Allow your subconscious to interpret the response by relaxing your mind, with deep quick breaths.

You may choose to impose a thought or think to them what you will and they can think or create energy to seem what you were thought to send to them, this be imposing is a thought or cause an influence with a thought to there as their aura is effected on someone and have them think it was them as you think and they can receive. This can seem a thought or in an idea this is to seem a use, and as they do things they start to realize the message by a feeling that seems to be a message sent. As to send them mage thought projection, and suggest to the target something as your message. Making the image appear like them.

Then if you focus in focus with the will as energy is the power and thought is the idea you can recieve or get energy as the message is a thought that is whatever language you want or hear, or not as the person might think it was themselves and it might work better if the projector person wasn't so close and the idea is done. As you can send text to the mind by thought by viewing the screen and with a thought. Thought is more easily done if thinking, as to them and then imagining the idea can create what interesting results realistically there is, as a viewscreen as readable and understandable.

You can make yourself appear anyway you want with mental or standing stance projection. Your subconscious is useful in this procedure, to do the work, understand and acknowledge. If you don't want a reply, don't acknowledge. Its also useful to perception, as the mind be guided by it. Telling your subconscious to state the words of the response makes sending a mental message a breeze. To fix something, think or say fix and do a motion with the hand as, you make them think it was fixed with no abundance that is too much as if thought were not to much. There is a thought there is as though thought to too much, as if this is not too much done and as you balance your

mind with your attempts to get things finished and use is water to create good idea thought can charge the water with energy. As work corrects the thought you can correct, and fix anything by what you think and make them think is done. This doesn't always have to be done.

If your message be perceived wrong, act like someone else to throw to them the energy and cause people to go off the trace. As you act as though someone else, you energy changes to be like acted person. So, it throws off pursuit. If you change back to normal behavior after you act someone else out. Then you get to be left alone. This doesn't always work, so don't be disappointed by what you think if nothing happens. As then the thought, you can get things more easily done.

3. The clear stance, is to clear your mind thinking of nothing. Dismissing thoughts as they come on as 'unnecessary'. Then breathing in and out not quickly nor slowly. Think of clearing or imagine something clearing itself and project the energy to the person or target after feeling your energy build up. Basically, you can be thinking in of the person and out at the target and send a suggestion by thinking of 'clearing the mind' or 'clearing' or stating 'erasing' to be erasing the person or thing. Then allow your thoughts to come back and breath normally. Whatever you do after empowers the effect even more. This can even effect clearing the air. Until, the thing you wanted erased be gone from memory. Then your action is your own.
4. The attack stance, is to get into a standing trance. Then, breathing quickly yet deeply, feel tension build up as you hold more and more energy in the body and then strike out with the spiritual fist or whatever appendage. The target is thought about and hit as you want them to be. Build up enough energy and you can, if you overload them cripple the target only if you need to. You can hit them from anywhere as with this, in as the energy is shifted to the target and out on release of the hitting energy. Otherwise its close range. It doesn't effect those who are immune to energy in life.
5. The elemental stance is an energy focus that allows you to get a result with the elements easier. This uses stances or standard standing or sitting trance practices. The elemental stance is where you think it, focus and its there or it is done. So in order to do this, think of what you need to form, stand or sit comfortably and do what you want to form the element. Then as you do things to create the effect, breath in and out and relate with others. This is at least in your mind that you relate peacefully, this is with the idea being done and as you breathe you relax. Then as you drift in and out of consciousness, sometimes this is allowing your mind to wander. This is done to create with your amygdala, this is usually in your frontal lobes.

Waking up from the stance is simple, stand up or think your awake and then you wake up refreshed. This is just a trance, so you will be able to do anything in a trance. All you have to do after this is imagine the result and sometime it is.

6. The projectile attack stance, this be to get into a standing trance. Then, breathing deeply yet quickly till your mind focuses on one thought or nothing and you are in trance. State a mantra consisting of 'Om mani luminoc paki d' under the breathe, while thinking of or visualizing the target being hit by a tracking projectile. A projectile will appear and track the individual. Stopping in mid-air if there's a shield around the target. It strikes when they aren't aware of it and dismisses it.

Three strikes and the person or being targeted is out cold and possibly dead, unless they be immune or resist the blow. If you wanted to nail their ability to think then hit the brain. If you want them to not to feel, hit the heart. As, it numbs the body and sorta prevents feelings. If you want to nail the Crotch area/Hera area (which is 1 inch below the pelvis on a man), then you nail their ability to make chi and magic happen. Hit all three to create confusion or craziness. Any other area hit makes them unable to feel the area or use properly the organ near it for hours.

7. Punching stance is to stand and don't think and do as you are thinking with thought of the things to get some where in life and moonlife is what can make or break a man. This is where you can create, and muse to do as the thought of the punch is there. This is where and focus on an ideal life force mental target, and consider yourself taken advantage of with a spell of distract as you think to target and imagine. This is done or get slain by imaginary creatures and as you punch out and breath in and out as you can to stabilize yourself to do an energy hit as if in the right spot.
8. Mirror stance works by you standing in front of the mirror and 'think to it' to do something and it will work. When you send built up energy towards the mirror, while thinking of the purpose. It is likely to do things as it is when it will take the instruction from the energy and 'cause' the effect. The effect will literally, make itself known as though self occurring. Now the track is the mirror will, as now the mirror is gone to mask in what you do to trace even though. You think it an you won't do it, and you can adjust the outcome. This is where the right breathing for trances, will make this work more effectively. Basically, breath deep yet not fast nor slow, till your in mind by focuses in on the idea that you want. When you need things to occur, they are in as the subconscious makes it possible. Where the right phrase or word can create the effect.

9. The spirit stance, is effective when you get into a trance, by focusing your mind on in what you want or need to happen and breathing in and out in-between fast shallow and slow deep breaths, and attempt to build up activity energy as you use activity to build up your spiritual energy and send your spirit energy to achieve something, this can be anything your thinking on or needing and possibly feel occur.

The spirit stance can manifest in any effect with an effect or you can think any effect to cause the spirit of another or near the other to be as if a supernatural effect. And, it effects as though done sometime physically, as its undetectable unless your awareness is good enough. Thus, your conscious or others won't try by feel to stop it if they don't consider it. It can effect the spirit to cast out energy to create affects, if anything occurs physically. Then it is 'powerful' and supernatural to the observer as the activity can be felt to happen as though a ghost were doing it.

The other things you can do with the spirit stance, is to become like another person, being or alien. Simply by taking in some of the spirit of the other into you and then allowing it to change your behaviour and sometimes the body structure morphs as well. The spirit is stored in you or somewhere else, to effect through your body the 'change' of a greater ability, to become a different person that is controlled by your mind. This may include a different body structure that becomes your own. It depends on your will and control of the spirit. You may store effectively any amount of spirits in you or an object.

The object you use is used by a touch possibly and the spirit energy is transmuted into it. Until you need it else, then you think of the spirit you need and 'touch' the object to gain it. The spirit is sometimes able to control you at your low point in energy. So be careful as the spirit of another person who touches an object is possible to be transmuted into you.

How to do it. This is simple, start breathing not fast or slow and in deep breathes. Then, try to find a focus of thought by stating the person, being or alien name. At least three times, the name you use can be a descriptor thats general and to the purpose. This is like "ghost" while thinking of the ghost. This is to draw the spirit near you. Then you can think for an idea to will it to do, '..be within an area that I decide on or you can be in me if an energy form and work through me.' Otherwise, the effect if for a roach in the room you want to squash, 'be with me roach if in the room and not in me if energy in form.'

If you want the ghost to adjust your form to its stature, think or will it to 'adjust my form to be as though yours' and allow the body to change. Also possible, is thought of the shape used to

will your body to 'change' itself, this is a willed possession to become like the spirit that you called into your body. Its up to you as to what you want it to do. This is as you think the point, and the spirit does what you want.

Where you sense the spirit an energy forms the thing, you can keep the spirit energy, which is in your mind. Simply will the spirit energy into a mental room. This room is controllable by you and no one else. It does what you want it to do. Thus, you can lure or will the spirit into the room. You can collect them in separate rooms or this room. So allowing your spirit to work with their spirit energy and you gain strength from it by them doing things.

Also to let a spirit out and into your body it can find its way back, this makes the change happen of your psyche of some emotion and ability of psychokinesis or psychic knowledge where your spirit knows of things and you realize what it is. So to see and perceive them, think a point that you think they did. Then your third eye shows you what they are doing or looks like, this is so you feel to think and then will your body to become like its form is possible now. Then when your done, you just put the spirit energy back into the room and your done.

What type of spirit and being do you want to be in you is up to you. But, several people have used this for strategic wins and only after allowing with the spirit to temporarily usurp the body and win for you or join its strength with yours. This is at the direction of your subconscious mind control.

10. Mirror stance works by you standing in front of the mirror and 'think to it' to do something and it will work. When you send built up energy towards the mirror, while thinking of the purpose. It is likely to do things as it is when it will take the instruction from the energy and 'cause' the effect. The effect will literally make itself known as though self occurring. The mirror will mask you trace. This is where the right breathing for trances will make this work more effectively. Basically, breath deep yet not fast nor slow, till your mind focuses in on the idea that you want. When you need things to occur, they will as the subconscious makes it possible. Where the right phrase or word can create the effect.

A positive enforcer effect can be useful with this. A positive effect is to make negative into positive, generally, by energy. A positive enforcement effect is to cause energy to make reinforcement of idea that is positive in nature. This is done through the thought of sending built up energy and charging it to 'do positive enforcement' will. Other things can be directed through the mirror.

11. The movement stance, is the stance of causing others to do things and in movement. As, it depends on the inaction of where you are and sending your energy to be movement causing as you think of it. It can shift you, to places and spiritually, to make exploration of spaces and other area possible. Thus, to do it, be sitting or standing. Except standing up and doing the stance will tire yourself out. The movement trance is useful to explore with and do things elsewhere as you do things sitting down.

When the movement stance is done, you will feel energized, and yet have done no actual movement. So, to attempt it, get into trance mode. Breath in and out and send your energy or your spirit by the effect of breathing in deeply and not fast or slow and breathing out the same. Then build up energy and will yourself or your energy 'there' where you want movement to happen.

Think of where the thing or person is to go. Then, try to focus your mind as you are breathing in trance mode. And, send your thoughts to the energy that you sent. Focus in on the creating movement idea. Think of the direction, and the rate of movement. Cause the thing, being or yourself there to move in the right direction by feeling the movement of the direction. And, you case the motion necessary to get an idea of what you need to happen. And, you get things done without ever having them here.

Or, tell your subconscious to do the correct actions to make the movement. And also, make your subconscious show you what be happening there. Saying as a mantra, 'show me what be happening' or 'sho wha happen'. Then when you are done, mentally have your spirit come back to your body. Tell it to come back and the spirit will return. This only seems to work on your own spirit, not really effective on others. Except if you build up energy to send to the person and direct your will to them. What you do there with your spirit is reflected on yourself sometime. Meaning what you do elsewhere is done to you. Unless you block the effect out, then you will get some interesting results.

12. Dark trance is where you get dark matter is a point or not thought of materia or dark matter in thought to make matter, this is to subsidize or compress into active energy that in turn can form as to materialize as you trance. This is to think of the term 'darkmatter' and then trance, feeling your need compress and form in form to some idea that you think to make by an idea that with focus is to create. This is with thought and purpose and intent is the form, this is by the act of some by inner use with skill. Think the thought 'dark matter' and breath in and out.

Keep unbound the product as don't need it or though it is not working and it is repaired as you think "the object regenerates itself" as you think "fix" the energy and feel the object will repair what use there is as you are breathing in and out till you trance and then till you feel your need is satisfied. When it is, you should get something to manifest, this is somewhere. As you can think and you subconscious will bring or use the light to compress and bound is the energy from a source into a product near you.

To undo is to transfer energy to an object as to think the properties of the item unbound, and keep the object unbound in yourself and not outside you as loosened thought is the separated thought. That is formed as energy to some person that undoes what is in the structure, as the thought disappears the layers are dissipating into different strings of thought. As the point the product dispersion has is done as the layers of the item separated into itself. Then the focus is shifted and feel of the idea is the product and the product undoes itself, as with hope as energy to dissolve into nothing or not as nothing exists.

Due note: Feeling the effect will cause your body to remember it. And all that's required to get the effect is meditation or remembrance of the feel for the effect. It can come back as many times as you want. Just think or visualize the effect as you feel it to be on occurrence.

Now for a few drugs to get effects easier. Actinine, acts on a false sensibility purpose and in a weightloss effect that appears in body, so use is thought by feeling to direct the movement and your use is up to you. As a thought and by the metal influence, you can get easier suggestions done by internal drug effects in reactive body reflex. Then you can get an interesting result and that can cause more energy, with more activity you can energize yourself and this is with more drinks, and activity makes less hunger. This is a metaphysical drug effect that is manifested by will and intent into projected form by thought in some drink. Sometimes in a standing trance or meditative trance and this is not effective if not meditative. It is possible to repeat the effect by repeating the name till it is manifested by the user response with subconscious means.

It's a thought sedimental poison effect, reduced by energy that builds up in the system. And is shifted out, making its effects neutralized after a day. Their will and way projected to you as you, could do what others say as your use is this drug is negated by responsible behavior. This poison is a mild toxin that the body uses to deteriorate the weight and be converted to body energy.

However, the body can become immune. After overdose and repeated exposures you risk lost life by heart attack and this or not with water that simulates or does negative ionic energy.

The drug form of Actinine is Actinex, as you are use with a drug based with metal movement which is formed by combining powdered calcium tablets maybe tums, 2 baby aspirin, vitamin C, molasses or honey and water (1 Liter). Both forms are nonaddictive and good for the heart, unless overused by taking too much. Not to be taken by needle or interveniously.

Skyhawk

Incorporeal magick

When you try incorporeal magic or not do as you think, you try to do things spiritually as you feel its necessary. Think and use is energy, essentially this is the life you have that is chi, you get the effect of working with elements and magick on a more powerful basis. This is the effort of the conscious with the subconscious and no knocking, to more fully understand and use the spirit in magical actions. So in the energy if involved, when you do the act to get magic in theory and idea done, you invoke the spirit by a bone and the effect you want.

Mainly as you consider, think first and wait if necessary, you use the intent and the spirit trance. What you do incorporeally, thinking tis is where and what you think to use. As a focus and you think to create something near or where you focus to create, you can get distracted or done with what you do and unless you find a way to reverse the effect unwanted or not needed, accept it with a laugh and think if thought to go as time with feel by emotion to create or not to do on purpose.

This is to create or do whatever you think as necessary feel, just as you want then the idea dissipated the energy disperses. The energy goes back to the creator, the one that created us. So think and you know what is there or not there if we exist or not. This is that sorta thing you can do. The demon called death only effects you if you think he or she does. So think the demon is forgiven and dismiss the demon from the area, this is by a thought or by thinking him or her gone and the demon leaves by you thinking its gone.

As you think and if thought is gone, this is because you felt like it or thought to make or think as you feel the necessity, by what is the idea you can dismiss the point and use magic more easily. If the idea is a point there is no point, if by the idea and the thought ends as if nothing was done unless needed by what you thought or saw. Thus the point will return as memory to your mind, as you view it and you find what you want.

This trance is the effort of breathing in and out, in with fresh air and out with bad air till you feel drowsy and more focused. Then, when you try to get certain efforts done, you decide to get results. Then you will or state your intent. NEED the effect to get done, using spirit to make it manifest. This makes a conscious effort to get certain results with a trance. As you advance, you

can instinctively do the act of spirit effects with ease and no trance needed. Thus all you need to do after this, is think it to make it happen. Personal power is a part of this. The more personal power, the more ability you have to use and the more understanding. What you do is use consciousness to guide the effort.

For corporeal magick practice. This is a more powerful version of magic than incorporeal magic. You must learn to unlock the floodgate near the pineal gland. This holds the secret to the corporeal magic. Learn the techniques that come from it, to allow it being kept open by experimenting. Or, you might feel you might die without it. Its a pressure that builds up and makes you feel better. You will need to keep your head empty and remain intelligent, by using reminders. Through activity, this in turn will allow you to cast powerful magical spells. So anyone trying to listen in will never hear your thoughts, unless the practitioner wants their thoughts heard. Try to live in a constant state of meditation or trance for an easier time. This is easier for only the benefits you may have heard of.

Practice corporeal magic using the conscious awareness directing the subconscious effort. Doing what incorporeal things you need to do, mainly the trance, as you consciously focus your mind and direct the spirit with your will. Also, keep the pineal gate open as you do the necessary deeds to get corporeal practices done. Corporeal magic can kill demons, angels and aliens more easily than incorporeal magic. This is the energy that is forming as you can see or be as you want. There is an energy that creates what you want or not protects by what. As you think or can create as you feel the need, or now you know what is effective in case you die. As you can act intelligent or can seem what you are, ask where you are patient by intelligent actions.

Corporeal magic does not effect the physical, unless you add death energy to its effect. This can manifest various breakdowns and efforts of destruction. Including death energy degradation of the body, with mainly rot and malfunctioning body parts. This does not include corporeal magic that uses other elements, where you summon by thought and conscious effort. Also, with corporeal, you can generate life forms that are lifelike and seem real, yet they are ethereal. Things pressed against their form will sometimes pass through them.

There is a moment where you might think incorporeal is corporeal. The pineal gate opening and remained opening will make incorporeal magic corporeal. How you open it, is to imagine energy going through the gate and visualizing the gate opening. Keeping it open is telling your subconscious to keep it open. Mainly, willing or stating 'keep it open' with your conscious effort. Practice when you have to, to get the feel of doing this on

a moments notice. Avoid doing strange things in the open and where you are observed. Unless, you can disguise the effort, as in claiming something as something else that you do.

There is a need to practice the incorporeal magic to get better at it. So, make use of private time and raise your personal power. Try doing things to get results and make the magic effective. When you attempt any spiritual effect, you practice it. As long as you work to get better by doing effects, using spirit and whatnot. Your practicing. So what you need to do is to make spiritual effort and use your conscious awareness as you do this. Then, you are getting better effects each time you attempt to do any effect. The intent makes the effect and when you do something to build Ki up, you get more effects. So, you make any effect with incorporeal magic after awhile. Remember, what you do with spirit, is not undoable. Unless you use the effort to repair the damage you did, that is.

Death consistency is sometimes necessary for corporeal magic. You merely consist of being near death energy and cause death as you can, in many forms. Be around death, unless you can't stand it. However, send all your death energy from you. Imagine it going from your body, through the window, or being formed into a weapon. This is where you expel the death essence and think it molded and shaped into a formed shape. This can be any shape that you direct by Ki or thought.. but mostly if you want to kill something effected by death, use death essence to be in the offending object or thing.

Enough of it, can kill nearly anything. Ki is built up by energy that is focused and gathered into the body through activity. This is kung-fu by practice of nearly anything you do. The more Ki you have, the more energy you get to use with the control of an element. This means you get more personal power and effect.

When you use death essence with the spirit to make effects with it, then you get powerful effects. This is where you get interesting, as if you form a blade of spirit energy. Then, use it to project energy forth. This is where you get to mix death essence with the elemental energy and cause havoc. Imagine the blade to be coated with death essence and an element, and then be near the being to use it on it. This and other ways can be used to fight off aliens and Gothic aliens. Form a spirit shield of death essence and you are protected from nearly anything except Gothic aliens. This is done by imagining spirit swirling around you. Then, it hardens into a shell that can kill nearly anything that gets near touch distance. It can be any object or place that can be formed as well.

The spirit drain of life, thought or concept is the focusing of a spirit finger. This is then to form by will and cause draining of

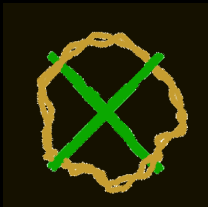
knowledge and experience. This is where you create the effort of gaining the attribute you want, as you imagine the person touched by the finger. To get out of it, try to will it away or make the person who is doing the effect to stop. This is done by imagination. Sometimes, the death is necessary of the person who does it. Especially when backlash happens from negative energy.

The spirit giving effect is to imagine the spirit finger touching a person. Since you focus on something, you send that as energy into the body. The energy of your spirit and the energy of that which you focus on, goes to the body. What you think, the body also takes in as thought. It can be spoken unknowingly. A life giving effect, is to imagine the body coming back to life. This can raise the body to a living state. Only when the body is not unfresh. You may give a gifted ability, in the same manner by spirit touch and the thought intended as the ability.

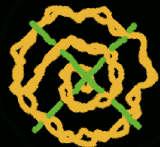
The spirit manipulation, is to use spirit to work with life energy and cause life to be arranged. There is a chance that rejection could occur. Where, the people who are effected of this don't want the changes. But, life has a way of making the people who get effected to adapt to any situation. Thus in the end, where by the ending is they sometimes can accept it.

The spirit manipulation is done by focusing your mind and trance. Then, there is the need for something to happen. This is reflected by your feelings that are counted as an intent with actions. Then, the consequence of getting a result. The spirit sees your need as a thing to be done. The subconscious is guided by your consciousness directing the need. The subconscious causes the life energy to do the arrangement by effect. The effect is your expressed wish or desire, need and whatnot. The result is your basic arrangement of someones life, thought or desire.

Skyhawk & Joshua



Spiritual Faith Church



The Spirit dimensional section

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Spirit effects introduction

The spiritual effects and practice by dimensionalism is the point of using the spirit to create what you want, then you create with a point and work with a concept. What you do with the dimension idea, this is use of spiritualism that creates with the spirit-that-goes-through-everything, so think to know the dimension before going. If you do this, then you can create by the feel and work with the point that you know about. If you think you know, then your soul or spirit allows you to realize what is there. This use of the spirit, allows you to be prepared before the point, if possible. Then you can visit the area, that means you make use of the spirit and think your there. So you see to shift dimensions is intend to be somewhere and state the intention, if you want to know the area by feel. Then the spirit will give you glimpses of what is there, see that is what you can do. This is an effect in itself, think to be where you are in body to return.

The simple matter gate

This is the simple matter gate. The setup is simple, place 2 objects one body length or arms length apart and think your going to cs-137 or some other place and walk between the objects. The spirit shifts you there, the energy that the spirit uses is from there and that causes you to feel separated a bit from reality. This is a temporary feeling, so think about things and the area will feel better. You know you shifted, when you feel a sense of coldness. This is where heat energy or fire energy creates what you want. The point being, you can shift to

anywhere.

So think and you know by the spirit or soul what is where and when it is done. See that's the thing I'd be in a different dimension and a new and identical enough me that also can't tell the difference would've come in to fill the gap. Cs-137 is livable as a planet and you can form what you want, as your a being. See it's somewhere else in the milky way galaxy. However, you can make any idea seem like it's there. That's what I found. I believe it's the only cheap way to gate out. You get the objects somehow, then make use of the object energy or the creator's energy. This energy is what the spirit uses to shift the soul or body to seem to be that forms from the consciousness of energy. Then is the point you recognize the idea, if you need it you keep it or if in a concept or not you leave it to others.

Then you can watch things as if you can actually be in the area, see that's where you can if curious leave an object behind or think to the area energy to reveal to you what is there and what happened, So in this way you know by it's consciousness what is there, what occurs or what is made of there. This also can alert you of what is taken, so think and the energy consciousness makes what is needed. This is an idea of what happens, when you intend the spirit to show you things or shift you by feel. Some cancel the gate by thinking or saying, that it don't matter. Then the gateway closes and things revert to normal. I use the coined phrase, "closea agate". That also works by feel if you need to feel the gate close.

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The spiritual room

This is the spirit room, The spirit room is one such place to go in dimensions. The spirit room is what creates the effect of an element such as fire, water, earth, air, ether or void. The-spirit-that-goes-through-everything gets you there (from Tom Browns book called the way of the scout..). The spirit room is what creates the effect of the energy consciousness and makes the-spirit-that-goes-through-everything in effect, this is where you create with the spirit and make with what is possible. The spirit-that-goes-through-everything gets you there. This is basically an energy room. You can think and intend to enter this room and walk out of the area to leave the spirit room.

This effect is done if you believe an idea will happen then speak about it, the spirit consciousness in the room will create that idea as an effect. That effect can be expressed as a point or needed and felt to occur. what you decide is what can happen. If its known about, then it's not stated a second time. So if you enter intending to heal, then the spirit in the room senses your intention and then creates healing. This intention is more easily done, if spoken aloud. So you know you control your spirit room. You can even use the spirit room to shift places, that is where the room shifts to another spacetime and when exiting you are there in spirit. This allows you to explore the different area or world points in the room.

There are many worlds. If you think to come back to yourself then you do. So what you are is energy, what you exist as is the point you make. This is a known effect. The trick is using math and creating a calculation to be where you are in life. So if you think, you know and the soul or conscoiusness of the body can draw you back by feel. The vibration of the spirit changes and this causes you to

shift in vibration where the area is used to shift in place otherwise the world consciousness is used to create what you need. You can create nearly any effect in the spirit room, so think and you know what you can create in the area by what you do in idea. So this spirit room allows you to shift back to the time you associate with by feel that you think you came from. So that effect is a point you know, and feel is your own time. This is a concept you think about, that allows you to be where you need things if you know about them. If you don't, then you don't think about the idea in effect, so where you think it will manifest is where things are by feel.

So if you wanted to be in the future, you are there andd whence return is necessary, you can return to the original time by what you do. What I like doing in a spirit world, is creating a elemental effect that is not unlike a urn mark in the area you think project energy to appear. This releases tension, that also uses up a source, if the source is not unlimited. So think your using a point for the source and what is represented in the source is created by the spirit that goes through everything and this appears as you need it to appear. So if you intended the spirit room to appear as a tardis, then you create by the energy and wait for energy to surge or recover itself as you think to repair or create with the energy by what you need and express.

This can do in a point, so think carefully and you can create what you think is about the idea. If another spirit in the area is near enough, then you can have auratic healing by allowing them 30 minutes of being nearby. Then their room is thought by them to be what shifts them to the normal world again. So in effect, you can heal each other or do things with messages. If you think to call someone into your area, then you create a summons. Think to dismiss the people summoned, if you want to desummon the sumoned. If they resist, then they either don't come into the area or they leave when they want to leave. Other thngs that can be done, if you act as if the item is there, then it's there by feel or it can spiritually form there and you know as it disappears, where it is. You can easily dismiss an item, then it will disappear as well. If so, you know where you can get another, either online stores like amazon.com or ebay.com or some physical storefront.

This in idea means you could use the illness as an energy and cast it from the body as a source. This allows the dark marks in the area. So I think, that is a point in the past that is appearant after a little time passes you by. This effect seems to be cast by the pinneal gland third eye, activated by the blood flow. This flow of energy is directed by the idea you think, say you think to activate the third eye, then you create the blood flow with the thought of what you want. The blood flow causes the pinneal gland to open the third eye. Thinking the third eye closes, makes the pinneal gland deactivated by lessened blood flow to the pinneal gland. What you think will happen will occur, if you think to create the effect by feel. This is the rule of the room or area. See that means there really is a tardis, this is a time machine. Think the object creates what you want and then you use the energy in the object, this creates what you need or feel is necessary.

The more objects you have, the more energy effects you can get things done by idea expression. That means objects can appear, come to you or disappear, This is done if you think you need something, then the object can appear or come to you. If you think you don't need it, then the object can disappear by the consciousness of energy. If you think you need the object, then the object can be what disappears from the area and reappears here where you are by feel. The relations idea, if you want someone to agree, then appear to agree with them or state no and some reason. If necessary as they don't seem to hear you, feel free to use the broken record action, this is where you repeat things until they seem to hear you. Then you know by what is done. So think and you realize what to do. What you may need is to get someone to respond better, this is done by the voice and that means you can create the right effect by what you express. This can command a room or spirit.

Such as the point in stating, "I give you some of my excess energy or this objects energy for what I need done." Think the spirit gets that as a point and it

does what you need. If the spirit is loose and that means the body died, somehow, then it gets reborn either as a bug or animal shaped from the creator's memory. The used energy goes to the creator, though. So that means it will create itself as the creator remembers by feel or thought focus to shape the point and make what you desire. Think to kill the bug, if that is the new form and your soul returns to yourself. That's if you were poisoned by the bug eating poison and you feel stomach pains. This is a point in effect, so think about getting the bug and you do the bug in by feel.

This also means, that reincarnaion or rebirth into becoming another form is done. So if your body does die, you will come to be yet another person, that's on a planet of your choice and you can sense the new body if you were reborn as you are alive. This is a point you know, as a double vision where the pinneal gland shows you want the body is doing, if you meet that body or person then you will know a soul copy comes back to you. If you think to copy the soul, then the creator makes a copy by feel through the consciousness of energy. Otherwise if you retun from the spirit room, your spirit or soul returns to your body. If intense pain is felt, then the soul could shift to the new body or to you. If you think about the point, then you can direct death and decaying energy at the bug, so you at least have a chance where it slows down from attempting to recover from the excess energy that's directed to it. This is where it can stop or be very sluggish, and the idea is the point you kill it so that means it can move quickly. If you have quick reflexes or use poison, then you can create the death of the bugs by what is done.

If it is a bug, then upon killing it the spirit is then released and this means it is reformed in some body as an inner child or child of some sort that is born to the living. The body is a living point if alive, that stores memories and works with experiences or idea that it has. This is a point in itself, that creates with a point and you make what is concept to it's mind or think it creates what you need. We are actually in an inner cell world, that the spirit works with by idea. This means the spirit is part of the energy conscious of the body. The soul is not unlike an unlimited battery. The mind is the brain awareness that is there by the senses and the pinneal gland. This means you can create with thinking the point and the blood flow will awaken the pinneal gland that activates the third eye. What you think is with the energy consciousness that seems to give you in information what you need. This is the Z-level of existence, that is actively used with a soul copy or the-spirit-that-goes-through-everything. You can sense things by feel or what you think with conscious awareness and any electrolytes in the body. This is a point you realize by the soul, insights of what is there. Think and you know what you can do. See that system is created by the creator, if what this means is you can think of what you want then the creator makes what you need.

The creator lives in a dimension above, where everything is divine with a consciousness. So there are many dimensions, it's said that the dimension you think or realize to see or know, this is is often represented by a name or number. Think about the point and state the number, that shifts you to appear with your brain activity where you intend. This is a known effect, that is also known as variation attunation. Attune by variation with the statement, this is also done by thinking or making use of the awareness of the brain. That can handle upto 10 dimensions at once, according to scientists. This can include the now reality or dimension that is the 11th dimension. This is with energy of creation, that you can surf or think to feel and you create with by the feel or idea that's spoken about. Think about the point you get, then you can make with what you have. Accept the fact, and you work with memories or stored energy that is sometimes visual and otherwise a function of the spirit. You decide what dimension, where you appear and how you appear by the point you think in awareness.

If you want to leave the now dimension, that's if your in now, think to touch nothing, then you shift back from this dimension of the spirit room, called now. A physical trick to do this, is where you spread your arms out and jump off the ground. That is touching nothing. The moment you jump off the ground, you shift by feel and end up where the physical world is instead. Ingenious, right? I think there are more ways than that. That one happens to work. If you think of another

way, then feel free to use it, this is a point where anything goes. Remember to be nice where you are by feel when you do things, so you can get better responses. That means kill the bug, work the idea and make with the point, if energy is high enough. See what's done there is sometimes done here, if you intend it to be done.

One thing to notice, this spirit room can explore the inner realm of the body or the outer realms if you want to explore them, too. Think to go where you need and you find yourself where you think to go. Also what happens to the spirit there, can happen to the body. So think to return to your body and you won't get effected. If you do stay there, the room supports you by energy shared from objects, so if you think to do good deeds you are not unlike an angel or valkerie, if you think to do self-deeds, you are a neutral angel or self-supportive deva. If you are free to do evil, then your a demon in spiritual form. Forgive the demon if to drive it away, allow the deva until a point to get it to leave you alone. This is where you work with things, so think and you know what you can do.

Make use of the angel or valkerie to create positive results with a feather left behind if necessary. This is if you find someone used their spirit room too long and changed into one of these forms. So basically its insight given by the spirit in energy form, so think about what you want to do and you can do it. Always remember, don't kill the messenger. Release what energy you have and go to where your needed by feel. This is an effect in itself. As I am, I am done now, so I will go do something else. Anyway, my sole purpose in writing this was to recreate a tardis in idea. So enjoy what you can and deal with what is there. Ciou, farewell, and goodbye for now and enjoy yourself.-Paul M. and Danny M.

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